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IN-SILICO PHARMACOKINETIC PROPERTIES PREDICTION OF COUMARINS PRESENT IN AEGLE MARMELOS L.

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ABSTRACT: *Aegle marmelos* L. (Bael Fruit) is rich in bioactive compounds such as coumarins, alkaloids, terpenoids, tannins, flavonoids, and essential oils. This article focused on the pharmacokinetic profiling of coumarins present using an in silico ADME tool called SwissADME which contributes to a better understanding of enhanced drug monitoring and individualization of drug therapy. Log S (ESOL), Log S (Ali), and Log S (SILICOS-IT) values of umbelliferon, scopoletin, scoparone, xanthotoxol, and marmesin show that they are soluble in water which shows they have good absorption and excretion properties. Lipophilicity data shows that all coumarins can penetrate through the blood-brain barrier (BBB) except marmin, while marmesin and marmin have good oral bioavailability. These coumarins can inhibit the CYP1A2, CYP2C19, and CYP2C9 except CYP2D6, and CYP3A4 isoenzymes. This data helps to select leads for further drug discovery and development.

INTRODUCTION: India is the largest producer of fruits and vegetables in the world ranked at second position. In India, about 2500 plant species belonging to more than 1000 genera are being used in the indigenous system of medicine. In terms of both quantity and value of the medicinal plants exported, India ranks second in the world^{2, 5}. It is estimated that approximately 10 to 15 percent of roughly 300,000 species of higher plants have a history of use in traditional medicine. Traditional uses of plants or plant parts give an idea regarding the use of plants for specific kinds of diseases.

Natural coumarins have enormous power as a natural magical remedy for a wide range of diseases, they are present in high concentrations in several dietary plant species like cinnamon, lemon, dill, soy oil, peanut oil, olive oil, etc. In the larger category of nutraceuticals, natural coumarins contribute to various activities, and their pharmacotherapeutic aspects have been already published.

A large amount of coumarin intake may have a negative impact on health as the safety profile of coumarins was not thoroughly reviewed to present data. *Aegle marmelos* (A.M.) commonly known as Bael, is a plant of Indian origin that belongs to the Rutaceae family and has been regarded to possess tremendous medicinal properties^{4, 5}. It is believed that the bael fruit is the symbol of lord Shiva. The leaf of this sacred tree which is vernacularly known as "Tripatra" or "Shivdame" has been essential in

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offerings to Lord Shiva. According to historical records, Bael has been used as a medicine for diarrhea and dysentery treatment since 5000 B. C.⁶ Analyzing and anticipating the pharmacological basis of the therapeutic activity of traditional medicinal plants are decisive for the goal of modernizing their use, considering the complicated and diverse phytoconstituents of the medicinal plants, and defining the specific chemical components in such plants and their major biological function^{6, 7}. The earlier detection of PK/PD properties along with drug-likeness and ADME profiling can save both money and time. It also ensures the safety and stability of the candidate drugs or designed drugs. ADME (absorption, distribution, metabolism, and excretion) studies play a vital role in drug discovery and development with the support of technology, software like SwissADME allows the prediction and compilation of ADME parameters i.e., Physiological properties, Lipophilicity, Water solubility, Pharmacokinetics, Drug likeness, Medicinal chemistry. Selective coumarins present in A.M. like umbelliferon, scopoletin, scoparone, xanthotoxol, marmesin, psoralen, imperatorin (also known as Marmelosin or marmelide), alloimperatorin, and marmin⁸⁻¹³ were taken for *in-silico* ADME screening using SwissADME software.

MATERIALS AND METHODS: The structural features of 11 potent phytoconstituents (Coumarins) include umbelliferon, scopoletin, scoparone, xanthotoxol, marmesin, psoralen, imperatorin, alloimperatorin, and marmin analyzed in the SwissADME free online software (<http://www.swissadme.ch>).

PubChem: Information on chemical substances was taken from the reputed public repository PubChem freely available at <https://pubchem.ncbi.nlm.nih.gov>. was accessed on a web server that displays the chemical information of the resource. Canonical Simplified Molecular Input Line Entry System (SMILES) and their biological activities were obtained by entering the chemical names of small molecules reported in A.M.¹².

SwissADME: *In-silico* study by SwissADME software is user-friendly, the Swiss Institute of Bioinformatics (SIB) developed this a web-based

tool for predicting various properties and co-relating important parameters of drug discovery and development. It computes physicochemical descriptors as well as predicts ADME parameters, drug-like nature, and medicinal chemistry of one or multiple small molecules (mol. wt. \geq 1000 Daltons)¹².

Physicochemical Properties: The range of physicochemical descriptors for small molecules, such as molecular weight, partition coefficient (log P) solubility, hydrogen bond donors and acceptors, and many others were calculated by the software. The prediction of physicochemical properties contributes to estimating drug capacity to cross the biological barriers. The widely used molecular descriptor in drug transport properties, TPSA (topological polar surface area) is the summation of the molecular surface area of polar atoms such as nitrogen, oxygen, and their attached hydrogens^{12, 13}.

Lipophilicity: A drug having sufficient lipophilic character shows good biological activity, by crossing the cell membrane¹⁴. Evaluation of log P or distribution coefficient (log D) are parameters to calculate lipophilicity. Selected software evaluates the lipophilicity in a compound by five models i.e., XLOGP3 (an atomistic method including corrective factors and knowledge-based library), WLOGP (atomistic method based on the fragmental system of Wildman and Crippen), MLOGP (an archetype of a topological method relying on a linear relationship with 13 molecular descriptors)¹⁵, SILICOS-IT log P (a hybrid method relying on 27 fragments and 7 topological descriptors), log P which is the arithmetic mean of all five predictions of lipophilic character¹⁶.

Solubility: A drug is considered soluble when the dose strength is soluble in 250 ml or less of aqueous media over the pH range of 1 to 7.5. A drug should have good aqueous solubility for absorption and oral bioavailability. Water solubility is predicted by three methods Log S (ESOL), Log S (ali), and Log S (SILICOS-IT). Two topological approaches are included in SwissADME to predict water solubility, the first one is the application of the ESOL model²⁰ and the second one is adapted from the Ali model¹⁷.

The third predictor of SwissADME was developed by SILICOS-IT (where the linear coefficient is corrected by molecular weight ($R^2=0.75$)). All predicted values of the molar solubility in water ($\log S$) are the decimal logarithm¹⁸.

Pharmacokinetics: GI absorption of drug display delineation on a plot of two computed descriptors: ALOGP versus PSA respectively. The populated elliptical region represents the presence of well-absorbed molecules termed Egan egg¹⁹. Egan egg model predicts GI passive absorption and brain access by passive diffusion broadly known as BOILED-Egg (Brain or Intestinal Estimated Permeation Predictive Model). Potts and Guy adapted and validated this model by evaluating multiple linear regression, to predict the skin permeability coefficient (K_p), whereas K_p linearly correlated with molecular size and lipophilicity ($R^2 = 0.67$).

The more negative the $\log K_p$ (cm/s), the molecule has less skin permeability. SwissADME applies the support vector machine algorithm (SVM) on meticulously cleansed large datasets of known substrates/non-substrates or inhibitors/non-inhibitors. The “Yes” or “No” format readings are generated in models if the molecule under investigation has a higher probability being substrate or non-substrate of P-gp (respectively inhibitor or non-inhibitor of a given CYP). Inhibition of CYP1A2, CYP2C19, CYP2C9, CYP2D6, and CYP3A4 these isoenzymes is certainly one major cause of pharmacokinetics-related drug-drug interactions leading to toxic or other unwanted adverse effects due to the lower clearance and accumulation of the drug or its metabolites²¹.

Drug Likeness^{20, 22}: It is a key criterion in screening drug candidates at the earlier phase of drug discovery and development. SwissADME performs filtering of chemical libraries to exclude molecules incompatible with an acceptable pharmacokinetics profile with five disparate rule-based filters elemental from considerable Pharma companies intended to improve the condition of proprietary chemical collections. The Lipinski filter (Pfizer) is the first of five rules that characterize small molecules based on physicochemical property profiles such as Molecular Weight (MW)

less than 500, $MLOGP \leq 4.15$, N or $O \leq 10$, NH or $OH \leq 5$. The Ghose filter (Amgen) describes small molecules stationed on the physicochemical property, existence of functional groups, and substructures. The qualifying range includes molecular weight between 160 and 480 Da, $WlogP$ between -0.4 to 5.6, and molar refractivity (MR) between 40 to 130 for a total number of atoms; the qualifying range is between 20 and 70 atoms in a small molecule²³. The Veber filter (GSK filter) model symbolizes molecules as a drug if they have ≤ 10 rotatable bonds and a TPSA equal to or less than 140 \AA^2 with 12 or fewer H-bond donors and acceptors. Compounds with these properties will have good oral bioavailability, reduced TPSA correlates increased permeation rate, and increased rotatable bond counts which have a negative effect on the permeation rate.

Egan filter (Pharmacia filter) anticipates that drug absorption depends on processes involved in the membrane permeability of the small molecule. These models symbolize molecules as a drug if they have $WLOGP \leq 5.88$ and $TPSA \leq 131.6$ respectively⁸. Muegge filter (Bayer filter) is a self-reliant Pharmacophore point filter that segregates drug-like and non-drug-like molecules. These models symbolize molecules as a drug if they have a molecular weight between 200 to 600 Da, $TPSA \leq 150$, Number of rings ≤ 7 , $XLOGP$ between -2 and 5, Number of carbon atoms > 4 , number of heteroatoms > 1 , number of rotatable bonds ≤ 15 , H-bond acceptor ≤ 10 , H-bond donor ≤ 5 respectively. Abbott bioavailability score seeks to predict the probability of a compound to have at least 10% oral bioavailability in rats or measurable Caco-2 permeability which predicts the probability of a compound to have $F > 10\%$ based on the predominant charge at biological pH in a rat model.

Medicinal Chemistry²⁴: This section aims to bolster medicinal chemists in their daily drug discovery endeavors. PAINS (Pan Assay Interference Compounds or frequent hitters or promiscuous compounds) are the molecules that show potent responses in assays irrespective of the protein targets, notably such compounds are reported to be active in many different assays, which can be considered as potential starting points for further exploration.

In other models, Brenk considers compounds that are smaller and less hydrophobic and not those defined by "Lipinski's rule of 5" to widen opportunities for lead optimization. This model restricts the ClogP/ClogD to between 0 and 4, the number of hydrogen-bond donors and acceptors to fewer than 4 and 7, respectively, and the number of heavy atoms to between 10 and 27 respectively. Additionally, only compounds with limited complexity defined as fewer than 8 rotatable bonds, fewer than 5 ring systems, and no ring systems with more than 2 fused rings are considered medicinal.

The concept of lead likeness is designed to provide leads with tremendous affinity in high throughput screening (HTS) that allows for the exploitation of additional interactions in the lead optimization phase. Leads are exposed to chemical modifications that will most likely decrease size

and increase lipophilicity which is less hydrophobic than drug-like molecules. Lead optimization has been done by a rule-based method consisting of molecules with molecular weight between 100 and 350 Da, ClogP between 1 and 3.0, and is greatly considered as superior to those of drug-like compounds and therefore like.

BOILED-Egg Model^{24, 25}: This is used to simultaneously predict two key ADME parameters, i.e., passive GI absorption (HIA) and brain access (BBB). The egg-shaped classification plot consists of the yellow region (i.e., space for BBB permeability) and the white (i.e., the physicochemical space for probable HIA absorption). Certain molecules with properties predicted for low absorption and limited brain penetration are represented by the outside grey region **Fig. 1**.

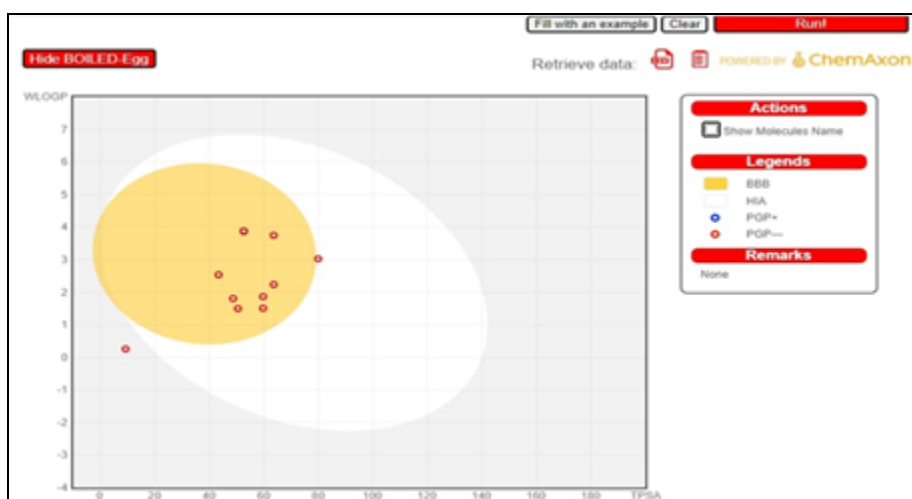


FIG. 1: BOILED-EGG F OR INTUITIVE EVALUATION OF PASSIVE GASTROINTESTINAL ABSORPTION (HIA) AND BRAIN PENETRATION (BBB) IN THE FUNCTION OF THE POSITION OF THE MOLECULES IN THE WLOGP-VERSUS-TPSA REFERENTIAL OF THE COUMARINS OF AEGLE MARMELOS L.

RESULT AND DISCUSSION: The most important and most difficult step in drug discovery and development is carrying out DMPK (drug metabolism and pharmacokinetics) studies, often referred to as ADME. A total of 25 potent phytoconstituents of *Aegle marmelos* were analyzed using the SwissADME web tool i.e.,

umbelliferon, scopoletin, scoparone, xanthotoxol, marmesin, psoralen, imperatorin, alloimperatorin, marmin to study general characteristics, physiochemical properties, lipophilicity, water solubility, pharmacokinetics parameters, drug-likeness, and medicinal chemistry properties.

TABLE 1: THE PUBCHEM IDS OF EACH SMALL MOLECULE, SPECIFY PHYSIOLOGICAL PROPERTIES

Sr. no.	PubChem Id	Phytoconstituent name	Canonical SMILES	Molecular Weight (g/mol)
1	5281426	Umbelliferon	<chem>OC1=CC2=C(C=C1)C=CC(=O)O2</chem>	162.14
2	5280460	Scopoletin	<chem>COC1=C(O)C=C2OC(=O)C=CC2=C1</chem>	192.17
3	8417	Scoparone	<chem>COC1=CC2=C(C=CC(=O)O2)C=C1OC</chem>	206.19
4	65090	Xanthotoxol	<chem>OC1=C2OC(=O)C=CC2=CC2=C1OC=C2</chem>	202.16
5	334704	Marmesin	<chem>CC(C)(C1CC2=C(O1)C=C3C(=C2)C=CC(=O)O3)O</chem>	246.26

6	6199	Psoralen	C1=CC(=O) OC2=CC3=C(C=CO3) C=C21	186.16
7	10212	Imperatorin	CC(=CCOC1=C2C(=CC3=C1OC=C3) C=CC(=O) O2) C	270.28
8	69052	Alloimperatorin	CC(=CCC1C2CCC(=O) OC2C(C2C1CCO2) O) C	270.28
9	6450230	Marmin	CC(=CCOC1=CC2=C(C=C1) C=CC(=O) O2) CCC(C(C)(C) O) O	332.39

The most important and difficult step in drug discovery and development is carrying out DMPK (drug metabolism and pharmacokinetics) studies, often referred to as ADME. In the Lipophilicity property, the rule says, "The larger the log P value greater the lipophilicity".

As shown in **Table 2**, XLOGP3 value of selected coumarin is in the range of -0.7 to + 5.0 size which indicates that they are lipophilic compounds, Log S (ESOL), Log S (Ali), and Log S (SILICOS-IT) values of umbelliferon, scopoletin, scoparone, xanthotoxol, and marmesin shows that they are soluble in water whereas remaining six compounds

viz. psoralen, imperatorin, marmelosin, alloimperatorin, marmelide, and marmin are moderately soluble in water⁶. All other coumarins show good GI absorption whereas marmin shows no penetration at BBB and the rest of the coumarins show penetration at BBB.

All selected coumarins were within the limit of Lipinski, Veber, and Egan filters which makes them have promising drug-likeness properties. The medicinal chemistry properties of coumarins represent that all compounds are active which can be utilized as a starting point for further exploration in the PAINS model.

TABLE 2: LIPOPHILICITY OF SELECTED COUMARINS

Sr. no.	Phytoconstituent name	Log Po/w (iLOGP)	Log Po/w (XLOGP3)	Log Po/w (WLOGP)	Log Po/w (MLOGP)	Log Po/w (SILICOS-IT)	Consensus Log Po/w
1	Umbelliferone	1.44	1.58	1.5	1.04	1.97	1.51
2	Scopoletin	1.86	1.53	1.51	0.76	1.94	1.52
3	Scoparone	2.23	1.71	1.81	1.05	2.42	1.84
4	Xanthotoxol	1.69	1.67	2.24	0.89	2.4	1.78
5	Marmesin	2.55	1.91	1.87	1.6	2.78	2.14
6	Psoralen	2.01	1.67	2.54	1.48	2.91	2.12
7	Imperatorin	3.05	3.5	3.88	2.14	3.99	3.31
8	Alloimperatorin	2.62	3.88	3.75	2.14	3.97	3.27
9	Marmin	3.09	2.81	3.03	1.91	3.78	2.92

From the boiled egg model **Fig. 1**, it has been found that all selected coumarins found in yellow regions (i.e., regions of high BBB absorption and high GI absorption) except marmin which is located on the boundary of the white and yellow

region, so it is high in GI absorption, and it has no BBB permeation property. From selected coumarins, only marmesin and marmin are predicted to be orally bioavailable.

TABLE 3: SOLUBILITY OF SELECTED COUMARINS *S= SOLUBLE AND MS= MODERATELY SOLUBLE

Sr. no.	Phytoconstituent name	Log S (ESOL)	Solubility		Class	Log S (Ali)	Solubility		Class	Log S (SILICOS-IT)	Solubility		Class
			mg/ml	mol/l			mg/ml	mol/l			mg/ml	mol/l	
	Umbelliferon	-2.46	5.66e-01	3.49e-03	S*	-2.25	9.12e-01	5.62e-03	S*	-3.03	1.53e-01	9.42e-04	S*
	Scopoletin	-2.46	6.70e-01	3.48e-03		-2.39	7.79e-01	4.06e-03		-3.17	1.31e-01	6.81e-04	
	Scoparone	-2.56	5.72e-01	2.77e-03		-2.35	9.26e-01	4.49e-03		-3.87	2.76e-02	1.34e-04	
	Xanthotoxol	-2.79	2.99e-01	1.63e-03		-2.62	4.86e-01	2.40e-03		-3.93	2.37e-02	1.17e-04	
	Marmesin	-2.92	2.99e-01	1.22e-03		-2.79	4.03e-01	1.64e-03		-3.93	2.92e-02	1.19e-04	
	Psoralen	-2.73	3.44e-01	1.85e-03		-2.19	6.39e-03	1.19e+00		-4.5	5.87e-03	3.16e-05	MS*
	Imperatorin	-4	2.68e-02	9.91e-05	MS*	-4.29	1.39e-02	5.16e-05	MS*	-5.51	8.33e-04	3.08e-06	
	Alloimperatorin	-4.31	1.33e-02	4.91e-05		-4.91	3.30e-03	1.22e-05		-5.2	1.73e-03	6.38e-06	
	Marmin	-3.52	1.01e-01	3.04e-04	S*	-4.15	2.38e-02	7.16e-05		-4.74	6.09e-03	1.83e-05	

While interpretation of pharmacokinetic data, all selected coumarins showed no inhibition of the isoenzymes like CYP2D6, and CYP3A4 as well as they are not good P-gp substrates. The Isoenzyme CYP1A2 was found to be inhibited by all

coumarins other than marmin. It is observed that coumarin like imperatorin, marmelosin, alloimperatorin, and marmelide will inhibit the isoenzymes like CYP2C19, and CYP2C9.

TABLE 4: PHARMACOKINETICS OF SELECTED COUMARINS

Sr. no.	Phytoconstituent name	GI Absorption	BBB Permeant	P-gp Substrate	CYP1A2 inhibitor	CYP2C19 inhibitor	CYP2C9 inhibitor	CYP2D6 inhibitor	CYP3A4 inhibitor	Log Kp (cm/s)
1	Umbelliferon	High	Yes	No	Yes	No	No	No	No	-6.17
2	Scopoletin	High	Yes	No	Yes	No	No	No	No	-6.39
3	Scoparone	High	Yes	No	Yes	No	No	No	No	-6.34
4	Xanthotoxol	High	Yes	No	Yes	No	No	No	No	-6.35
5	Marmesin	High	Yes	No	Yes	No	No	No	No	-6.45
6	Psoralen	High	Yes	No	Yes	No	No	No	No	-6.25
7	Imperatorin	High	Yes	No	Yes	Yes	Yes	No	No	-5.46
8	Alloimperatorin	High	Yes	No	Yes	Yes	Yes	No	No	-5.19
9	Marmin	High	No	No	No	No	No	No	No	-6.33

TABLE 5: DRUG LIKENESS PROPERTY

Sr. no.	Phytoconstituent name	Lipinski	Ghose	Veber	Egan	Muegge	Bioavailability score
1	Umbelliferon	Yes	No; 1 violation: #atoms<20	Yes	Yes	No; 1 violation: MW<200	0.55
2	Scopoletin	Yes	Yes	Yes	Yes		0.55
3	Scoparone	Yes	Yes	Yes	Yes	Yes	0.55
4	Xanthotoxol	Yes	Yes	Yes	Yes	Yes	0.55
5	Marmesin	Yes	Yes	Yes	Yes	Yes	0.55
6	Psoralen	Yes	Yes	Yes	Yes	No; 1 violation: MW<200	0.55
7	Imperatorin	Yes	Yes	Yes	Yes	Yes	0.55
8	Alloimperatorin	Yes	Yes	Yes	Yes	Yes	0.55
9	Marmin	Yes	Yes	Yes	Yes	Yes	0.55

In the Brenk model, imperatorin, marmelosin, marmalade and marmin are four compounds found to be good lead compounds according to lead likeness score. Overall synthetic accessibility score shows the ease of compound synthesis on a scale of

1 (very easy) to 10 (very difficult). So, it is found that all selected coumarins have synthetic accessibility scores between 2.56 – 4.02 which indicates they are moderate to synthesize.

TABLE 6: MEDICINAL CHEMISTRY PROPERTIES OF SELECTED COUMARINS

Sr. no.	Phytoconstituent name	Violations		Lead Likeness	Synthetic Accessibility
		PAINS	Brenk		
1	Umbelliferon	0	1 alert: coumarin	No; 1 violation: MW<250	2.56
2	Scopoletin				2.62
3	Scoparone				2.77
4	Xanthotoxol				2.94
5	Marmesin				3.35
6	Psoralen				3.06
7	Imperatorin		2 alerts: coumarin,	Yes	3.22
8	Alloimperatorin		isolated alkene	No; 1 violation: XLOGP3>3.5	3.2
9	Marmin			Yes	4.02

Nowadays, due to continuous advancement in computer science, computer-based drug designing has been employed very widely in the prediction of ADMET properties of the drugs which leads to budding stage drug discovery. The rationale behind these *in-silico* approaches is due to the relatively lower cost time factor involved compared to standard ADMET profiling. As an example, it will

take a minute in an *in-silico* model to screen 20,000 or more molecules but it will take 20 weeks in the “wet” laboratory to do the same exercise. A host of these theoretical models have been implemented in several software programs currently available for drug discovery protocols. Even though some of the predictions are often disappointing, the software tools currently used to predict the ADMET

properties of potential drug candidates often make use of quantitative structure-activity relationships, QSAR. In the present study, we used SwissADME, a free online software tool for the users to evaluate the ADME properties of individual phytoconstituents present in *Aegle marmelos*.

CONCLUSION: Natural coumarins have enormous power as a natural magical remedy for a wide range of diseases, they are present in high concentrations in several dietary plant species like cinnamon, peanut oil, olive oil, etc. The use of computer-based techniques in drug discovery and development is widely appreciated in terms of implementation, time, and money. This data supports conducting pre-clinical and clinical trials of bael fruit-based products such as squash, jelly, candy, etc. which will increase their value as food and nutraceutical products by a huge margin. This information can be further used as a primary tool for evaluating the biological and pharmacological properties of the plant.

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