



Received on 28 December 2025; received in revised form, 01 March 2026; accepted, 15 March 2026; published 01 June 2026

## **GRAPTOPHYLLUM PICTUM RESTORES IN THREE DAYS HAEMATOLOGIC PARAMETERS AFTER PHENYLHYDRAZINE-INDUCED ANEMIA OF INFLAMMATION IN WISTAR RATS**

F. Kouoh Elombo<sup>\*</sup>, C. E. Yando, R. V. Djuikwo, H. Abdul, R. S. Touole, E. Fokou and P. Moundipa Fewou

Department of Biochemistry, Faculty of Science, University of Yaoundé I, 812 Yaoundé, Cameroon.

### **Keywords:**

Anemia, Phenylhydrazine, *In-vivo* experimentation, *Graptophyllum picyum*

### **Correspondence to Author:**

**Dr. F. Kouoh Elombo**

Senior Lecturer,  
Laboratory of Pharmacology and  
Toxicology - Department of  
Biochemistry, Faculty of Science,  
University of Yaoundé I, 812  
Yaoundé, Cameroon.

**E-mail:** ferdinand.kouoh@facsciences-uy1.cm

**ABSTRACT:** *Graptophyllum pictum* (GP) is used to treat anemia in some traditional communities. To understand this practice, we had prepared GP tea leaves for the management of phenylhydrazine-induced anemia in rats. An experimental protocol was built with six groups of six rats each. Rats in normal group were fed with standard food and water *ad libitum*. The rest of rats received an intraperitoneal injection of 40 mg/kg of phenylhydrazine for two days to induce anemia. The GP tea leaves (GPTL) had an extraction percentage of 40.8% and contained: iron (32.89 mg/100 g dry material (DM)), carotenoids (649.01 mg/100g DM), phytates (0.22 mg/100g DM) and oxalates (3.21 mg/100g DM). For the *in-vivo* experiment, intraperitoneal injection of phenylhydrazine leads to decreases: hemoglobin, hematocrit, red blood cells, MCH, MCHC; increases in white blood cells and MCV threshold in anemic rats was observed. After 3 days feeding period of rats with 210 mg / kg of (GPTL) or 0.3mg / kg of Ranferon<sup>®</sup>, a restoration of all the parameters mentioned was observed. (GPTL) restored of hematological parameters in the case of anemia compared to Ranferon<sup>®</sup>, a pharmaceutical drug. Thus, GPTL exhibits therapeutic anti-anemia effects and could be used as a natural alternative to treat anemia of inflammation.

**INTRODUCTION:** Worldwide, anemia affects 1.62 billion persons. It represents a global public health problem. South-East Asia and Africa are among the most affected regions of the world<sup>1</sup>. The prevalence in Cameroon represents 40% of pregnant women and 60% of children under the age of five<sup>2</sup>. In general, anemia is characterized by a deficiency of red blood cells or hemoglobin in the blood, which disrupts oxygen transport<sup>3</sup>.

For the anemia of inflammation, also known as the anemia of chronic disorders is a type of anemia that develops in the context of chronic inflammatory conditions. Concerning Phenylhydrazine (Phz), it reacts with hemoglobin and leads to the formation of various oxidative products. The next step is red blood cell damage and lysis. However, Phz-induced anemia by destroying red blood cell and increasing the release of cellular contents can trigger inflammatory responses<sup>4</sup>.

To treat anemia in some communities, including the Cameroon or Papua Communities, *Graptophyllum pictum* (GP) is used. This plant, also known as the caricature plant, is a medicinal shrub belonging to the Acanthaceae family. It is probably native to New Guinea and has since

<p><b>QUICK RESPONSE CODE</b></p> 	<p><b>DOI:</b> 10.13040/IJPSR.0975-8232.17(6).1762-69</p> <hr/> <p>This article can be accessed online on <a href="http://www.ijpsr.com">www.ijpsr.com</a></p> <hr/> <p>DOI link: <a href="https://doi.org/10.13040/IJPSR.0975-8232.17(6).1762-69">https://doi.org/10.13040/IJPSR.0975-8232.17(6).1762-69</a></p>
---	---

spread widely to India, Mexico, United States of America, Ghana, Cameroun, Bolivia, and Asia. Currently, it is commonly found in some regions of Indonesia and is known locally as Daun Ungu or Daun Wungu. GP is traditionally used as it is believed to possess anti-anemic properties. This medicinal plant is also known as batik leaf. It has been incorporated into drinks to treat anemia. However, infusion of *Graptophyllum pictum* leaves seems to have potential to be explored<sup>5</sup>. The present work is designed to check if the traditional tea of GP has an *in-vivo* effect through phenylhydrazine-induced anemia in Wistar rats.

## MATERIALS AND METHODS:

### Preparation of *Graptophyllum pictum* Aqueous Extracts:

*Graptophyllum pictum* leaves were collected from the quarter Ngoa Ekelé in the 3<sup>th</sup> sub-division of Yaoundé. The plant had been identified at the Cameroon National Herbarium in Yaoundé. Plant was washed and dried at laboratory temperature. After grounding aqueous extraction was made in triplicate. The formula “yield = 100 x (Mass of extract) / (Mass of leaves powder)” was used to calculate extraction yield.

*Graptophyllum pictum* leaf powder (100 g) was infused in 2 L of hot distilled water (100 °C) for 10 minutes. The resulting filtrate was dried in an oven at 50 °C and stored in clean, dry bottles. For maceration, powder of *Graptophyllum pictum* leaves (100g) was put in 2L of distilled water. The mixture was left to macerate for 24 hours and filtered. The filtrate obtained was dried and stored for further experiments. While for decoction, one hundred grams (100 g) of powder was mixed in 2 L of distilled water. The mixture was brought to a boil at 100 °C for 30 min. After cooling, we had obtain dry extract.

### Determination of Anti-nutritional Factors in Aqueous Extracts:

Total tannins were determined by spectrophotometric method as described by Bainbridge *et al.*<sup>6</sup>. Briefly, 0.5 mL of the extract was mixed with 3 mL of the butanol-HCl (95:5), and 0.1 mL of the ferric reagent. The mixture was shaken and incubated in a water bath at 100°C for 1 hour. The absorbance was read at 550 nm for the tannin content determination. The oxalate content was determined by the method described by Aina *et al.*<sup>7</sup>. In short, after extracting 1

g of lyophilized herbal tea from H<sub>2</sub>SO<sub>4</sub> (3 mol/L), the oxalate content was calculated by taking 1 ml of KMnO<sub>4</sub> as equivalent to 2.2 mg of oxalate. The results were expressed in mg/100 g of extract.

The phytic acid content was determined by the Olayeye *et al.* method<sup>8</sup>. One gram of the powder was mixed with 2% HCl. The resulting filtrate, 25 mL, was mixed with 5 mL of 0.3% ammonium thiocyanate solution and 53.5 mL of distilled water to achieve the desired acidity. The resulting solution was titrated with standard iron (III) chloride solution (0.00195 g iron per mL) until a persistent brownish-yellow color was observed for 5 minutes. The phytate content was then calculated.

### Determination of the Nutritional Potential in Aqueous Extracts:

Vitamin C was determined by the colorimetric method as previously described<sup>9</sup>. Five ml of herbal tea were mixed with 1 mL of 90% acetic acid. The mixture was titrated with DCPIP solution (50 µmol) until a pale pink color was obtained. The volume was recorded (Vt). This titration was repeated with 5 mL of distilled water for the blank (Vb) and 5 mL of ascorbic acid solution (0.1 mg/mL) for the standard (Vst). The vitamin C content of the samples was then calculated with the formular:

$$\text{Vitamin C (mg / mL)} = \frac{V_t - V_b}{V_{st} - V_b} \times \text{Dilution factor}$$

Total carotenoids were determined as previously described<sup>10</sup>. Briefly, optical density was read at 450 nm. The level of total carotenoids was obtained with the formula:

$$\text{Total carotenoids (µg/g)} = \frac{A_{450} \times V \times 10^4}{A_{1cm} / (1\%) \times M}$$

A<sub>450</sub> = absorbance at 450 nm; V = volume in mL; A<sub>1cm</sub> / (1%) = absorption coefficient of total carotenoids in petroleum ether.

Iron was assessed by colorimetric enzymatic ferene method using a commercial kit (SG Mitalia, Roma Italia). The procedures were carried out as indicated in the manufacturer's instructions<sup>11</sup>. The ash contents were determined by simple incineration at 550 °C according to A.O.A.C. protocol's<sup>12</sup>.

**Determination of Secondary Metabolites; Anti-Oxidant and Antiradical Activities in Aqueous Extracts:** Total polyphenols were determined as

described by Singleton and Rossi<sup>13</sup>. Gallic acid was used as a standard. The polyphenols content were expressed in mg gallic acid equivalent/g of dry matter (mg EAG/g DM).

Total flavonoid determination was made as described by Zhishen *et al.*<sup>14</sup>. Catechin was used as the standard; the flavonoid content was deduced from the calibration line and expressed in mg catechin equivalent/100 mL. The total antioxidant capacity (TAS) of the extracts was determined based on the reduction of molybdenum, in the form of molybdate ion  $\text{MOO}_4^{2-}$ , to molybdenum  $\text{MOO}^{2+}$  as previously described<sup>15</sup>.

Briefly, a volume of 200  $\mu\text{L}$  of each extract at different concentrations was mixed with 2 mL of the reagent solution (0.6 M sulfuric acid, 28 mM sodium phosphate and 4 mM ammonium molybdate). The tubes were incubated at 95°C for 90 min. After cooling, the absorbance of the solutions was read at 695 nm, against the blank which contained 200  $\mu\text{L}$  of the reagent solution and 0.2 mL of methanol, under the same conditions. The results obtained were expressed in mg gallic acid equivalent per gram of dry matter of the extract (mg EAG/g DM).

Ferric-reducing antioxidant power (FRAP) of extracts was determined by its action to reduce ferric ions ( $\text{Fe}^{3+}$ ) into ferrous ions ( $\text{Fe}^{2+}$ ). The  $\text{Fe}^{2+}$  ions formed interact with 2,4,6-tris(2pyridyl)-s-triazine (TPTZ) to form a complex that absorbs at 593 nm<sup>16</sup>. Briefly, to 0.1 mL of extract, 3 mL of freshly prepared FRAP reagent were added. After 5 min of incubation, the absorbance of the reaction medium was read at 593 nm. Gallic acid was used as a reference and the tests were carried out in triplicate. The antioxidant potential was determined from the regression line of the calibration curve. The results were expressed in mg of Fe (II)/100 g of plant material.

**Animal Experiment:** In this study, 36 healthy Wistar rats weighing between 150 and 180 g were used and randomly divided into six groups of six individuals each. Rats were kept under 12 h light/12 h dark in normal standard environmental condition (temperature (25–28 °C), humidity (35–60%)). They were allowed free access to water and feed. Experimental procedures and animal handling

were approved by the Yaoundé I University, Research Ethical Clearance Committee (Ethical clearance reference N°: BTC-JIRB2024-117).

**Induction of Anaemia:** Before induction of anemia, baseline haematological parameters in rats were determined. Phenylhydrazine (PHZ) was administered intraperitoneally at the dose of 40 mg/kg for two consecutive days<sup>17</sup> to induce anaemia to the rats of group 2 to group 6. We had considered induction of anemia when RBC level as well as haemoglobin concentration of the blood reduced to 30 % or less.

After induction of anemia, the groups of 6 rats were fed daily from the 3rd day for 3 consecutive days as follows:

- Group 1: receiving standard food + Water.
- Group 2 (negative control): receiving the standard food + water.
- Group 3 (positive control): receiving standard feed + water + Ranferon (a pharmaceutical drug) 0.3 mg/kg for 3 days (dose required for treatment).
- Group 4: receiving standard feed + water + 7 mg/kg of our extract for 3 days (for treatment).
- Group 5: receiving standard feed + water + 70 mg/kg of our extract for 3 days (for treatment).
- Group 6: receiving standard feed + water + 210 mg/kg of our extract for 3 days (for treatment according to traditional indication).

**Blood Analysis:** Exactly 3 days post treatment with *Graptophyllum pictum* traditional tea, rats were fasted overnight, anaesthetized and sacrificed. Blood samples were collected by cardiac puncture and dispensed into EDTA (Ethylenediaminetetraacetic acid) container for haematological tests. Red blood cell (RBC) indices, Haemoglobin (Hb) level, hematocrit (HCT), mean corpuscular haemoglobin (MCH), mean corpuscular volume (MCV) and white blood cell (WBC) were estimated following the methods described previously<sup>18,19</sup>.

**Statistical Analysis of the Results:** Statistical analyses were performed using SPSS version 20.0

for Windows. XLSTAT software was used to perform principal component analysis (PCA) for classifying herbal teas based on the correlations of the different variables studied. ANOVA combined with a Tukey post-hoc test was used to analyze the results of the bioactive component analyses. For hematological parameter assays, data was analyzed with GraphPad prism version 8.0.2 and results expressed as mean  $\pm$  standard deviation. Multiple comparisons were done following ordinary one-way ANOVA and then Tukey post hoc test to determine significant differences between groups.  $p$  value  $< 0.05$  was considered statistically significant.

## RESULTS AND DISCUSSION:

**Aqueous Extractions of *Graptophyllum pictum* Leaves:** Beside the traditional tea leaves of *Graptophyllum pictum* preparation, we had implemented two other types of preparations including maceration and decoction in order to retain the best method for the management of phenylhydrazine-induced anemia in Wistar rats. The average yields obtained are presented below in **Table 1**. A significant difference ( $p < 0.05$ ) was noted between the yields of the three extracts. It follows that the highest extraction yield was obtained with the infusion.

**TABLE 1: EXTRACTION YIELDS OF AQUEOUS EXTRACTS OF GRAPTOPHYLLUM PICTUM**

Samples	Yield (%)
Maceration	25.75 $\pm$ 0.02 <sup>c</sup>
Decoction	27.73 $\pm$ 0.02 <sup>b</sup>
Infusion	40.8 $\pm$ 0.2 <sup>a</sup>

The assigned values of different letters are significantly different ( $p < 0.05$ ).

**TABLE 2: CONTENTS IN MACRONUTRIENTS OF THE AQUEOUS EXTRACTS (MG/100 G DM)**

Samples Content	Maceration	Decoction	Infusion
Water	91.46 $\pm$ 1.43 <sup>a</sup>	94.36 $\pm$ 0.50 <sup>b</sup>	92.25 $\pm$ 0.34 <sup>a</sup>
Ashes	13.69 $\pm$ 0.26 <sup>c</sup>	11.84 $\pm$ 0.09 <sup>b</sup>	9.84 $\pm$ 0.08 <sup>a</sup>
Iron	35.28 $\pm$ 0.21 <sup>c</sup>	37.37 $\pm$ 0.06 <sup>b</sup>	32.89 $\pm$ 0.10 <sup>a</sup>

The assigned values of different letters are significantly different ( $p < 0.05$ ).

**Determination of *Graptophyllum pictum* Extracts Bio-Actives Components:** The following **Table 3** represents the contents of bioactive compounds. Vitamin C contents ranged from 645.96 mg/100 g DM (decoction) to 1151.22 mg/100 g DM (infusion). The Consumption of our herbal teas could cover 100% of the recommended daily vitamin C requirements for all age groups of the population<sup>24</sup>. Indeed, vitamin C is an extremely important nutrient for the body where it plays

**Determination of Macronutrients Potential of *Graptophyllum pictum* Extracts:** The following **Table 2** presents the water, ash and iron contents. It appears that decoction, maceration and infusion had comparable contents of water, ash and iron.

Therefore, maceration and decoction aqueous extracts could meet the recommended nutritional intake of minerals.

Also, the contents of iron, with significant difference at  $P < 0.05$ , varies from 37.37 mg/100g DM for decoction, 35.28 mg/100 g DM for maceration at 32.89 mg/100g DM for infusion. Iron is a very important mineral due to its many biological roles.

It is an essential trace element for the synthesis of hemoglobin and myoglobin<sup>20</sup>. It is involved in the transport and storage of oxygen in the body; it is also a part of the composition of enzymes that intervene in metabolic reactions and also plays a role in the process of cell division and normal cognitive function<sup>21</sup>.

Recommended iron doses vary from 7 mg/day to 35 mg/day depending on age, sex and physiological status<sup>22</sup>. Iron is important in the diet of pregnant and breastfeeding women as well as children<sup>23</sup>.

With these iron levels, many women would benefit from consuming these herbal teas during pregnancy and even after childbirth. Heme iron is easily assimilated by the body, while plant-based iron requires the presence of Vitamin C.

multiple roles<sup>25</sup>. It allows the maintenance of the proper functioning of the immune system and especially the fact that it promotes the absorption of minerals contained in food, particularly non-heme iron<sup>26</sup>. Its presence in these extracts would contribute to the improvement of the bioavailability of iron. However, as far as the carotenoid contents are concerned in the extracts, **Table 3** shows: 4.32; 5.79 and 6.49  $\mu$ g/100g DM for maceration, decoction and infusion respectively.

**TABLE 3: CONTENTS IN BIO-ACTIVES COMPONENTS OF THE AQUEOUS EXTRACTS (MG/100 G DM)**

Samples	Maceration	Decoction	Infusion
Vitamin C	716.31±1.77	645.96±0.50	1151.22±2.38
Carotenoids	4.32±1.57	5.79±2.76	6.49±8.76

The assigned values of different letters are significantly different ( $p < 0.05$ ).

**Determination of Antinutrients Potential of *Graptophyllum pictum* Extracts:** Table 4 below shows the tannin, oxalate and phytate contents. It appears that tannin contents in this study ranged from 2.22±0.07 mg/100g DM for the infusion, 3.00±0.04 mg/100g DM for the maceration to 3.18±0.02 for the decoction. Those contents are higher in the decoction and maceration extracts compared to the infusion. The safe value is 150 to 200 mg/100g as reported previously<sup>27</sup>. Tannins reduce the absorption of nutrients such as iron, vitamin B12<sup>28</sup>. Subsequently, the oxalate contents varied from 2.73mg/100g DM for the decoction, 2.75mg/100g DM for the maceration to 3.21mg/100g DM for the infusion. The toxic dose in humans is 200 to 500mg / 100g. The safety limits of oxalate content in humans vary from 3 to 5 mg/Kg as reported previously<sup>29</sup>. The oxalate value for those extracts ranges from 2.73 to 3.21

mg, which is within the safe limit and below the toxicity threshold and therefore will not cause any harm.

Finally, the tea leaves of *Graptophyllum pictum* (L.) Nee Griff phytate contents were: 0.10±0.00 mg/100g DM for maceration, 0.18± 0.01 mg/100g DM for decoction and 0.22 mg/100g DM for infusion. The daily intake of these compounds by people with a vegetarian diet should be in the range of 2000 to 2600 mg/100g /day<sup>30</sup>, for those with a mixed diet, the phytate content should be between 150 – 1400g/day. The contents obtained in these herbal teas are less than 1400 mg, so they are not likely to cause harm if consumed. It is known that phytates reduce the bioavailability of Fe<sup>31, 32</sup>. On the other hand, Hurrel *et al*<sup>33</sup>, showed that a consumption of 4 to 9 mg of phytates reduces iron absorption 4 to 5 times.

**TABLE 4: CONTENTS OF GRAPTOPHYLLUM PICTUM EXTRACTS (MG/100G DM)**

Samples	Maceration	Decoction	Infusion
Tanins	3.00 ± 0.04 <sup>b</sup>	3.18 ± 0.02 <sup>c</sup>	2.22 ± 0.07 <sup>a</sup>
Oxalates	2.75 ± 0.11 <sup>a</sup>	2.73 ± 0.09 <sup>a</sup>	3.21 ± 0.09 <sup>b</sup>
Phytates	0.10 ± 0.00 <sup>a</sup>	0.18 ± 0.01 <sup>b</sup>	0.22 ± 0.00 <sup>c</sup>

The assigned values of different letters are significantly different ( $p < 0.05$ ).

**Antioxidants Capacity of *Graptophyllum pictum* Extracts:** Flavonoids and total polyphenols are known for their antioxidant capacities. These phytochemical compounds and antioxidant tests carried out with the extracts are recorded and presented in Table 5 below. The phenolic compound contents ranged from 2365.54 ± 4.22 mgEAG/gDM, 2520.44 ± 7.71 mgEAG/ gDM to 2675.20± 3.67 mgEAG/ gDM for maceration, decoction, and infusion respectively with significant differences ( $P < 0.05$ ). Infusion have the highest content followed by decoction and finally maceration. Phenolic compounds are natural antioxidants with protective properties for the heart<sup>34</sup>. Flavonoid contents are 1897.60; 2520.80 and 2499.07 mg E. catechin/100 g DM for maceration, decoction and infusion respectively. These values show that the different preparation methods have an effect on the amount of flavonoids, known to have antioxidant properties. According to several

authors, antioxidant activity can be affected by many factors. The structure of phenolic compounds, in particular the degree and position of hydroxyl groups on the aromatic ring of the molecule, glycosylation and the presence of other proton-donating groups<sup>35</sup>. The three aqueous extracts have comparable FRAP activity. This test involves the ability to reduce Fe<sup>3+</sup> to Fe<sup>2+</sup>. Fe<sup>2+</sup> is a powerful pro-oxidant that can react with hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) to produce hydroxyl radicals (HO)<sup>36</sup>. The total antioxidant capacity (TAC) ranged from 1002.52±1.65 mg EAG/g for maceration, 666.67±1.67 mg EAG/g extract for decoction to 613.69±1.25 mg EAG/g for infusion. These results show with a significant difference ( $p < 0.05$ ), that maceration has the highest antioxidant power (1002.52±1.65 mg EAG/g extract), followed by decoction (666.67±1.67 mg EAG/g extract) and finally infusion (613.69±1.25 mg EAG/g extract). All extracts have shown high

antioxidant activities **Table 5**. However, infusion extract have highest: yield of extraction; contents of bio-active molecules (Vitamin C and carotenoid), polyphenols and flavonoids. They

were also highlighted in the study of Djuikwo and collaborators<sup>5</sup>. Bearing all this in mind, we have selected the infusion extract for anti-anemic study.

**TABLE 5: LEVELS OF FLAVONOIDS, TOTAL POLYPHENOLS AND ANTI-OXIDANT ACTIVITIES (FRAP, TAC)**

Samples	Maceration	Decoction	Infusion
Phenolic compound (mg EAG /100g DM)	2365.56 ± 4.22 <sup>b</sup>	2520.44 ± 7.71 <sup>a</sup>	2675.20 ± 3.67 <sup>c</sup>
Flavonoids (mg E. catéchine /100g DM)	1897.60 ± 3.67 <sup>a</sup>	2320.80 ± 2,76 <sup>b</sup>	2499.07 ± 7.97 <sup>c</sup>
FRAP (mg Fe II/100g DM)	811.51 ± 1.14 <sup>c</sup>	746.66 ± 3.67 <sup>b</sup>	728.48 ± 0.69 <sup>a</sup>
TAC (mg EAG/g extract)	1002.52 ± 1.65 <sup>c</sup>	666.67 ± 1.65 <sup>b</sup>	613.69 ± 1.25 <sup>a</sup>

The assigned values of different letters are significantly different (p < 0.05); EAG = Gallique Acid Equivalent.

**Hematological Parameters:** Induction of anemia by phenylhydrazine in rats resulted in a significant decrease in the number of red blood cells, hemoglobin and HTC. However, there was an increase in white blood cells (WBC) and MCV compared to control rats (non induced) as shown in the **Table 6**. Phenylhydrazine is an antipyretic drug which has the property of causing hemolytic anemia in both humans and rats. The infusion administrated at concentrations of 210mg/Kg (traditional dose) showed a significant increase at the 5% threshold of red blood cells, hemoglobin and HTC; a decrease in white blood cells, MCV as shown in **Table 6**. The increase in white blood cells as well as MCV is a defense reaction of rats to

foreign substances, which alter their normal physiological processes. Phenylhydrazine causes oxidative damage to red blood cells by increasing the formation of reactive oxygen species<sup>37</sup>. The infusion with 210 mg/Kg made from the leaves of *Graptophyllum pictum* (L.) Nee. Greff. Leads to an improvement in the values of all the parameters that were affected. All previous results indicate that these extracts contain bioactive agents that are potent antioxidants that prevent or repair damage to cells caused by free radicals or highly reactive oxygen species<sup>38</sup>. The result of this study suggests that these studied herbal tea showed positive hematological activities in rats and could be used in the management of anemia of inflammation.

**TABLE 6: INCIDENCE OF GRAPTOPHYLLUM PICTUM INFUSION IN ANEMIC RATS**

Parameters	References	In-vivo experimentation results					
		Values					
		Non induced	Induce and non treated	Induce and treated with Ranferon	Induce and treated with GP extract		
			7 mg/kg	70 mg/kg	210 mg/kg		
WBC (10 <sup>9</sup> /L)	4.0-10.0	7.95±1.46	10.32±0.99	8.11±1.57	11.1±0.13 <sup>e</sup>	8.75 ±.01 <sup>b</sup>	7.1 ±0.4
RBC (10 <sup>6</sup> / μ * l)	7.00-8.70	7.52±1.06	3.88±0.41	7.51±0.69	4.17±0.20 <sup>e</sup>	4±0.78 <sup>b</sup>	8.26±0.81
Hb (g / d * l)	10.0-16.0	13.12±2.1	8.52±1.36	14.48±1.08	6.36±0.3	7.18±0.13	15.33 ±2.12
HTC (%)	35-54	39.21±4.41	24.8±2.14	42.95±4.65	24.17±0.32 <sup>c</sup>	34.1±0.10 <sup>c</sup>	44.56±4.93
MCV (fL)	80-100	94.5±2.01	119.63±2.12	96.74±4.03	25.43±0.10 <sup>c</sup>		9.28±5.77

Values with different superscript letters in the same row are significantly different (p<0.05). Red blood cell (RBC) indices, Hemoglobin (Hb) level, Hematocrit (HCT), mean corpuscular volume (MCV) and white blood cell (WBC).

After induction of anemia by phenylhydrazine, we observed an increase in the white blood cell count (leukocytosis) and mean corpuscular volume (macrocytosis). On the one hand, with leukocytosis the body's immune system often releases white blood cells to fight off pathogens or repair damaged tissue. This could be a sign of inflammation or infection and the increase of white blood cells may be considered as a reliable biomarker of inflammation<sup>39</sup>. On the other hand, macrocytosis

could derive from Inflammation through various mechanisms, including nutrient deficiencies (like vitamin B12 or folate) or through bone marrow problems (direct effects on red blood cell production)<sup>40</sup>. After administration of *Graptophyllum pictum* leaves infusion, we observed a normalization of all hematological parameters observed (RBC indices, Hb level, HCT, MCV WBC), including white blood cell count and mean corpuscular volume. We could suggest that

*Graptophyllum pictum* infusion according to the indications of the traditional Cameroonian pharmacopoeia is a preparation with anti-anemic effects.

**CONCLUSION:** The traditional herbal tea made from *Graptophyllum pictum* (L.) Nee Griff. leaves in the form of an infusion has a good yield of extraction (40%). It is rich of potential macronutrients as nutritional intake of minerals. Its level of vitamin C cover completely the recommended daily requirements. The extract have a good anti-oxidant activity and has also shown anti-anemic activity after Phz-induced anemia. Infusion in traditional dose (210 mg/Kg) restores hematological parameters monitored within three days after induction of anemia with phenylhydrazine. This recovering is in a manner comparable to the administration of Ranferon©(a pharmaceutical drug). Those preclinic results may be scientific support to the traditional used of *Graptophyllum pictum* as anti-anemic. Moreover, a clinical survey validation is important to promote the consumption of the infusion made from the leaves of *Graptophyllum pictum* (L.) Nee Griff. to improve iron, anti-oxidant or anti-inflammatory and vitamin C status.

**ACKNOWLEDGEMENTS:** We would like to thank the staff of the National Herbarium of Cameroon for helping us locate and identify the *Graptophyllum pictum* plants.

**Ethical Statement:** This article contain studies involving animals performed by Chancella Eléonore YANDO and Aikore ABDUL HAMED. Those authors had received the authorization of the Yaoundé I University, Research Ethical Clearance Committee: Ethical clearance reference N°: BTC-JIRB2024-117.

**CONFLICT OF INTEREST:** Ferdinand Kouoh Elombo has no conflict of interest. Chancella Eléonore Yando has no conflict of interest. Aikore Abdul Hamed has no conflict of interest. Ruth Viviane Djuikwo has no conflict of interest. Elie Fokou has no conflict of interest. Paul Moundipa Fewou has no conflict of interest.

## REFERENCES:

1. Apouey B, Picone G, Wilde J, Coleman J and Kibler R: Malaria and anemia in children in sub-Saharan Africa:

- effect of mosquito net distribution - Paris School of Economics-CNRS 2016; 40.
2. Institut National de la Statistique (INS) and ICF. International (2012). Cameroon Demographic and Health Survey and Multiple Indicator Cluster Survey 2011. Calverton, Maryland, USA: INS and ICF International.
3. Kushwaha H, Joshi A, Malviya S and Kharia A: Anti-Anemic activity of Hydro – alcoholic extract of Calotropis procera flower on phenylhydrazine- induced anemic rats – Modern Institute of Pharmaceutical Sciences, Indore, Madhya Pradesh- International Journal of Comprehensive and Advanced Pharmacology 2017; 2(1): 6-10.
4. Shukla P, Yadav KN, Singh P, Bansode FW and Singh RK: Phenylhydrazine induced toxicity: a review on its haematotoxicity. International journal of basic and applied medical sciences 2012; 2(2): 86-91.
5. Djuikwo Nkongwa RV, Djeumen Kouamen AL, Yadang G, Panyoo E, Mananga M, SahaFoudjo BU, Djouhou Fowe MC and Fokou E: Nutritional potential of anti-anemic drinks based on *Manihot esculenta* L. or *Graptophyllum pictum* L. leaf extracts consumed in Yaoundé Cameroon. International Journal of Food and Nutrition Research 2021; 5(40): 1-13.
6. Ndhlala AR, Kasiyamhuru A, Mupure C, Chitindingu K, Benhura MA and Muchuweti M: Phenolic composition
7. of *Flacourtia indica*, *Opuntia megacantha* and *Sclerocarya birrea*. Food Chemistry 2007; 103(1): 82- 87.
8. Aina V, Sambo B, Zakari A, Haruna H, Umar K and Akinboboye R: Determination of nutritional and antinutritional content of *Vitis vinifera* (Grapes) grown in Bomo (Area C) Zaira. Nigeria Advance Journal of Food Technoogy 2012; 4(6): 225-228.
9. Olayeye LD, Owolabi J and Adesina O: Chemical composition of red and white cocoyam (*Colocasia esculenta*) leaves. International Journal of Science and Research 2013; 2(11): 121.
10. Harris L and Ray S: Determination of ascorbic acid in urine. Method using titration with 2, 6 dichlorophenol indophenol. Lancet 1935; 1(176): 462.
11. Rodriguez-Amaya D and Kimura M: HarvestPlus Handbook for Carotenoid Analysis. Harvest Plus Technical Monograph. Washington, DC and Call. International Food Policy Research Institute (IFPRI) and International center for Tropical Agriculture (CIAT) 2004; 35-36.
12. Kana-Sop MM, Mananga MJ, Tetanye E and Gouado I: Risk factors of anemia among young children in rural Cameroon. International Journal of Current Microbiology and Applied Sciences 2015; 4(2): 925-935.
13. A.O.A.C. (1980). Official Methods of Analysis. 13th edition, William Horwitz: Washington).
14. Singleton V and Rossi J: Colorimetry of total phenolics with phos-phomolybdcic phosphotungstic acid reagents. American J of Enology and Viticulture 1965; 6: 144-158.
15. Zhishen J, Mengcheng T and Jianming W: The determination of flavonoid contents in mulberry and their scavenging effects on superoxide radicals. Food Chemistry 1999; 64: 555-559.
16. Prieto P, Pineda M and Aguilar M: Spectrophotometric quantitation of antioxidant capacity through the formation of a phosphomolybdenum complex: specific application to the determination of vitamin E. Analytical Biochemistry 1999; 269: 337 – 341.
17. Benzie IE and Strain JJ: The ferric reducing ability of plasma (FRAP) as a measure of “antioxidant power”: the FRAP assay. Analytical Biochemistry 1996; 239: 70-76.

18. Mananga M, Hamadou M, Edoun Ebouel F, Kotue Taptue C and Fokou E: Anti-anemic potential of beetroot (*Beta Vulgaris*), pineapple (*Ananas comosus*) and papaya (*Carica papaya*) juice in phenylhydrazine treated Wistar rats. *American Journal of Pharmacy and the Sciences Supporting Public Health* 2022; 10(09): 17.
19. Bain BJ, Bates I and Laffan MA: *Dacie and Lewis practical haematology*. Elsevier Amsterdam 2016.
20. Nwabu Ekweogu C, Chibueze Ude V, Nwankpa P, Okezie E and Amadike Ugbogu E: Ameliorative effect of aqueous leaf extract of *Solanum aethiopicum* on phenylhydrazine-induced anaemia and toxicity in rats. *Toxicological Research* 2019; 36(3): 227-238. <https://doi.org/10.1007/s43188-019-00021-5>.
21. Suleiman I: Compositional Studies of *Telfairia occidentalis* Leaves. *Am J of Chem* 2011; 1(2): 56-59.
22. Ifeanyi Obeagu E: Iron homeostasis and health: understanding its role beyond blood health – a narrative review. *Annals of Medicine and Surgery* 2025; 87(6): 3362–3371. <https://doi.org/10.1097/MS9.0000000000003100>.
23. ANSES Opinion Request No 2018-SA-0238 Related Request No 2012-SA-0103. OPINION of the French Agency for Food, Environmental and Occupational Health & Safety - on the "Updating of the French dietary reference values for vitamins and minerals. 2021/ 1-32. <https://www.anses.fr/en/system/files/NUT2018SA0238EN.pdf>
24. Organisation mondiale de la santé (OMS). (2017). Cibles mondiales de nutrition 2025. Note d'orientation sur l'anémie, OMS, 8 p. WWW. WHO/NMH/ NHD/14.4
25. CSS (Conseil Supérieur de la santé). (2009). Recommandations nutritionnelles pour la Belgique. P (53)
26. Egea I, Sanchez-Bel P, Ramojaro F and PRETEL MT: Six edible wild fruits as potential antioxidant additives or nutritional supplements. *Plant Foods for Human Nutrition* 2010; 65: 121-129. <https://www.aprifel.com/fr/revue-equation-nutrition/102-octobre-2010/>.
27. Longo-Silva G, Aguiar Toloni MH, Menezes RCE, Asakura L, Araújo Oliveira MA and Aguiar JAC: Introduction of soft drinks and processed juice in the diet of infants attending public day care centers. *Revista Paulista de Pediatria* 2015; 33(1): 34–41
28. Schiavone A, Guo K, Tassone S, Gasco L, Hernandez E, Denti R and Zoccarato I: Effects of a Natural Extract of Chestnut Wood on Digestibility, Performance Traits, and Nitrogen Balance of Broiler Chicks. *Poultry Science* 2008; 87: 521-527.
29. Liener IE: Antinutritional factors in legume seeds: state of the art. *Recent Advances of Research in Antinutritional Factors in Legume Seeds*. International Workshop. 1988; pp. 6-13 [Huisman J, van der Poel AFB and Liener IE, editors]. Wageningen, The Netherlands: Pudoc 1989.
30. Webeto C, Correa AD, de Abreu CMP, dos Santos CD and Pereira HV: Antinutrients in the cassava (*Manihot esculenta* Crantz) leaf powder at three ages of the plant. *Food Science and Technology* 2007; 27(1). <https://doi.org/10.1590/S0101-20612007000100019>.
31. Danso J, Francis A, Reindorf B, John B and David BK: Effect of drying on the nutrient and antinutrient composition of bombax buonopozense sepals. *African Journal of Food Science* 2019; 3(1): 21-29.
32. Anyum FM, Butt MS, Ahmad N and Ahmad I: Phytate and mineral content in different milling functions of some Pakistan spring wheats. *International Journal of Food Science & Technology* 2002; 37: 13-17.
33. Kawabata H and Zeki H: Neural Correlates of Beauty. *Journal of Neurophysiology* 2004; 91: 1699-1705.
34. Hurrell R F, Juillert MA, Reddy MB, Lynch SR, Dassenko SA and Cook JD: Soy protein, phytates and iron absorption in humans. *American Journal of Clinical Nutrition* 1992; 56: 573-578.
35. Bih Achu M, Fokou E, Kansci G and Fotso M: Chemical evaluation of protein quality and phenolic compound levels of some Cucurbitaceae oilseeds from Cameroon. *African Journal of Biotechnology* 2013; 12(7): 735-743.
36. Scherer R and Godoy HT: Antioxidant Activity Index (AAI) by the 2,2-diphenyl-1-picrylhydrazyl Method. *Food Chemistry* 2009; 112: 654-658. <https://doi.org/10.1016/j.foodchem.2008.06.026>.
37. Drits VA and Manceau A: A Model for the Mechanism of Fe<sup>3+</sup> to Fe<sup>2+</sup> Reduction in Dioctahedral Smectites. *Clays and Clay Minerals* 2000; 48(2): 185-195. <https://doi.org/10.1346/CCMN.2000.0480204>.
38. Pingali P, Srinivas P and Reddy M: Study of anti anaemic effect of *Schrebera swietenoides* roxb. in rat models. *Asian Journal of Pharmaceutical Research* 2015; 8(5): 305-308.
39. Gheith I and El-Mahmoudy A: Laboratory evidence for the hematopoietic potential of *Beta vulgaris* leaf and stalk extract in a phenylhydrazine model of anemia. *Brazilian Journal of Medical and Biological Research* 2018; 51(11). <https://doi.org/10.1590/1414-431X20187722>.
40. Wirth MD, Sevoyan M, Hofseth L, Shivappa N, Hurley TG and James R H: The Dietary Inflammatory Index is Associated with Elevated White Blood Cell Counts in the National Health and Nutrition Examination Survey. *Brain, Behavior, and Immunity* 2017; 69: 296–303.
41. Acharya I, Siaton BC and Haas CJ: Macrocytic anemia: a presenting feature of VEXAS syndrome. *Annals of Internal Medicine: Clinical Cases* 2024; 3(6): 231416. <https://doi.org/10.7326/aimcc.2023.1416>.

**How to cite this article:**

Elombo FK, Yando CE, Djuikwo RV, Abdul H, Touole RS, Fokou E and Fewou PM: *Graptophyllum pictum* restores in three days haematologic parameters after phenylhydrazine-induced anemia of inflammation in Wistar rats. *Int J Pharm Sci & Res* 2026; 17(6): 1762-69. doi: 10.13040/IJPSR.0975-8232.17(6).1762-69.

All © 2026 are reserved by International Journal of Pharmaceutical Sciences and Research. This Journal licensed under a Creative Commons Attribution-NonCommercial-ShareAlike 3.0 Unported License.

This article can be downloaded to **Android OS** based mobile. Scan QR Code using Code/Bar Scanner from your mobile. (Scanners are available on Google Playstore)