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EVALUATION OF ANTIOXIDANT ACTIVITY OF LEAVES EXTRACT OF *MORINGA CONCANENSIS* NIMMO ON ISOLATED FROG'S HEART

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ABSTRACT: *Moringa Cocanensis Nimmo* is one of the important medicinal plants belonging to the family *moringaceae*. *Moringa Cocanensis Nimmo* has antipyretic, antihelmintic, antimicrobial, hepatoprotective, and anticancer activities. It is one of the most noted systems of medicine in the world. Ayurveda is based on the hypothesis that everything in the universe is composed of five basic elements *viz.* space, air, energy, liquid, and soil. The traditional system was proved to be more effective when compared to synthetic drugs due to reduction in side effects, adverse effects, and even a little increase in dose was not that dangerous when compared to the synthetic drugs. It was even found to be more economical and safer in all means. Hence, we have chosen the plant *Moringa Concanensis Nimmo*, evaluated its medicinal property and proved its antioxidant nature for replacing synthetic drug formulations. When ringer solution containing H₂O₂ perfused to heart preparation, the muscarinic actions of acetylcholine were not observed much, indicating the oxidative stress on frog heart induced by H₂O₂; this might be due to the desensitization of receptors. The cardiac arrest was proposed at 19.25th min. This result supports the frog heart model for induction of oxidative stress by H₂O₂. In the presence of the extract of the plant, cardiac arrest was observed at 27, 30 min respectively, *i.e.*, heart was protected longer period with plant juice, against H₂O₂ induced oxidative stress when compared with the control.

INTRODUCTION: Herbal medicine is also called as botanical medicine or phytomedicine. It refers to using a plant's seeds, berries, stem, roots, leaves, bark or flowers for medicinal purposes. Herbal medicine is the practice of health care using herbs instead of drugs. Herbs are extremely useful for the treatment of disease and sickness because they are natural and often have fewer adverse side effects than pharmaceutical drugs.

Though drugs generally take less time to work. They often treat symptoms: herbs usually treat the disease itself, though they take longer to start working. Herbalism has a long tradition of use outside of conventional medicine. It is becoming more mainstream as improvements in analysis and quality control along with advances in clinical research show the value of herbal medicine in treating and preventing disease ^{1,2}.

Moringa concanensis Nimmo belongs to the family *Moringaceae*. The plant is distributed in the Ooty, Yercaud area of the Salem district in Tamilnadu, and it is the second species occurring in India. *Moringa concanensis* is restricted in its distribution. *Moringa concanensis Nimmo* is used for various human ailments on its own.

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The preparation of the drug from this plant is very easy and simple. The plant Kattumurungai is entirely different from the Murungai (*Moringa oleifera*). Leaves and flowers are larger in size than *Moringa oleifera*. The bark is very smooth and very hard in both the plant, respectively. These plant leaves are used to reduce the cholesterol and body weight and diabetes, constipation. The juice of the leaves is used in cases of headache, and it is also applied in the eyes in fainting fits due to

nervous debility. The leaves are nutritive and cooling and are useful in removing all kinds of excessive pain. The aqueous extract of the leaves has been found to possess anti-fertility activity³⁻¹¹.

MATERIALS AND METHODS:

Collection of Leaves: The young fresh leaves of *Moringa concanensis* were collected during December and January from Karimnagar, Telangana.



FIG. 1: MORINGA CONCANENSIS NIMMO PLANT

Preparation of Plant Extract: The dried powdered plant material of *Moringa concanensis* was extracted with water using the maceration extraction method. After exhaustive extraction, the collected aqueous extract was subjected to evaporation to obtain the pure drug of extract.

Observation: Weight of the fresh leaves collected: 2kg. Weight of the dried leaves: 500 g. Weight of the powdered drug: 400. Weight of the powder subjected to extraction: 100g. Weight of the extract obtained: 14g. % yield of extract obtained: 14%

Animals: Frogs of *Rana Tagrina* species from the animal house of Vaageswari Institutes Of pharmaceutical Sciences, Karimnagar, was used for the studies.

Evaluation of Anti Oxidant Activity

Isolated frog Heart Preparation Using Symes Cannula: An Indian frog (*Rana tigrina*) was stunned by head-blow using a steel rod and pithed. The skin and abdomen were cut and opened.

The pectoral girdle was cut using a bone cutter and removed the pericardium carefully. Syme's cannula was connected to the reservoir containing the frog Ringers solution and introduced immediately into the heart's sinus venosus.

The connecting blood vessels were cut, and the heart was isolated from the animal and mounted on a stand. The heart was then covered with a thin layer of cotton wool and poured some frog Ringer solution periodically to prevent drying. The heart was connected to the Starlings heart lever and adjusted for recording the responses of the heart. The level of frog Ringer solution in the *Syme's cannula* was maintained by fixing a glass tube into the cork fixed to the reservoir (Marriott's bottle) tightly. The heart was allowed to stabilize, and when the heart rate and cardiac output were taken, the recordings were made on a slow rotating drum, to which a soothed kymograph paper was affixed. The study protocol was approved by the Institutional Animal Ethical Committee, Vaageswari Institute of Pharmaceutical Sciences, JNTU, Hyderabad.



FIG. 2: DISSECTION OF FROG

H₂O₂ Induced Oxidative Stress on Isolated Frog Heart: 230 µl of H₂O₂ in 400 ml of frog Ringer solution was used to induce oxidative stress on isolated frog hearts. The parameters studied include cardiac output, force of contraction, heart rate and cardiac arrest.

Acetylcholine at 10 ng, 20 ng dose levels elicited its muscarinic action like negative inotropic, negative chronotropic and decreased cardiac output.

The same dose levels were repeated in continuous perfusion of frog Ringer solution containing H₂O₂ to the heart preparation and observed the parameters. The time taken to induce cardiac arrest was compared with those of treated heart.

Effect of *Moringa concanensis* Aqueous Leaf Extract on Oxidative Stress: Influence of *Moringa concanensis* extract on oxidative stress was studied by perfusing frog Ringer solution containing extract of the plant and H₂O₂ solution on the isolated frog heart preparation.

The parameters studied include the force of contraction, heart rate, and cardiac output (n=4). The time taken for the cardiac arrest was noted by continuously perfusing the frog Ringer solution containing juices of medicinal plant and H₂O₂ solution.

When isolated frog heart was perfused with normal frog Ringer solution, acetylcholine elicited muscarinic action *i.e.*, negative inotropic, negative chronotropic and decreased cardiac output at 10 ng, 20 ng dose levels. But, in continuous perfusion of frog Ringer solution containing H₂O₂ to the heart

preparation, the muscarinic actions were not observed much (less effect), indicating that the damage of muscarinic receptors by H₂O₂ continuous exposure and this might be no specific damage to the receptor due to oxidative stress induced by H₂O₂.

Finally, it produced cardiac arrest at 19.25th min (average) and was taken as a control (n=4).

RESULTS AND DISCUSSION:

TABLE 1: H₂O₂ INDUCED OXIDATIVE STRESS ON ISOLATED FROG HEART PREPARATION

	Heart Rate (Beats/min)	Cardiac Output (ml)	Cardiac Arrest (min)
Study I	30	6	20
Study II	44	9	22
Study III	36	7	18
Study IV	32	6.2	17
Average	35.5	7.05	19.25

TABLE 2: THE ACTIVITY OF ASCORBIC ACID ON ISOLATED FROG HEART PREPARATION

	Heart Rate (Beats/min)	Cardiac Output (ml)	Cardiac Arrest min
Study I	32	6	30

TABLE 3: THE ANTIOXIDANT ACTIVITY OF PLANT EXTRACT ON ISOLATED FROG HEART PREPARATION

	Heart rate (Beats/min)	Cardiac Output(ml)	Cardiac Arrest(min)
Study I	36	7	26
Study II	38	8	30
Average	37	7.5	28

TABLE 4: PROTECTIVE EFFECT OF SAMPLE JUICE ON CARDIAC ARREST

Sample	Cardiac Arrest (min)
H ₂ O ₂	19.25
Ascorbic acid	30
<i>Moringa concanensis</i> extract	28



FIG. 3: EFFECT OF H₂O₂ CONTINUOUS SUPPLY FROM THE RESERVOIR TO INDUCE OXIDATIVE STRESS ON ISOLATED FROG HEART

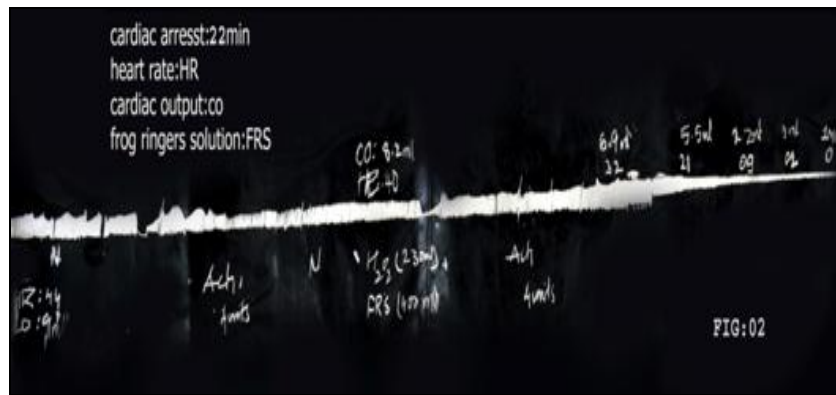


FIG. 4: EFFECT OF H₂O₂ CONTINUOUS SUPPLY FROM THE RESERVOIR TO INDUCE OXIDATIVE STRESS ON ISOLATED FROG HEART

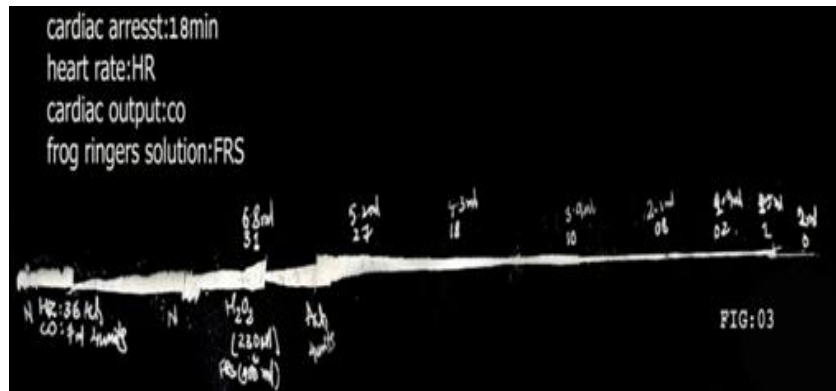


FIG. 5: EFFECT OF H₂O₂ CONTINUOUS SUPPLY FROM THE RESERVOIR TO INDUCE OXIDATIVE STRESS ON ISOLATED FROG HEART



FIG. 6: EFFECT OF H₂O₂ CONTINUOUS SUPPLY FROM THE RESERVOIR TO INDUCE OXIDATIVE STRESS ON ISOLATED FROG HEART

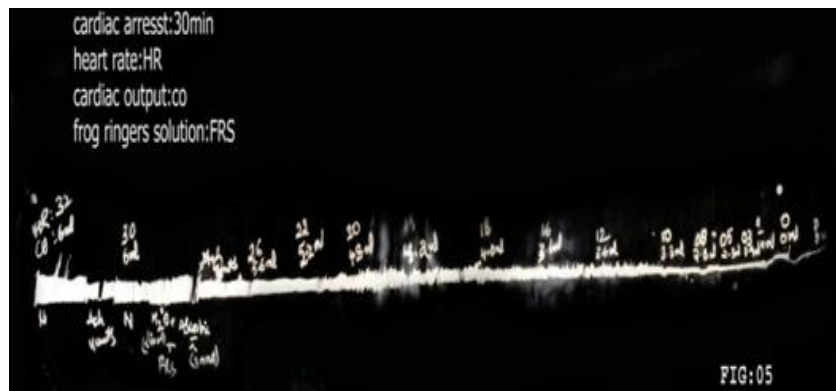


FIG. 7: EFFECT OF H₂O₂ + ASCORBIC ACID CONTINUOUS SUPPLY FROM THE RESERVOIR TO INDUCE OXIDATIVE STRESS ON ISOLATED FROG HEART

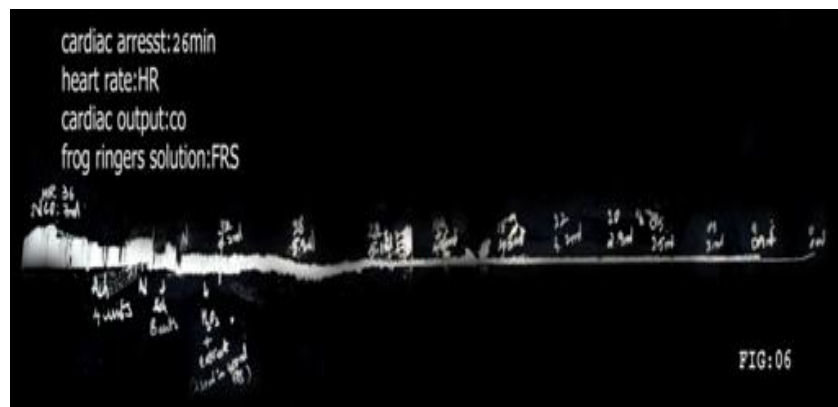


FIG. 8: EFFECT OF $H_2O_2^+$ EXTRACT CONTINUOUS SUPPLY FROM THE RESERVOIR TO INDUCE OXIDATIVE STRESS ON ISOLATED FROG HEART



FIG. 9: EFFECT OF $H_2O_2^+$ EXTRACT CONTINUOUS SUPPLY FROM THE RESERVOIR TO INDUCE OXIDATIVE STRESS ON ISOLATED FROG HEART

The increased demand for medicinal plants has created an ecological crisis for medicinal herbs growing in the wild, raising the alarm about their rate of extinction. The therapeutic benefit of medicinal plants is often attributed to their antioxidant properties due to the presence of flavonoids, a class of natural polyphenols found in green plant cells. In addition, leaf senescence is a crucial developmental stage in the life of plants.

It is the time during which compounds synthesized by the plant during its growth phase are mobilized into younger tissues. Leaf senescence also indicates the beginning of the harvest period and has been shown to affect antioxidant activity. Free radicals are chemical entities that can exist separately with one or more unpaired electrons. The propagation of free radicals can bring about thousands of reactions and thus may cause extensive tissue damage. Lipids, proteins, and DNA are all susceptible to attack by free radicals. Antioxidant may offer resistance against oxidative stress by scavenging the free radicals, inhibiting lipid peroxidation *etc.* Oxidative stress induced by hydrogen peroxide

(H_2O_2) may contribute to the pathogenesis of ischemic-reperfusion injury in the heart. For the purpose of directly investigating the injury potential of H_2O_2 on the heart muscle, a cellular model of H_2O_2 induced myocardial oxidative stress was developed using monolayer rat cardiomyocyte cultures it was reported that an oxidant burden was established by hydrogen peroxide overload may elicit post-ischemic myocardial damage⁹. Earlier reports suggest that oxidative stress or cell damage was induced to the human colon carcinoma cells, Caco-2, cells by exposing hydrogen peroxide at concentrations varying from 0 to $250 \mu\text{m} \cdot 10^+$. It was reported that exposure of a high concentration of H_2O_2 increases apoptotic signals, eventually inducing apoptosis, which resulted in mitochondrial membrane potential disruption. This study induced oxidative stress on isolated frog hearts by perfusing frog Ringer solution containing H_2O_2 . When Ringer solution containing H_2O_2 perfused to heart preparation, the muscarinic actions of acetylcholine were not observed much, indicating the oxidative stress on frog heart induced by H_2O_2 ; this might be due to the desensitization of receptors. The cardiac

arrest was produced at 19.25th min. This result supports the frog heart model for induction of oxidative stress by H₂O₂. In the presence of the extract of the plant, cardiac arrest was observed at were showed. Therefore the cardiac arrest time was prolonged by 27, 30 min respectively, *i.e.*, the heart was protected longer period with plant juice against H₂O₂ induced oxidative stress when compared with the control.

CONCLUSION: The traditional system was proved to be more effective when compared o synthetic drugs due to reduction in side effects, adverse effects, and even a little increase in dose was not that dangerous when compared to the synthetic drugs. It was even found to be more economical and safer in all means. Hence we Have choosen the plant *Moriga concanensis Nimmo* and evaluated its medicinal property, and proved its antioxidant nature for replacing the synthetic drug formulations. When ringer solution containing H₂O₂ perfused to heart preparation, the muscaranic actions of acetylcholine were not observed much, indicating the oxidative stress on frog heart induced by H₂O₂; this might be due to the desensitization of receptors. The cardiac arrest was proposed at 19.25th minute. This result supports the frog heart model for induction of oxidative stress by H₂O₂. In the presence of the extract of the plant, cardiac arrest was observed at 27, 30 min respectively, *i.e.*, the heart was protected longer period with [plant juice, against H₂O₂, induced oxidative stress when compared with the control. Plant authentication and IAEC approval number: BCP/2020/9/116

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