TREATMENT EFFECT OF ALCUREMON PREPARATION ON ETHANOL-INDUCED NEUROTRANSMITTERS IMBALANCE AND ALCOHOLIC LIVER DISEASE IN RATS

Bat-Erdene Jargalsaikhan *, 1, Narangerel Ganbaatar 1, Saranchimeg Borchuluun 1, Altanchimeg Adilbish 2 and Chimedragchaa Chimedtseren 1

Department of Pharmacology, Institute of Traditional Medicine and Technology 1, Department of Pathology, Institute of Veterinary Medicine 2, Ulaanbaatar, Mongolia.

Keywords: Alcoholism, Hippocampus, Neuro-mediator, Fatty liver, Gentiana barbata Froel, Carthamus tinctorius L., Terminalia chebula Retz, and Rosa acicularis Lindl

ABSTRACT: Alcohol use disorders (AUDs) recognized as substantial public health problem. It is grown-up many risk factors influence on alcoholism including social, behavior, an environment, and heredity conditions on the global. Alcuremon preparation was based on medicinal herbs and used for the treatment of alcohol-related disease and alcoholic liver disease in traditional Mongolian medicine. Male Wistar rats were used to induce alcoholic liver disease and chronic ethanol (EtOH) intoxication with neurotransmitter imbalance by oral administration of ethanol (subchronic 30% EtOH 10 ml/kg/day for 14 days and chronic 40% EtOH 7 ml/kg/day for 60 days). Alcuremon 50, 100 and 150 mg/kg were given orally for the same day as ethanol administration days. Some biochemical parameters and liver HE stains were examined in subchronic intoxication with alcoholic liver disease. Chronic ethanol-induced neurotransmitters changes were measured by enzyme-linked immunosorbent assay (ELISA) in brain homogenate of nucleus accumbens (NAc) and ventral tegmental area (VTA). Hippocampus was stained with cresyl violet. Data were expressed as mean ± SD. The difference between the groups was compared using one-way analysis of variance (ANOVA) followed by the Tukey’s post hoc test. Alcoholic liver damages were significantly lower in the EtOH + Alcuremon treated groups compared with the EtOH group. The EtOH + Alcuremon treated groups had a higher neuronal cell in the hippocampal CA1 and CA3 areas, and the level of the neurotransmitters was significantly balanced compared with the EtOH group. Alcuremon preparation has hepatoprotective, neuroprotective and neuromodulator effects on ethanol intoxication in rats, probably due to the presence of polyphenolic compounds.

INTRODUCTION: Alcohol has contributed to more than 200 diseases including injury-related health conditions, alcohol dependence, liver cirrhosis, and cancers.

As shown by the Global status report on alcohol and health 2018, the harmful use of alcohol resulted in some 3 million deaths (5.3%) worldwide and 132.6 (5.1) million disability-adjusted life years (DALY) of all DALY in that year 1, 2.

In 2013 from the study of alcohol consumption and epidemiology of alcohol-related disorders in Mongolia, researchers Nasanjargal L and Nasantsengel L reported that 60% of the population in Mongolia uses alcohol. Hence, this investigation shows that alcohol contributes to 8.6% harmful
effects, 9.9% alcohol abuse, and 6.2% alcohol dependence. Alcohol use disorders (AUDs) is a substantial public health problem. It is grown-up many risk factors influence on alcoholism including social, behavior, an environment, and heredity conditions on the global.

The liver is a primary target for the detrimental effects of alcohol metabolism, which express high levels of alcohol oxidizing enzymes, alcohol dehydrogenase, aldehyde dehydrogenase, and CYP2E1. Pathological changes in EtOH intoxication model of alcoholic liver disease (ALD) including hepatocyte damages and serum marker enzymes are related to liver function. Alcohol’s effect on the brain neurotransmitter change plays an essential role in AUDs, given EtOH’s directly due to many neuropharmacological actions, including its intoxicating, sedative, anxiolytic and addictive properties. According to the in-vivo and in-vitro study, the determined effect of EtOH on neurotransmitter release was changed in the rat’s brain region, as well as in prefrontal cortex, NAc, VTA and other. Therefore, brain damage at early changes of EtOH intoxication with hippocampus structure and neural loss was detected.

Alcuremon preparation derived from medicinal herbs, based on pharmacological research of Mongolian herbal drug Channadselshi has an effect of antioxidant, bile expelling, alcohol reduced consumption and liver protective on acute and chronic alcohol intoxication in rats. Reactive oxygen species (ROS) and oxidative stress play an important role in the development of ALD. Alcuremon contains extract of Gentiana barbata Froel., Carthamus tinctorius L., Terminalia chebula Retz., and Rosa acicularis Lindl., were collected from the Traditional Medicinal Drug Factory of ITMT. All the herbs were identified by Sc.D. Prof Ganbold E (No.: 2016/11-15). The herbs were dried and pulverized then stored in the dark at the room temperature. These herbs were extracted (3:1) in 70% ethanol by a re-maceration method. Alcuremon preparation contains the extract, limonic acid, and sodium benzoate.

Animals: Male adult Wistar rats (Healthy, 12-14 weeks, 220-250 g) were randomly selected from our animal house. They were raised in the animal house of the Research center, ITMT, Ulaanbaatar. Rats were kept in the laboratory under a constant condition of light/dark (12:12) and temperature (20 ± 2) with animal cage, free access to a standard animal diet and tap water for 7 days before and during the experiment. The experimental protocols were approved by the Ethical Committee of ITMT to minimize animals suffering (No. 02/2015). These guidelines were in according to international principles for the care and use of laboratory animals.
Subchronic EtOH Intoxication and Treatment: The animals were randomly divided into four groups, each containing 5 rats: (I) water group, which received an oral administration of 0.9% saline 10 ml/kg/day for 14 days; (II) EtOH group, which received an oral administration of 30% EtOH 10 ml/kg/day for 14 days; (III, IV) EtOH + Alcuremon 50 and EtOH + Alcuremon 100 groups were received an oral administration of 30% EtOH 10 ml/kg/day for 14 days and both groups plus alcuremon preparation 50 and 100 mg/kg/day respectively.

All animals in the experimental groups survived until the end of the experiments. In the 15th day, rats were anesthetized with an injection of ketamine hydrochloride 80-90 mg/kg and then blood was collected by cardiocentesis for biochemical analysis. The rats were immediately euthanized by cervical dislocation after blood collection, and then the liver was harvested for histopathological assessments.

Chronic EtOH Intoxication and Treatment: Rats were randomly divided into five groups, each containing 6 rats: (I) water group, which received an oral administration of 0.9% saline 7 ml/kg/day for 60 days; (II) EtOH group, which received an oral administration of 40% EtOH 7 ml/kg/day for 60 days; (III, IV, V) EtOH + Alcuremon 50, EtOH + Alcuremon 100 and EtOH + Alcuremon 150 groups were received an oral administration of 40% EtOH 7 ml/kg/day for 60 days and all groups plus alcuremon preparation 50, 100 and 150 mg/kg/day respectively. Rats were euthanized by cervical dislocation 3 days after the last EtOH administration.

The brains were rapidly removed and into (4 °C) PBS solution and the room temperature was 4-6 °C at the procedure. Brains NAc were dissected rat brain slicer 13 between 20 and brains VTA were dissected rat brain slicer 37 between 45 by a coronal section. NAc and VTA were measured 100 mg, then each section to 1.0 ml brain homogenization buffer (1×PBS+1mMEDTA-19.3 ml, 5M NaCl-0.6 ml, Triton X100-0.1 ml, PMSF-1.0 ml, PH-7.4) for neurotransmitter analysis. The hippocampus was dissected rat brain slicer 25 between 35 by coronal section for histopathological assessments with cresyl violet stain Fig 1.

Brain Homogenization and Neurotransmitter Analysis: The brain samples were homogenized for 15 sec by an ultrasonic homogenizer (JY88IN, China), then brain homogenates were centrifuged at 14000 rpm for 60 min (room temperature was 4 - 6°C during the procedure). After centrifugation, first supernatants were immediately collected and stored in a -20 °C for neurotransmitter analysis.

Then pellets were vortexed in 1.0 ml brain homogenization buffer before being centrifuged at 14000 rpm for 60 min. After centrifugation, second supernatants were immediately collected and stored in a -20 °C for neuro-receptor analysis,
aspartate receptor (NMDAR) were quantified in the collected second supernatants using rat ELISA kits (Shanghai, MLBio Biotechnology Co) according to the manufacturer’s instructions. The absorbance was read at 450 nm using an ELISA microplate reader (ChroMate-4300, USA). The intensity of the color was directly proportional to the concentration in Fig. 2.

Biochemical Analysis: Blood was collected and standing at room temperature for 15 min, and the samples were centrifuged at 3000 rpm for 10 min to separate the serum. Subsequently, the serum samples were analyzed by assays for alanine aminotransferase (ALT), aspartate aminotransferase (AST) and alkaline phosphatase (ALP) using a semi-automatic biochemistry analyzer (DURUI DR-7000D).

Histopathology: The samples (the liver and brain hippocampus section) were fixed in 10% formaldehyde and embedded in paraffin. Then 4–6 micrometer sections were taken from the paraffin-embedded blocks by a microtome. Liver sections were deparaffinized and stained with hematoxylin and eosin (HE). Brain hippocampus sections were deparaffinized and stained with cresyl violet. After being stained by HE and cresyl violet, the liver and hippocampus morphology were observed and photographed using an Olympus imaging system.

Statistical Analysis: The data were shown as mean ± SD. An analysis of variance (ANOVA followed by Tukey’s post hoc test) was performed to determine significance using software GraphPad Prism 5.0 and a value of p<0.05 was considered as significant.

RESULTS:
Effect of Alcuremon Preparation on Subchronic Alcohol Intoxication with Alcoholic Liver Disease in Rats: In-vivo, biochemical parameters including ALT, AST and ALP levels for all groups at the end of the experiment was shown by Fig. 3. Administration of EtOH has considerably increased the levels of serum ALT, AST, and ALP when compared to the water group (*p<0.05). During the EtOH, the serum biochemical parameters of animals treated with alcuremon 50 mg/kg as well as alcuremon 100 mg/kg significantly (*p<0.05) decreased.

Effect of Alcuremon Preparation on Chronic Alcohol Intoxication with Neurotransmitter Imbalance in Rats: The values for brain homogenates (NAc and VTA) dopamine, glutamate, serotonin, gamma-aminobutyric acid, dopamine D2 receptor and N-Methyl-D-aspartate receptor in the EtOH group were significantly imbalanced (Decreased: DA, 5HT and GABA in NAc and VTA; D2DR and NMDAR in VTA. Increased: GLM in NAc and VTA; D2DR and NMDAR in NAc. *p<0.05) after 60 days of 40% ethanol 7 ml/kg/day oral administration, compared to water group Table 1 and 2.
Fig. 4: Photomicrographs of histological structures and changes in the rat liver that hematoxylin-eosin (HE) stained liver section from rats of each group. HE section shows inflammatory cell infiltration and lipid deposits (green arrows) of hepatic steatosis caused by alcohol. EtOH: ethanol. Magnification ×200

Table 1: Effect of Alcuremon on brain neurotransmitter and neuro-receptor levels in rat’s brain NAc area with chronic ethanol intoxication

<table>
<thead>
<tr>
<th>Neurotransmitter and neuro receptor</th>
<th>Water</th>
<th>EtOH</th>
<th>EtOH+ Alcuremon 50 mg/kg</th>
<th>EtOH+ Alcuremon 100 mg/kg</th>
<th>EtOH+ Alcuremon 150 mg/kg</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dopamine (pg/l)</td>
<td>3.828±0.235</td>
<td>0.832±0.669</td>
<td>2.007±0.617*</td>
<td>2.551±0.585*</td>
<td>2.3±0.609*</td>
</tr>
<tr>
<td>Glutamate (umol/l)</td>
<td>0.736±0.079</td>
<td>0.942±0.078</td>
<td>0.704±0.089*</td>
<td>0.710±0.121*</td>
<td>0.686±0.073*</td>
</tr>
<tr>
<td>Serotonin (ng/l)</td>
<td>3.028±0.351</td>
<td>2.020±0.10</td>
<td>2.64±0.245*</td>
<td>2.418±0.427</td>
<td>2.0±0.301*</td>
</tr>
<tr>
<td>GABA (umol/l)</td>
<td>2.509±0.10</td>
<td>1.88±0.058</td>
<td>2.08±0.103*</td>
<td>2.24±0.121*</td>
<td>2.23±0.162*</td>
</tr>
<tr>
<td>Dopamine D2DR (ng/l)</td>
<td>3.375±0.366</td>
<td>4.28±0.261</td>
<td>2.81±0.455*</td>
<td>3.3±0.455*</td>
<td>3.69±0.254</td>
</tr>
<tr>
<td>GABA (umol/l)</td>
<td>2.273±0.22</td>
<td>1.757±0.092</td>
<td>1.94±0.201*</td>
<td>2.06±0.120*</td>
<td>1.96±0.203*</td>
</tr>
<tr>
<td>Dopamine NMDAR (ng/dl)</td>
<td>3.718±0.540</td>
<td>2.6±0.496</td>
<td>2.79±0.764</td>
<td>2.30±0.397*</td>
<td>2.15±0.370*</td>
</tr>
</tbody>
</table>
| Data were represented in the mean ± SD of 6 rats/group. NAc: nucleus accumbens, GABA: gamma-aminobutyric acid, NMDAR: N-Methyl-D-aspartate receptor, D2DR: D2-receptor. EtOH: ethanol. *p<0.05 vs. water group, *p<0.05 vs. EtOH group by one-way ANOVA followed by Tukey’s post hoc tests.

Table 2: Effect of Alcuremon on brain neurotransmitter and neuro-receptor levels in rat’s brain VTA area with chronic ethanol intoxication

<table>
<thead>
<tr>
<th>Neurotransmitter and neuro receptor</th>
<th>Water</th>
<th>EtOH</th>
<th>EtOH+ Alcuremon 50 mg/kg</th>
<th>EtOH+ Alcuremon 100 mg/kg</th>
<th>EtOH+ Alcuremon 150 mg/kg</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dopamine (pg/l)</td>
<td>4.345±1.224</td>
<td>1.43±0.227</td>
<td>1.89±0.630*</td>
<td>3.19±0.489*</td>
<td>2.97±0.421*</td>
</tr>
<tr>
<td>Glutamate (umol/l)</td>
<td>0.772±0.171</td>
<td>0.967±0.088</td>
<td>0.771±0.066*</td>
<td>0.714±0.106*</td>
<td>0.893±0.075</td>
</tr>
<tr>
<td>Serotonin (ng/l)</td>
<td>4.055±0.725</td>
<td>1.378±0.33</td>
<td>2.02±0.672*</td>
<td>1.773±0.541*</td>
<td>1.425±0.184*</td>
</tr>
<tr>
<td>GABA (umol/l)</td>
<td>2.27±0.22</td>
<td>1.757±0.092</td>
<td>1.94±0.201*</td>
<td>2.06±0.120*</td>
<td>1.96±0.203*</td>
</tr>
<tr>
<td>Dopamine NMDAR (ng/dl)</td>
<td>3.718±0.540</td>
<td>2.6±0.496</td>
<td>2.79±0.764</td>
<td>2.30±0.397*</td>
<td>2.15±0.370*</td>
</tr>
<tr>
<td>NMDAR (ng/dl)</td>
<td>0.409±0.079</td>
<td>0.233±0.041</td>
<td>0.219±0.048*</td>
<td>0.452±0.078*</td>
<td>0.545±0.081*</td>
</tr>
</tbody>
</table>

Data were represented in the mean ± SD of 6 rats/group. VTA: ventral tegmental area, GABA: gamma-aminobutyric acid, NMDAR: N-Methyl-D-aspartate receptor, D2DR: D2-receptor. EtOH: ethanol. *p<0.05 vs. water group, *p<0.05 vs. EtOH group by one-way ANOVA followed by Tukey’s post hoc tests.
Neurotransmitter changes in these molecular systems lead to tolerance and withdrawal when alcohol and aldehyde are removed from the body by ethanol oxidation. During the EtOH, the brain homogenates (NAc and VTA) dopamine, glutamate, serotonin, dopamine D2 receptor and N-Methyl-D-aspartate receptor of animals treated with Alcuremon 50 mg/kg as well as Alcuremon 100 mg/kg significantly balanced, (increased: DA in NAc and VTA; 5HT and GABA in NAc; and NMDAR in VTA. Decreased: GLM in NAc and VTA; D2DR and NMDAR in NAc. *p<0.05) compared to EtOH group in Table 1 and 2. Therefore, the oral administration of Alcuremon 150 mg/kg to treated group resulted in significantly balanced of neurotransmitter changes less than low and middle dosing. Fig. 5 shows that as observed from the Nissl body staining of neurons, a large number of dense pyramidal cells and granule cells were in the hippocampal CA1 and CA3 regions of water group rats. Also, in the EtOH group rats, there was a massive loss of pyramidal cells and necrosis in CA1 and CA3. Long term alcohol usage inhibits neuronal activity in the CA1 and CA3 areas of the hippocampus, and a portion of the neurons was incomplete. However, the rats treated with alcuremon (50, 100 and 150 mg/kg) the numbers of neuronal cells were significantly higher than the EtOH group. Also, a large number of dense pyramidal cells and granule cells were in the hippocampal CA1 and CA3, and the Nissl bodies filled in the cytoplasm Fig. 5. Alcuremon had a neuroprotective effect in hippocampal CA1 and CA3 neurons as compared with the EtOH group.

![FIG. 5: NISSL STAINING OF NEURONS IN THE CA1 AND CA3 REGIONS OF THE RAT HIPPOCAMPUS OF EACH GROUP. A LARGE NUMBER OF DENSE PYRAMIDAL AND GRANULE CELLS WERE OBSERVED IN THE HIPPOCAMPI OF WATER GROUP RATS AND FILLED NISSL BODIES IN THE CYTOPLASM. CA: Cornu Amonis, EtOH: ethanol, Magnification × 200.](image)

**DISCUSSION:** Our results demonstrated that hepatoprotective, neuroprotective and balancing neurotransmitters effect of alcuremon preparation based on Mongolian herbal medicine Channadselshi. This study showed these imbalanced neurotransmitters (Decreased: DA, 5HT and GABA in NAc and VTA; D2DR and NMDAR in VTA. Increased: GLM in NAc and VTA; D2DR and NMDAR in NAc.), liver damage and brain damage, particularly the altered hippocampal CA1 and CA3 neuronal loss associated with ethanol intoxication in rats. Moreover, during EtOH administration, balancing neurotransmitters, reducing serum ALT, AST and ALP, stored structural and functional units of the liver and protecting hippocampal CA1 and CA3 neurons of animals with treated alcuremon preparation.

The current study shows that acute effects of alcohol including increased dopamine release (associated with reward), increased GABA receptor activity (associated with anxiolytic, sedation, and motor incoordination), and decreased glutamate receptor activity. Chronic alcohol consumption causes neuro-adaptations to oppose the effects of acute alcohol, decreased dopamine release and increased dopamine receptor expression, decreased GABA receptor expression, increased glutamate...
release and increased NMDA receptor expression. Alcohol ingestion is associated with multi-organ systems damage, and the liver is a primary target for the detrimental effects of alcohol metabolism. Modern medication treatment drugs contain one substance, which reduces drinking behavior in AUDs, having a single-functioned target mechanism. Accordingly, it is not enough to fight alcoholism with medications. Also, poly compounds of the alcuremon might have to affect systemic treatment action in alcohol intoxication.

Alcuremon preparation contained ethanol extracts of four medicinal herbs, *Gentiana barbata* Froel., *Carthamus tinctorius* L., *Terminalia chebula* Retz., and *Rosa acicularis* Lindl. These herbs are a wide range of pharmacological activities including antioxidant, anticancerogenic, antimutagenic, hepatoprotective, cytoprotective, cardioprotective, neuroprotective, antiviral, anti-inflammatory, wound healing and others. There are many chemical compounds in alcuremon, and the main biologically active components of these plants are polyphenols, terpenes, anthocyanins, flavonoids, alkaloids, tannin, glycosides etc. Anticholinesterase (AChE) properties of *Terminalia chebula* Retz. has reported in some research. The review by Amir R et al. focuses on *Terminalia chebula* Retz. with a high content of phenolic constituents exhibits strong antioxidant and neuroprotective activities in-vitro and in-vivo. AChE induces apoptotic and necrotic cell death by inducing membrane depolarization and NMDA receptor activation with consequent Ca^{2+} influx and modulation of the α7 nicotinic acetylcholine receptor in hippocampal cultures. Therefore, AChE has the main role in neurodegeneration and AChE inhibitors could be effective in neuroprotection.

*Gentiana barbata* Froel., the herb contains 0.2% alkaloids, 2.3–5.91% xanthones, flavonoids: 5,7,3′- trihydroxy-4′-methoxyflavone (diosmetin) and others. Diosmetin is barely activated tyrosine receptor kinase B (TrkB), weakly and nonselective suppressed caspase-3 activation in weakly neurons. TrkB-mediated BDNF regulates synaptic structure and strength in hippocampal and other neurons. It may have an effect of balancing neurotransmitters release in neural circuits.

In another side, dried extract of *Gentiana barbata* Froel. Effectively improves bile secretion, balances metabolism, hepatoprotective, and increased antioxidant system in rats with toxic hepatitis. Flavonoids, luteolin, diosmin, and diosmetin, were found to inhibit activation/phosphorylation of STAT3 induced by IL-6 in cultured neuronal cells.

*Carthamus tinctorius* L., kaempferol decreased hepatocyte cellular necrosis and infiltration belonged to an antioxidant in a CCl_{4} rat model of hepatitis. It can protect neuron via inhibiting STAT3 and nuclear factor-κB. In recent study showed that hydroxysafflor yellow A protects the liver of rats with chronic alcohol intoxication, which increases liver superoxide dismutase (SOD) and glutathione peroxidase (GPx), reduced TGF-β1 expression and decreased serum biochemical parameters such as ALT and AST.

*Rosa acicularis* Lindl. Contains sugar, ascorbic acid, carotene, tannins, rutin, astragalin, and hyperoside. Liver protective and antioxidant effect of this herb related to chemical compounds such as hyperoside, which effect regulated by antioxidant response elements in L02 liver cells with oxidative damage.

Consequently, neuroprotective, balancing neurotransmitters and hepatoprotective effects of Alcuremon, which are related to chemical compounds of the preparation such as diosmetin, luteolin, gallic acid, kaempferol, hydroxysafflor yellow A, hyperoside and others. However, this study limited the only in-vivo, and further investigations are needed to conduct in in-vitro experiments and various models of alcohol intoxication.

**CONCLUSION:** This study demonstrated the hepatoprotective, neuroprotective & neuromodulator effects of alcuremon preparation based on Mongolian herbal medicine Channadselshi in the rat model of ethanol intoxication. Furthermore, the action of balancing neurotransmitters, hepatoprotective and neuroprotective effects were associated with biologically active components of alcuremon. Polyphenolic compounds, gallic acid, diosmetin and others could be responsible for this systemic pharmacological actions.
Further investigations are necessary to check the effects or mechanism of this herbal preparation in various models of alcoholism over any definitive conclusion.

ETHICAL MATTER: The experimental procedures and protocols were approved by the Ethical Committee of the Institute of Traditional Medicine and Technology (No. 02/2015). These guidelines were by the accepted principles for care and use of the laboratory animals.

ACKNOWLEDGEMENT: We thank the colleagues of the Institute of Traditional Medicine and Technology for support during this study.

CONFLICT OF INTEREST: The authors declare that they have no competing interests.

AUTHORS’ CONTRIBUTIONS: BJ designed and coordinated the study. BJ and NG carried out the animal experiments, neurotransmitter analysis, biochemical analysis, data analysis and wrote the manuscript. The acuremon preparation was prepared by SB. AA carried out the histology and microscopic analysis. CC advised the work. All authors read and approved the final manuscript.

REFERENCES: