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SYNTHESIS AND CHARACTERIZATION OF MUTUAL PRODRUGS OF MEFENAMIC ACID WITH OTHER NSAIDS

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ABSTRACT: Inflammation and pain have all been successfully treated using nonsteroidal anti-inflammatory drugs. Today's nonsteroidal anti-inflammatory drugs (NSAIDs) are typically taken with restriction due to the gastric intolerance they create. The prodrug approach is quite effective in reducing the side effects caused by NSAIDs. Many nonsteroidal anti-inflammatory drug molecules have been modified in several ways so that they can be less hazardous to the stomach. Using the mutual prodrug concept, the side effects can be minimized by covalently bonding the NSAIDs to the second pharmacologically active carrier. The goal of the current study is to use the coupling approach to create mutual ester prodrugs of NSAIDs (MS and MP) in order to overcome the troubles, they cause, like gastrointestinal toxicity, ulcerogenic side effects, etc. The prodrugs were made by using a better reagent, EDAC 1-Ethyl-3-(3-Dimethylaminopropyl) carbodiimide hydrochloride, because it outperformed DCC (N, N'-Dicyclohexylcarbodiimide) as a coupling agent. The physiochemical properties were determined, and the structures of the synthesized prodrugs were confirmed and analyzed by UV, FT-IR, ¹HNMR, ¹³CNMR Spectroscopy and Mass spectrometry.

INTRODUCTION: The clinical importance of NSAIDs is enormous, but there's a robust risk that they might have negative effects on the abdomen. The ability of NSAIDs to restrict the activity of the enzyme cyclooxygenase (COX) involved in prostaglandin H₂ (PGH₂) production is correlated with their pharmacological effectiveness $^{1, 2}$. It is generally known that COX has two isoforms, COX-I and COX-II, which are controlled in various ways. In the GIT. COX-I is expressed constitutively the stomach in to provide cytoprotection, and COX-II plays a major role in the biosynthesis of prostaglandin, which is expressed in inflammatory cell³.



In a nutshell, the chemical structure of NSAIDs typically consists of an attached acidic group and a hydrophobic aromatic nucleus ⁴⁻⁵. Since, most NSAIDs used clinically block both isoforms, there is sufficient evidence to conclude that COX-I inhibition contributes to the development of stomach ulcers when these agents are used over an extended period of time ⁶⁻⁸. The relatively brief plasma half-life of certain drugs, such as ibuprofen and flurbiprofen, which is about two hours, is another drawback. This results in quick combined action and frequent dosing, producing a robust ulcerogenic impact.

An ester or amide mutual prodrug concept has been employed to overcome this drawback. Derivatization of the carboxylic acid group of NSAIDs into esters or amide prodrugs has been proven to be an effective method that lessens their gastrointestinal ulcerogenic adverse effects ⁹⁻¹⁰. Mefenamic acid, which is a very potent antiinflammatory drug used in several inflammatory diseases such as mild to moderate pain, arthritis, dysmenorrhea, *etc.*, is also associated with various side effects like an upset stomach, gastric irritation, and erosion of the gastroduodenal mucosa ¹¹. Based on the literature available, it has been concluded that co-administration of mefenamic acid with paracetamol or the other NSAIDs may reduce the possibility of NSAIDs induced gastrointestinal ulcerogenicity.

To address this issue, we can temporarily form the ester and/or amide linkages of the free carboxylic group of NSAIDs. The free carboxylic group of the with another **NSAID** condensed was pharmacologically active drug. To name a few prodrugs, Mefenamic acid-PGA mutual to overcome poor solubility ¹², Etodolic and Thymol with reduced ulcerogenic activity ¹³, Piroxican with Aceclofenac, Ibuprofen and Mefenamic acid to reduce gastric side effects ¹⁴, esters of Mefenamic acid with thymol and sesamol with enhanced antiinflammatory activity and reduced gastric toxicity ¹⁵, Mefenamic acid with a tocopherol and a tocopherol acetate to reduce the CNS toxicity and enhance therapeutic efficacy ¹⁶, Galifloxacin – Paracetamol to enhance therapeutic action ¹⁷, p-Aminosalicyclic acid and alkyl, alkoxy carbonyl to increase oral bioavailability ¹⁸, xylitol-ibuprofen ester for enhanced water solubility ¹⁹, Ibuprofensulphanilamide with an improved toxicity profile ²⁰. NSAIDs with 4-(1H-benzo[d] imidazole 2-yl) – phenol (BZ) with better anti-inflammatory potential , Febuxostat-NSAIDs with gastrointestinal safety profile²².

To conceal the free carboxylic group of the NSAIDs and to produce a synergistic antiinflammatory, analgesic and antipyretic effect, a mutual prodrug concept is used for synthesizing conjugates of two NSAIDs so that the expected adverse effect of the individual NSAIDs can be minimized as well as their therapeutic value can be increased. In the present work, we synthesized and characterized two Mutual ester prodrugs of Mefenamic acid with Paracetamol and Salicylic acid (MP and MS) to mask the free carboxylic group of Mefenamic acid in order to lessen the gastrointestinal toxicity of Mefenamic Acid by using a better coupling reagent EDAC than the one (DCC) that was used by Kamal Shah et al. in 2013 23 to overcome the troubles during the purification

of the product. Using EDAC, the byproduct formed during the reaction can be easily separated, making the purification process easier and ensuring a good yield of product.

MATERIALS AND METHODS: Mefenamic acid and Paracetamol were received as gift samples from Gentech Healthcare Pvt. Ltd., Sonipat, Haryana. Reagents like 1-(3-dimethylaminopropyl) -3-ethylcarbodiimide hydrochloride and N, Ndimethyl aminopyridine were purchased from Sisco Research Laboratories Pvt. Ltd., Mumbai, Maharashtra. The other chemicals were from Merck and Rankem, provided by Gurugram University, and all the chemicals were of analytical grade. The melting point was determined by the open capillary method and was uncorrected. The λ_{max} was determined using BaSO₄ pellets on a spectrophotometer Shimadzu 3600 UV at Aryabhata CIL, Maharshi Dayanand University, Rohtak. The IR spectra were recorded on RZX (Perki Elmer) KBr pellets (anhydrous) at CIL, Panjab University, Chandigarh. The ¹H and ¹³C NMR spectra of the synthesized compounds were recorded in CDCl₃ with TMS as an internal standard and the chemical shifts were recorded in δ ppm using a Bruker Avance II 500 NMR spectrometer. SAIF. Panjab University. Chandigarh. The mass spectra were recorded on the SCIEX Triple TOF 5600.

The synthesis was done according to Steglich Esterification²⁴ in which EDAC was used as coupling reagent due to the limitations of DCC over EDAC. DCC must be used with great caution because it is irritating, potentially harmful to organs, and considered an allergen. It generates N, N'-dicyclohexylurea (DCU), a byproduct that is largely insoluble in many organic solvents and insoluble in water. Although the weak solubility of byproduct (DCU) makes it simple to filter out of reaction mixtures, it can be challenging to get rid of any remaining trace amounts, even using column purification chromatography, making timeconsuming. Meanwhile EDAC is a solid that is even simpler to manage. It can be employed in a variety of mild solvents, such as water, DCM, THF, and DMF. The fact that the urea byproduct is water soluble and can be extracted with ease gives it an edge over DCC.



FIG. 1: MECHANISM OF STEGLICH ESTERIFICATION BY EDAC

Synthesis of Mutual Prodrug of Mefenamic acid and Paracetamol (MP) (4-acetamidocyclohexa-2,5-diene-1-yl 2-((2,3-dimethylphenyl) amino) benzoate): Mefenamic acid (30 mmol, 7.23 g), paracetamol (30 mm, 4.54 g), and dichloromethane (DCM) (100 mL) were added to a 250 mL flask with a flat bottom. The temperature of the reaction mixture was kept at 0 °C while adding 1-(3dimethylaminopropyl) - 3-ethyl-carbodiimidehydrochloride (EDAC) (30 mm) and N, N- dimethyl aminopyridine (DMAP) (30 mm) in portions. At room temperature, the reaction mixture was stirred for 4 hours. The mixture was then extracted with 5% HCI (3×100 mL), 5% NaHCO₃ (3×100 mL), and water (3×100 mL), respectively. Combining and drying the CH₂Cl₂ extracts over anhydrous Na₂SO₄. The product was recrystallized from methanol, and yellow-colored, needle-shaped crystals were obtained.



FIG. 2: SCHEME FOR SYNTHESIS OF MP

Synthesis of Mutual Prodrug of Mefenamic Acid and Salicylic Acid (MS) 2-((2,3-dimethylphenyl) amino) Benzoyl) oxy) Benzoic Acid: Mefenamic acid (20 mmol, 4.82 g) and salicylic acid (20 mmol, 2.76g) were dissolved in 50mL of dichloromethane, and then DMAP (10 mmol, 1.22 g) was added. The resulted solution was cooled in an ice/water bath to (0-5) °C, and to these stirred mixtures, EDAC (20 mmol, 3.83 g) in CH₂Cl₂ (5mL) was added dropwise over 10–15 min. After that, the reaction mixture was stirred at 0 °C for 1 hour and then kept in the dark overnight at room temperature. The mixture was then extracted with 5% HCI (3 × 100mL), 5% NaHCO₃ (3 × 100mL), and water (3 × 100 mL), respectively. Combining and drying the CH₂Cl₂ extracts over anhydrous Na₂SO₄. The product was recrystallized from methanol to obtain small circular crystals.



FIG. 3: SCHEME FOR SYNTHESIS OF MS

RESULTSAND DISCUSSION: The synthesis was done according to Steglich Esterification, in which EDAC (1-Ethyl-3-(3-Dimethylaminopropyl) carbodiimide hydrochloride) was used as a coupling reagent and 4-dimethylamino pyridine was used as a catalyst. The initial phase of the reaction process is the interaction between the carboxylic acid and the carbodiimide, most likely through an ion pair, to produce the O-acylisourea.

This intermediate can now either react with a different carboxylate equivalent to produce the symmetric anhydride, with alcohol to produce the undergo intramolecular ester. or it can produce the N-acyl urea rearrangement to byproduct. Since alcohols are typically significantly worse nucleophiles than amines, the degree of N-acyl urea creation is higher in esterification processes driven by carbodiimides than in amide formations. However, the addition of DMAP in catalytic quantities can counteract this tendency by rapidly reacting with O-acylisourea to produce an acyl pyridinium species that isn't capable of forming intramolecular byproducts and can combine with alcohol to produce the ester. A prodrug of mefenamic acid with Paracetamol was synthesized previously by Kamal Shah *et al.* in 2013. The synthesis of the prodrug was done with the coupling reagent dicyclohexylcarbodiimide (DCC), which had limitations.

The byproduct formed during the reaction is Dicyclohexyl urea (DCU), which is difficult to separate from the main product. In the present work, the synthesis was done using 1-Ethyl-3-(3-Dimethylaminopropyl) carbodiimide hydrochloride (EDAC) to overcome this limitation, as the byproduct formed during the reaction is urea, which is water soluble and can be separated by extraction, making purification easier and less time-consuming. The product obtained had a better yield (70.2%) as compared to the yield obtained by

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Kamal Shah *et al.* which was 52.2%. The synthesized ester conjugates (MP and MS) were subjected to physio-chemical analysis, the results of which are provided in **Table 1**, and their

structures were supported and verified by UV, FTIR, ¹H NMR,¹³ C NMR and mass spectroscopy, as shown in **Table 2.**

TARLE 1.	PHYSIO.	CHEMICAL	PROPERTIES	OF SVN	THESIZED	PRODRUGS
IADLE I.	1111010-	CHEMICAL	I KUI EKTIES	OF BILL	IILOILLD	INUDRUGS

Code	Chemical Formula	Molecular Weight	Appearance	Elemental	% Yield	Melting Point
		(g/mole)		Analysis (%)		(°C)
MP	$C_{23}H_{22}N_2O_3$	374.3	Light Yellow	C-73.5, H-6.17,	70.2	139
				N-7.46, O-12.7		
MS	$C_{22}H_{19}NO_4$	361.3	White	C-73.1, H-5.30,	66	224
				N-3.88, O-17.7		

TABLE 2: SPECTRAL DATA OF THE SYNTHESIZED MUTUAL ESTER PRODRUGS

1. Melenannic Aciu - Faracetanioi (Mr	enamic Acid -Paracetamol (MP)
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IR spectra	¹ H NMR	¹³ C NMR	Mass Spectra
$1611 \text{ cm}^{-1} \text{ C}=\text{O}$ ester str.,	δ 8.03 [s, 1H] -NH-CO, δ 6.58	In benzene ring A	$m/z=374(M^{+}),$
1251-1014 cm ⁻¹ C-O ester	[s, 1H] -CH methine, δ 7.55	$[\delta = 119.8(C_1), 137.7(C_2), 132.9(C_3), 138.4($	$224(M^+ =$
str., 3318 cm ⁻¹ N-H amide	[d, 2H] aromatic C-OH, δ 8.13	C_4 ,127(C_5),126.5(C_6)]. In benzene ring	C ₈ H ₈ O ₂ N), 196
str., 1659 cm ⁻¹ C=O amide	[s, 1H] CH-benzene, δ 7.46 [s,	B [δ =148.1(C ₁), 113.4(C ₂), 134.8(C ₃),	$(M^{+}=C_{7}H_{8}ON),$
str., 1190 cm ⁻¹ C-N	1H] CH-benzene, δ 6.67 [s,	118.1(C ₄), 131.2(C ₅), 113.5(C ₆)]. δ=18.8	135
stretching, 3062.31cm ⁻¹	1H] CH-benzene, δ 6.90 [s,	and 20.7 for methyl carbon attached to	
aromatic C-H str., 3318 cm	1H] CH-benzene, δ 7.46 [s,	C_2 and C_3 of benzene ring A. In ring	
¹ N-H str, for secondary	1H] CH-benzene, δ 7.03 [s,	$C[\delta=124.2(C_1), 55.6(C_2), 121.2(C_3)]. \delta=$	
amines	1H] CH-benzene, δ 2.01 [s,	165.2 for ester group carbon. δ = 169.0	
	3H] -CH ₃ , δ 2.19 [s, 3H] -CH ₃	for carbon of amide group	

2. Mefenamic Acid -Salicylic Acid (MS):

IR spectra	¹ H NMR	¹³ C NMR	Mass Spectra
$1647 \text{ cm}^{-1} \text{ C}=\text{O} \text{ ester str.},$	δ 6.67 [s, 1H] CH-	In benzene ring A [δ =119.8(C ₁), 137.7(C ₂),	m/z =
$3313 \text{ cm}^{-1} \text{ N-H}$ amide str.,	benzene, δ 6.71 [s, 1H]	$132.9(C_3), 138.4(C_4), 127(C_5), 126.5(C_6)].$ In	$361(M^{+}),$
3012 cm ⁻¹ aromatic C-H str.,	CH-benzene, δ 6.66 [s,	benzene ring B [δ =148.1(C ₁), 113.4(C ₂),	$224(C_8H_8O_2N$
1256 cm ⁻¹ C-N str., 1256-1039	1H] CH-benzene, δ 2.33[s,	$134.8(C_3), 118.1(C_4), 131.2(C_5), 113.5(C_6)].$), 120
cm ⁻¹ C-O ester	3H] -CH ₃ , δ 8.02 [s, 1H]	δ =18.8 and 20.7 for methyl carbon attached	
stretching,3413.99 cm ⁻¹ for OH	CH-benzene, δ 7.29 [s,	to C_2 and C_3 of benzene ring A. In ring	
of carboxylic group,3313 cm ⁻	1H] CH-benzene, δ 6.71	$C[\delta=124.2(C_1), 55.6(C_2), 121.2(C_3)]. \delta=$	
¹ N-H str, for secondary amine	[s, 1H] CH-benzene, δ	165.2 for ester group carbon. δ = 166.1 for	
	7.16 [s, 1H] CH-benzene	carbon of carboxylic acid group	

The λ_{max} (nm) obtained for MP are 409 and for MS are 304 nm using BaSO₄ pellets.

An ester can be recognized if there is a strong band owing to C=O str. and C-O str. In an IR spectrum, the normal absorption band is 1750–1735 cm⁻¹ for aliphatic esters, but the C=O absorption band shifts to a lower frequency when it is conjugated with a double bond, phenyl, or the ring system, and the C=O absorption frequency lies between 1600–1450 cm^{-1 25}. The observed ester peak in MP is 1611 cm⁻¹ and MS is 1647 cm⁻¹ due to the conjugation of C=O with the rings. The C-O stretch appears in the range of 1256–1039 cm⁻¹ for MP and 1256–1039 cm⁻¹ for MS, which confirms the presence of an ester group in the prodrugs. A broad absorption for -OH of carboxylic acid also occurs in MS. The absorption frequency is around 3300 cm⁻¹ for-NH of secondary amines. The anticipated structures distinctive chemical shifts were visible in the ¹H NMR spectra of the synthesized derivatives. The chemical shift value for the aromatic proton lies between 6.5 to 8.0 ppm as hydrogens attached to the aromatic ring are deshielded by the anisotropic field generated by the π electrons in the ring. The chemical shift of a proton attached to an amide group is about 8.05 ppm. The chemical shift in ¹³C-NMR for aromatic carbon is usually downfield, which is between 110 -175 as the field produced is of non-uniform density and the effect due to this is called the anisotropic effect. The carbon of the ester group also has a downfield chemical shift due to the presence of an electronegative atom, oxygen, which is directly bonded to the carbon and deshields the carbon. The molecular mass of the synthesized prodrugs was confirmed by mass spectrometry. The m/z is observed at 374 and 361, which are the molecular ion peaks for MP and MS, respectively.

CONCLUSION: The authors would like to conclude that the prodrugs were successfully synthesized by using a better coupling reagent in a good yield and their characterization have been done through different spectroscopic methods. The masking of the free carboxylic group of the parent drug – Mefenamic Acid would reduce its side effects; this would result in the enhancement of drug usefulness. It also thus may improve the therapeutic index of the individual drugs.

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