PREVENTIVE EFFECT OF DIOSMIN, A BIOFLAVONOID, ON GLYCOPROTEIN CHANGES IN STREPTOZOTOCIN-NICOTINAMIDE-INDUCED TYPE 2 DIABETIC RATS

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ABSTRACT

The present study was designed to investigate the effect of diosmin on the levels of glycoprotein components in plasma and tissues of streptozotocin (STZ)-nicotinamide (NA) induced diabetic rats. Diabetes was induced in male Wistar rats by a single intraperitoneal injection of STZ (45 mg/kg b. w). Diosmin (DS) (100 mg/kg b. w) was administered orally for 45 days. The effects of diosmin on plasma glucose, plasma insulin, plasma and tissue glycoproteins were studied. The levels of plasma glucose and plasma glycoproteins were increased significantly whereas the level of plasma insulin was significantly decreased in diabetic rats. There was a significant decrease in the level of sialic acid and elevated levels of hexose, hexosamine and fucose in the liver and kidney of diabetic rats. Oral administration of diosmin to diabetic rats led to decreased levels of plasma glucose and plasma glycoproteins. The levels of plasma insulin and tissue sialic acid were increased, whereas the levels of tissue hexose, hexosamine and fucose were near normal. The present study indicates that diosmin possesses a significant beneficial effect on glycoproteins in addition to its antidiabetic effect.

Keywords: Plasma glucose, Diosmin, Diabetes mellitus, Glycoprotein components

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INTRODUCTION: Diabetes Mellitus is a serious, complex metabolic disorder of multiple etiologies, characterized by chronic hyperglycemia with disturbances of carbohydrate, fat and protein metabolism resulting from defects in insulin secretion (β-cell dysfunction), insulin action (insulin resistance) or both \(^1\). It is of particular concern since the disease incidence is expected to increase worldwide by more than 100% between 2000 and 2030 \(^2\). Hyperglycaemia may perturb cellular antioxidant defense systems and damage cells. Free radicals are formed disproportionately in diabetes by glucose oxidation, non-enzymatic glycation of proteins, and the subsequent oxidative degradation of glycated proteins \(^3\), which occurs in various tissues. This process leads to long-term damage, dysfunction, and failure of various organs, especially the eyes, kidneys, nerves, heart, and blood vessels, and creates a huge economic burden related to the management of diabetic complications \(^4\).

Glycoproteins are carbohydrate linked protein macromolecules found in the cell surface, which form the principal component of animal cells. Hexose, hexosamine, fucose and sialic acid are the basic components of the glycoproteins. They play an important role in membrane transport, cell differentiation and recognition, the adhesion of macromolecules to the cell surface, and the secretion and absorption of macromolecules. Impaired metabolism of glycoproteins plays a major role in the pathogenesis of diabetes mellitus \(^5\). In recent times, many traditionally important medicinal plant phytochemicals have been tested for their efficacy against impaired glycoprotein levels in diabetes \(^6\).

Diosmin was first isolated in 1925 from Scrophularia nodosa. Today, it can be manufactured by extracting hesperidin from citrus rinds, followed by conversion of hesperidin to diosmin \(^10\). Diosmin possesses antioxidant \(^11\) and blood lipid lowering \(^12\) activities. It enhances venous tone and microcirculation and protects capillaries \(^13\), mainly by reducing systemic oxidative stress \(^14\). In our previous studies, we reported the effect of diosmin on rate-limiting enzymes of glycolysis, HMP shunt and gluconeogenesis in the liver and circulation of diabetic rats \(^15\). To our knowledge, there are no available reports on the effect of this flavonoid on glycoprotein levels in diabetic rats. Hence, the present study was carried out to determine the effect of diosmin on plasma and tissue glycoproteins in STZ-NA-induced diabetic rats.

MATERIALS AND METHODS:

Animals: Male albino Wistar rats, weighing 180–220 g, bred in the Central Animal House, Rajah Muthiah Medical College, Annamalai University, were obtained and housed in polypropylene cages in a pathogen free environment at an ambient temperature of 28±2°C and 45–55% relative humidity with 12 h each of dark and light cycle. Rats were fed pellet diet (Hindustan Lever Ltd., India) and water ad libitum. The animals were maintained in accordance with the guidelines of the National Institute of Nutrition, Indian Council of Medical Research, Hyderabad.
India and approved by the Institutional Animal Ethical Committee, Annamalai University (Reg. No. 160/1999/CPCSEA; vide No. 566, /2008).

Chemicals: Diosmin and streptozotocin were purchased from Sigma Chemical Company, St Louis, MO, USA and all other chemicals used were of analytical grade obtained from E. Merck or Himedia, Mumbai, India.

Induction of diabetes: Non-insulin dependent DM was induced in overnight fasted experimental groups by a single intraperitoneal (i. p.) injection of freshly prepared STZ (45 mg/kg b. w.) dissolved in 0.1 mol/l citrate buffer (pH 4.5) 15 min after the i. p. administration of NA (110 mg/kg b. w.). The animals were allowed to drink 20% glucose solution overnight to overcome drug-induced hypoglycemia. Control rats were injected with the same volume of isotonic saline. After 72 h, plasma glucose was determined and those rats with fasting glucose levels greater than 250 mg/dL were served as diabetic rats and used in the present study.

Experimental design: The animals were randomly divided into four groups of six animals in each group (12 diabetic surviving and 12 normal). Diosmin was dissolved in vehicle solution of 0.6% dimethylsulfoxide (DMSO) and diosmin (100 mg/kg b. w) were administered orally using an intragastric tube for a period of 45 days.

- Group I: Normal control (vehicle treated; DMSO: 1 ml/kg b. w)
- Group II: Normal + diosmin (100 mg/kg b. w)
- Group III: Diabetic control
- Group IV: Diabetic + diosmin (100 mg/kg b. w)

Analytical procedure: Measurements of plasma glucose and plasma insulin were estimated colorimetrically using commercial diagnostic kits (Sigma Diagnostics (I) Pvt. Ltd, Baroda, India). Plasma insulin was assayed by ELISA using a Boehringer–Mannheim kit with an ES300 Boehringer analyzer (Mannheim, Germany).

Determination of glycoprotein components: For the estimation of glycoprotein components, the tissues were defatted by the method of Folch et al. And the defatted tissues were treated with 0.05 M H₂SO₄ and hydrolysed at 80°C and aliquot was used for sialic acid estimation. To the remaining solution, 0.1 M NaOH was added. The aliquots were used for fucose, hexose, and hexosamine estimation.

Estimation of hexose: Protein-bound hexoses were estimated by the method of Dubois and Gilles. To 0.1 ml of plasma or defatted tissue sample, 5.0 ml of 95% ethanol was added, mixed and then centrifuged. The precipitate was dissolved in 1.0 ml of 0.1 N NaOH. Subsequently, 1.0 ml of distilled water and 1.0 ml of standards (20 - 100μg) were set up along with the test. To all the tubes, 8.5 ml of orcinol-sulphuric acid reagent was added and kept in a water bath for exactly 15 min at 90°C. The tubes were cooled in tap water and the color developed was read at 540 nm against a blank.

Estimation of hexosamine: Hexosamine was estimated by the method of Wagner. Briefly, the reaction mixture contained, 0.5 ml plasma/1.0 ml aliquot, 2.5 ml of 3 M HCl and boiled over 6 h and neutralized with 6 M NaOH. To 0.8 ml of neutralized sample added 0.6 ml of acetyl acetone reagent and boiled for 30 min. The mixture was treated with 2.0 ml of Ehrlich’s reagent. The absorbance was read at 540 nm.

Estimation of sialic acid: Sialic acid was determined by the method of Warren. In brief, 0.5 ml of aliquot/plasma was treated with 0.5 ml of water, 0.25 ml of periodic acid and incubated at 37°C for 30 min. To the reaction mixture added 0.2 ml of sodium meta arsenate and 2.0 ml of thiobarbituric acid were added and heated for 6 min and added 5.0 ml of acidified butanol. The absorbance was read at 540 nm.
Estimation of fucose: Fucose was estimated by the method of Winzler\textsuperscript{20}. Briefly, 1.0 ml of precipitated glycoprotein from platelet membrane and 1.0 ml of processed serum were dissolved in 1 ml of 0.1M NaOH and placed in an ice-bath and 4.5 ml of cold H\textsubscript{2}SO\textsubscript{4} was added and mixed well. The tubes were heated in a boiling water bath for 3 min and cooled and then 0.1 ml of 3\% cysteine was added and mixed immediately. The tubes were allowed to stand at room temperature for 60-90 min. The absorbance of the solution at 396 and 430 nm was measured in a spectrophotometer and the difference in the absorbance was taken for the calculation.

Statistical analysis: All data were expressed as mean ± SD for six rats in each group. The statistical analysis was done by one-way analysis of variance (ANOVA) followed by Duncan’s Multiple Range Test (DMRT) using SPSS (Statistical Program for Social Sciences, SPSS Corporation, Chicago, IL) version 12.0 for Windows, p<0.05 were considered as significant and included in the study\textsuperscript{21}.

RESULTS AND DISCUSSION:

Effect of diosmin on plasma glucose and insulin levels: Fig. 1 shows the levels of plasma glucose and plasma insulin of different experimental groups. The diabetic control rats showed a significant increase in the level of blood glucose with significant decrease in the level of plasma insulin. Oral administration of diosmin to diabetic rats significantly reversed the above biochemical changes. In our previous study, we have reported that diosmin at 100 mg/kg body weight showed better effect than 25 and 50 mg/kg body weight, therefore the 100 mg/kg body weight was used in this study.

![Fig. 1: EFFECT OF DIOSMIN ON PLASMA INSULIN AND GLUCOSE LEVELS IN CONTROL AND DIABETIC RATS](image)

Changes in the levels of plasma glucose and insulin in normal control and experimental rats
Values are given as mean±SD from 6 rats in each group
Values not sharing a common superscript letter (a-c) differ significantly at p<0.05 (DMRT)
NR - normal; DS - diosmin; DC - diabetic control

Effect of diosmin on plasma and tissue glycoproteins: The levels of plasma and tissue glycoproteins in normal and experimental rats are shown in the Table 1, 2 and 3. There was a significant increase in the level of plasma glycoproteins in diabetic rats. In liver and kidney of diabetic rats, the level of hexose, hexosamine and fucose were significantly increased whereas the level of sialic acid was significantly decreased. Oral administration of diosmin significantly reversed the changes in plasma, liver and kidney glycoproteins of diabetic rats.

| TABLE 1: EFFECT OF DIOSMIN (DS) ON PLASMA GLYCOPROTEIN LEVELS IN NORMAL AND EXPERIMENTAL RATS |
|---------------------------------|-----------|-----------|-------------|-----------|
| GROUPS                         | HEXOSE    | HEXOSAMINE| SIALIC ACID | FUCOSE    |
| Normal                         | 93.26 ± 7.10\textsuperscript{a} | 76.38 ± 5.82\textsuperscript{a} | 52.58 ± 4.00\textsuperscript{a} | 27.16 ± 2.07\textsuperscript{a} |
| Normal + diosmin (100 mg/kg)   | 91.20 ± 6.98\textsuperscript{b} | 74.93 ± 5.74\textsuperscript{b} | 51.24 ± 3.92\textsuperscript{b} | 25.99 ± 1.99\textsuperscript{b} |
| Diabetic control               | 97.50 ± 7.46\textsuperscript{c} | 97.50 ± 7.46\textsuperscript{c} | 68.52 ± 5.25\textsuperscript{c} | 40.58 ± 3.11\textsuperscript{c} |
| Diabetic + diosmin (100 mg/kg) | 84.91 ± 6.50\textsuperscript{d} | 84.91 ± 6.50\textsuperscript{d} | 57.59 ± 4.41\textsuperscript{d} | 31.25 ± 2.39\textsuperscript{d} |

Each value is mean ± S.D. for 6 rats in each group. \textsuperscript{a} - \textsuperscript{d}. In each column, means with different superscript letter differ significantly at p<0.05 (DMRT)
The objective of all diabetes treatment and management is to maintain an adequate blood glucose concentration. Four major classes of oral hypoglycemic agents have been used extensively. Each class of drug works on different mechanisms of action, including stimulation of insulin secretion, reduction of hepatic gluconeogenesis, increase in insulin receptor sensitivity and delay of digestion and absorption of carbohydrate, respectively. Unfortunately, these agents could produce severe hypoglycemia, weight gain or gastrointestinal disturbances.

Therefore, it is necessary to look for new solutions to manage this health problem. The search for newer antidiabetic agents represents a challenge to the medical profession. India is a country with a vast reserve of natural resources and a rich history of traditional medicine. Naturally occurring phytochemicals with antidiabetic activities are relatively nontoxic, inexpensive and available in an ingestive form. Therefore, they are commonly used to prevent morbidity and mortality from chronic diseases in countries where low or middle-income populations.

Beta-cell defect and insulin resistance are essential features of non-insulin-dependent diabetes mellitus, and both features are the focus of intensive investigation. In this context, new oral antidiabetic drug diosmin presents interesting therapeutic properties. In the present study, we estimated the effect of diosmin on glycoprotein metabolism in STZ-NA-induced diabetic rats. Glycation is a nonenzymatic reaction of glucose and other saccharide derivatives with proteins, nucleotides and lipids. Non-enzymatic glycation (Maillard reaction) is a complex series of reactions between reducing sugars and amino groups of proteins, which leads to browning, fluorescence and cross-linking of the proteins.

Several workers have suggested that elevated levels of plasma glycoproteins in diabetic rats could be a consequence of abnormal carbohydrate metabolism. Insulin deficiency and high levels of plasma glucose in diabetic condition may result in an increased synthesis of glycoproteins. The requirement of insulin for the biosynthesis of the carbohydrate moiety of mucoproteins from glucose is thus evident. It has been reported that
hyperglycemia leads to increased synthesis of glycoproteins and glycosylated proteins due to the fact that excess glucose is redirected to insulin dependent pathway such as synthesis of glucosamine from glucose \(^{26}\). Hexosamines are amino sugars created by adding an amine group to a hexose. The level of hexosamine, increased significantly in the plasma, liver and kidney of diabetic rats, which may be due to insulin deficiency. In diabetic rats treated with diosmin significantly lowered hexosamine, which might be due to increased secretion of insulin.

Fucose is a member of a group of eight essential sugars that the body requires for the optimal functioning of cell-to-cell communication and its metabolism appear to be altered in various diseases such as diabetes mellitus \(^{27}\). A rise in fucose levels could be due to increased glycosylation in the diabetic state. Treatment with diosmin had restored fucose level to near normal, which could be due to improved glycaemic status.

Sialic acid is a terminal component of the non-reducing end of the carbohydrate chains of glycoproteins and glycolipids, which are essential constituents of many hormones and enzymes present in serum and tissues. Plasma sialic acid is almost completely bound to glycoproteins and lipids. Total sialic acid in the plasma has received considerable attention as a possible marker for cardiovascular disease and mortality \(^{28}\). In diabetes mellitus, the plasma concentration of plasma sialic acid was found to increase significantly \(^{30}\). The decrease in the content of sialic acid in tissues may be due to the utilization for the synthesis of fibronectin, which contains sialic acid residues in the core structure. The synthesis of fibronectin was also reported to increase significantly in various tissues of diabetic patients and rats. In our studies, a significant increase in total sialic acid levels in the plasma was observed when compared with the control group. Various factors might cause an elevation in the concentration of plasma sialic acid. Among these factors, the first is an increase in the synthesis of sialic acid in insulin-independent tissues, such as the liver and the brain, and the second is an increase in the activity of sialytransferase, which transfers the sialic acid residues to the glycolipids and glycoproteins. In our study, administration of diosmin decreased the content of sialic acid in the plasma and increased the content of sialic acid in the tissues of STZ-NA-diabetic rats.

CONCLUSION: This study showed that diosmin reversed the abnormalities in the levels of glycoprotein components. Diosmin may have beneficial effects in diabetes mellitus, by the enhancement of insulin action, as evident by the increased level of insulin in diabetic rats treated with diosmin, which may be responsible for the reversal of glycoprotein changes. Our results are also in line with the previous report.

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