



Received on 16 May, 2014; received in revised form, 19 July, 2014; accepted, 17 August, 2014; published 01 December, 2014

METHOD DEVELOPMENT AND VALIDATION FOR SIMULTANEOUS ESTIMATION OF LAMIVUDINE, TENOFOVIR AND EFAVIRENZ IN COMBINED TABLET DOSAGE FORM BY RP-HPLC AND UV-SPECTROSCOPIC METHOD

Akula Srinath*, B. Sneha, Akhila Alladi, Rayees Ahmed and R.G. Kulkarni

Department of Pharmaceutical Analysis, Trinity College of Pharmacy, Peddapally, Karimnagar, A.P., India.

Keywords:

RP-HPLC and UV spectroscopy,
Lamivudine, Tenofovir,
Efavirenz.

Correspondence to Author:

Akula Srinath

Department of Pharmaceutical
Analysis, Trinity College of
Pharmacy, Peddapally, Karimnagar
Dist-505172, A.P. India.

E-mail: srinathaks@gmail.com

ABSTRACT: A rapid and sensitive RP-HPLC method with UV detection and UV spectrophotometric method for the determination of Lamivudine, Tenofovir and Efavirenz simultaneously in combined tablet dosage form was developed. Chromatography was performed with mobile phase containing a mixture of methanol: Water (pH adjusted to 2.5) and 0.1 % TEA in the proportion of (68: 32 % v/v) the samples were injected onto Symmetry C18 Column (4.6 x 100mm, 5µm, Make: HYPERSIL ODS) column. The flow rate was 1.2ml.min⁻¹. The samples were detected at 260nm. The UV spectrophotometric method was performed at 272nm for Lamivudine, 260 nm for Tenofovir and 247 nm for Efavirenz, and samples were prepared with a solution of Water methanol (30:70 % v/v). The assay was linear in range from 25% to 150% targeted concentration and regression coefficient for all three drugs was found to be 0.999 highly significant for the method. The proposed methods were simple, rapid, precise, accurate and sensitive, and can be used for the routine of the quality control in pharmaceuticals.

INTRODUCTION: Lamivudine is reverse transcriptase reported to be active against HIV-1, HIV- 2 and hepatitis B virus. Lamivudine, chemically 4 - amino - 1 - [(2R, 5S) - 2 - (hydroxyl methyl) - 1, 3 - oxathiolan - 5 - yl] - 1, 2-dihydropyrimidin-2-one. It is a synthetic nucleoside analogue and is phosphorylated intracellularly to its active 5'- triphosphate metabolite, Lamivudine triphosphate (L-TP). This nucleoside analogue is incorporated into viral DNA by HIV reverse transcriptase an HBV polymerase, resulting in DNA chain termination.

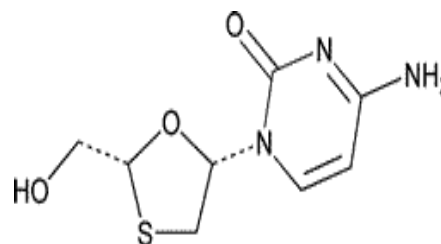


FIG 1: CHEMICAL STRUCTURE OF LAMIVUDINE

Tenofovir disoproxil fumarate (TDF) belongs to the class of antiretroviral drugs known as nucleotide analogue reverse transcriptase inhibitors (nRTIs), which blocks reverse transcriptase, an enzyme crucial to viral production in HIV-infected people. Chemically TDF is 9[(R)-2-[[bis [[(isopropoxycarbonyl) oxy] methoxy] phosphinyl] methoxy] propyl] adenine fumarate. TDF is the first nucleotide analog approved for HIV-1 treatment^{3,4}.

QUICK RESPONSE CODE	DOI: 10.13040/IJPSR.0975-8232.5(12).5491-97
	Article can be accessed online on: www.ijpsr.com
DOI link: http://dx.doi.org/10.13040/IJPSR.0975-8232.5(12).5491-97	

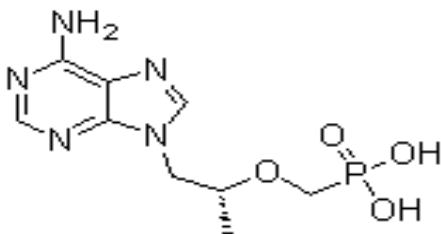


FIG 2: CHEMICAL STRUCTURE OF TENOFOVIR

Efavirenz is a human immunodeficiency virus type-I (HIV-I) specific non nucleoside reverse transcriptase inhibitor (NNRTI). Efavirenz is chemically described as (S) - 6 - chloro - 4 - (cyclopropylethynyl) - 1, 4 - dihydro - 4 - (trifluoromethyl) - 2H - 3, 1 - benzoxazin - 2 - one⁵

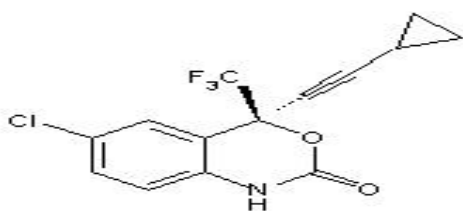


FIG 3: CHEMICAL STRUCTURE OF EFAVIRENZ

A literature survey reveals that analytical methods based on HPLC¹⁸⁻³⁰, HPTLC¹³⁻¹⁷, UV Spectrometry⁷⁻¹² are available for the determination of these drugs individually and in combination with other drugs in different dosage forms, there is one analytical method reported with Acetonitrile and phosphate buffer pH 4 for the simultaneous estimation of Lamivudine, Tenofovir and Efavirenz in a Combined Dosage Form. The aim of the present work is develop a simple, precise, accurate, and rapid method with less run time for the determination of Lamivudine, Tenofovir and Efavirenz in a Combined Dosage Form without lack of interference.

MATERIALS AND METHODS:

Instruments:

High Performance Liquid Chromatographic system (waters) equipped with auto sampler, UV detector. Glass Van Hypodermic injecting syringe and Symmetry C18 Column (4.6 x 100mm, 5 μ m, Make: HYPERSIL ODS) and UV- Visible Spectrophotometer (Lab India)

Reagents:

Working Standards of Lamivudine, Tenofovir and Efavirenz; Methanol of HPLC Grade (Merck); and

Orthophosphoric acids are of reagent grade (Merck); Millipore water

Preparation of Mobile Phase:

Add 0.1 ml of Triethylamine to HPLC water in 1000 ml beaker, diluted to 1000 ml with HPLC water. pH of the solutions was adjusted to 2.5 with Orthophosphoric acid. 320 mL buffer (32%) and 680 mL of methanol HPLC (68%) were mixed, degassed in ultrasonic water bath for 5 minutes and filtered through 0.45 μ filter under vacuum filtrate ion.

Preparation of Standard solution:

For HPLC method: 10 mg of Lamivudine and 10 mg of Tenofovir and 20mg of Efavirenz working standards were accurately weighed and transferred into a 10mL clean dry volumetric flask about 7mL of diluents (mobile phase) was added and sonicated to dissolve it completely and volume was made up to the mark with the diluents, the solution was filtered through 0.45 μ filter under vacuum filtration (Stock solution). Further 0.3ml of this solution was pipetted into a 10ml volumetric flask and diluted up to the mark with diluents (Standard Solution). The solution was filtered through 0.45 μ filter under vacuum filtration.

For the UV Spectrophotometric method: 10mg of Lamivudine and 10mg of Tenofovir and 20mg of Efavirenz working standards were accurately weighted, transferred to a 100ml volumetric flask and dissolved in a methanol: water solution. 0.6 ml of this solution was diluted to 10.0 ml with a methanol: water. Concentrations of 6 μ g.ml Lamivudine, 6 μ g.ml Tenofovir and 12 μ g.ml Efavirenz were prepared.

Preparation of Sample Solution:

For HPLC Method: Accurately weighed 1754.5 mg of Lamivudine and Tenofovir and Efavirenz tablet powder transferred into a 100 mL clean dry volumetric flask, and sonicated to dissolve and volume made up to the mark with the diluents,. Pipette 0.1 ml of this solution was pipetted out into a 10 ml volumetric flask and diluted up to the mark with diluents (sample solution).

For UV-Spectrophotometric Method:

The powder equivalent to 10mg of Lamivudine, Tenofovir disoproxil fumarate and 20 mg of

Efavirenz was weighed accurately and transferred into a 100 ml standard volumetric flask. An aliquot of 0.6 ml of test solution was diluted to produce the concentration 6 mcg / ml of Lamivudine, Tenofovir disoproxil fumarate and 12 mcg/ml of Efavirenz.

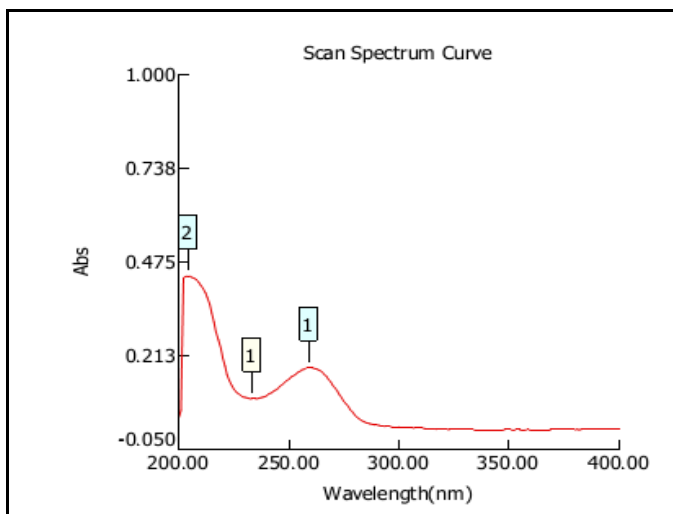


FIG 4: SPECTRUM OF LAMIVUDINE

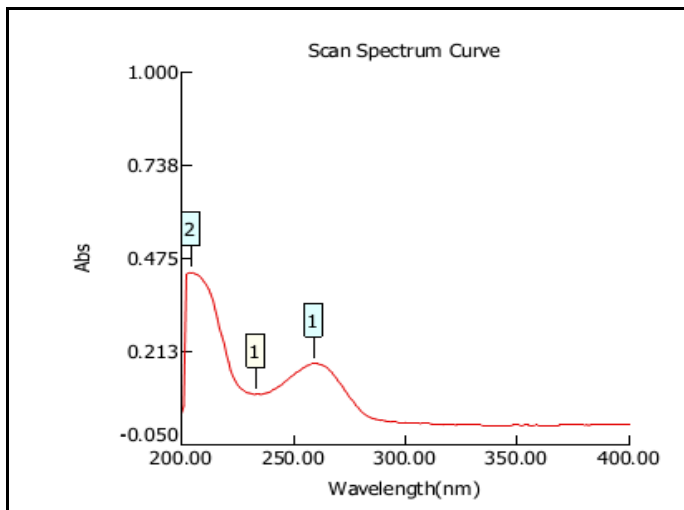


FIG 5: SPECTRUM OF TANOFOVIR

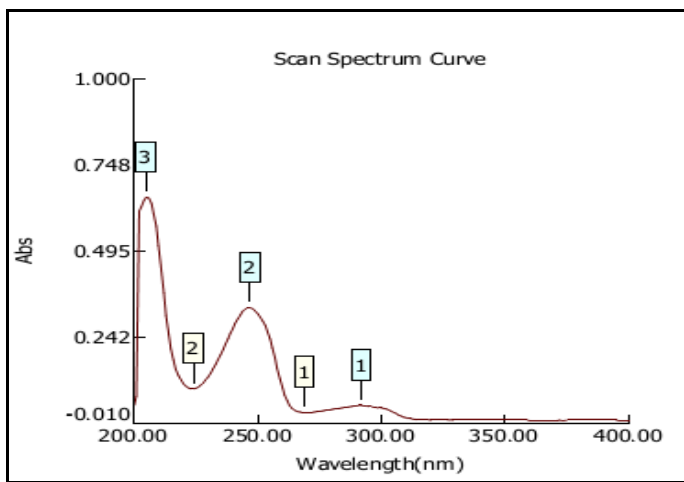


FIG 6: SPECTRUM OF EFFAVARENZ

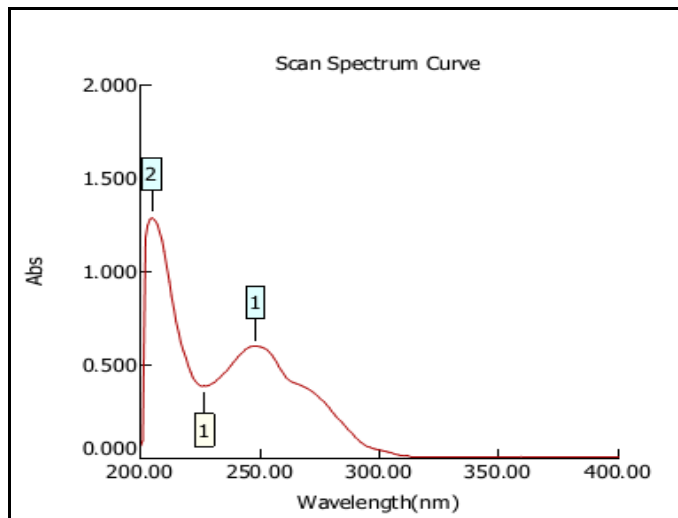


FIG 7: SPECTRUM OF ASSAY FORMULATION

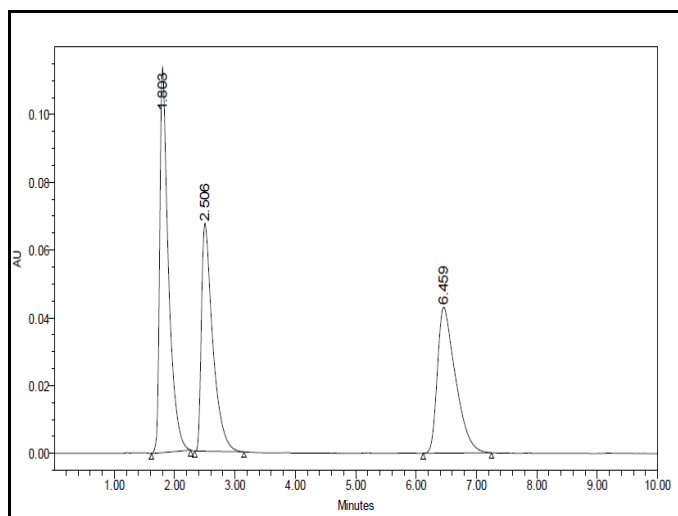


FIG 8: FORMULATION CHROMATOGRAM

RESULTS AND DISCUSSION:

Method Validation:

Specificity

To check the specificity placebo, standard and sample solutions were injected, verified that there no interference of tablets excipients.

Linearity:

The calibration curve was obtained with five concentrations of the standard solution for 10-50 mcg / ml of Lamivudine, Tenofovir disoproxil fumarate and 20-100 mcg/ml of Efavirenz for HPLC method and 2-10 mcg / ml of Lamivudine, Tenofovir disoproxil fumarate and 4-20 mcg/ml of Efavirenz for UV spectrophotometric method. The linearity was evaluated by linear regression analysis, which was calculated by the least square regression method

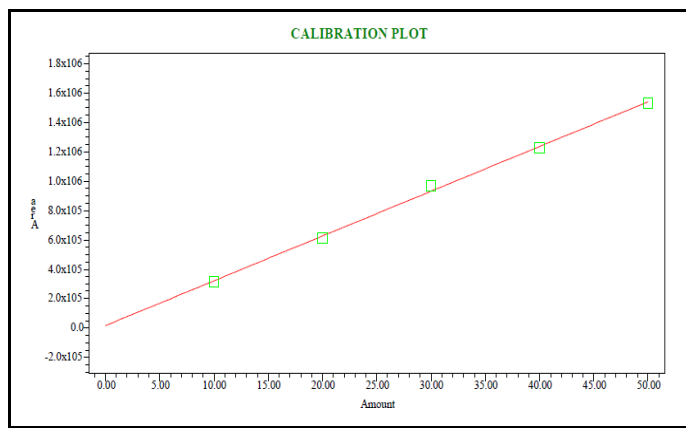


FIG 9: LAMIVUDINE CALIBRATION CURVE

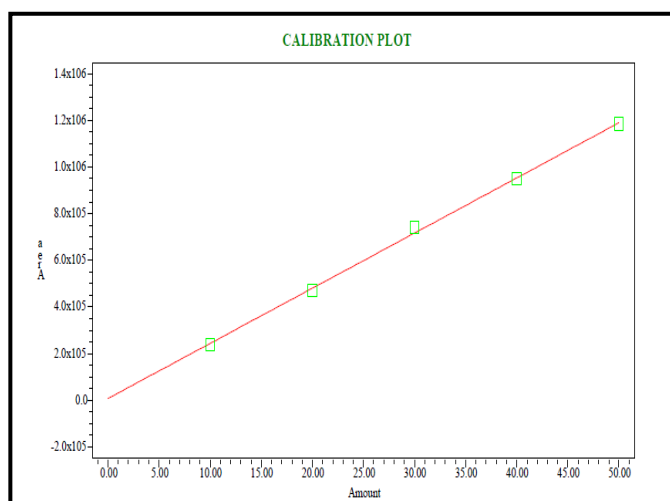


FIG 11: EFAVIRENZ CALIBRATION CURVE

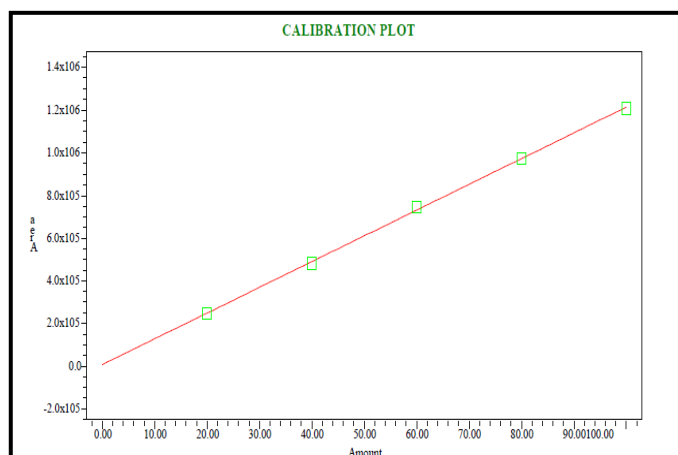


FIG 10: TENOFOVIR CALIBRATION CURVE

Precision

The assay precision was carried out by repeatability (within-day) and intermediate precision (inter-day). five sample solutions (10 mcg / ml of Lamivudine, Tenofovir disoproxil fumarate and 20mcg/ml of Efavirenz for HPLC method and 6 mcg / ml of Lamivudine, Tenofovir disoproxil fumarate and 12mcg/ml of Efavirenz for UV-Spectrophotometric method. for UV spectrophotometric method) were prepared and assayed in triplicate.

TABLE I: PRECISION

Drug	Lamivudine		Tenofovir		Efavirenz	
	UV method	HPLC method	UV method	HPLC method	UV method	HPLC method
Precision Analyst – 1 % RSD	0.27	0.91	0.24	0.92	0.16	0.43
Intermediate precision Analyst – 2 % RSD	0.45	0.49	0.24	0.44	0.40	0.15

Accuracy: Sample solutions were prepared at three different concentrations 50%, 100% and 150% and known amount of sample was added to this

solutions and recovery of added sample was studied.

TABLE 2: ACCURACY RECOVERY STUDIES

Concentration added	Lamivudine mean % recovery		Tenofovir mean % recovery		Efavirenz mean % recovery	
	UV method	HPLC method	UV method	HPLC method	UV method	HPLC method
50%	98.37	101.7%	100.38	99.8%	99.89	99.5%
100%	100.27	99.9%	99.09	99.7%	99.84	99.2%
150%	101.44	101.2%	101.03	100.6%	98.61	99.7%

Robustness: To evaluate the robustness of the developed method, small deliberate variations in optimized method parameters were done such as

small changes in the percentage of methanol (10-15%) in the mobile phase, flow rate (1.08-1.32ml.min⁻¹), effect of these changes on retention

time, peak symmetry, resolution and theoretical plates were evaluated.

Limit of Detection and Quantification

LOD was determined using the signal-to noise ratio, and then comparing the test results from the samples with known concentrations. The analyte concentration that produced a signal-to-noise ratio of 3:1 was accepted as LOD. Limit of quantification (LOQ) is defined as the lowest concentration of the analyte that can be determined with acceptable precision and accuracy under the stated experimental conditions.

To develop a simple, precise, accurate, and rapid Reverse Phase High Performance Liquid Chromatographic method and UV-Spectrophotometric for simultaneous estimation of Lamivudine, Tenofovir and Efavirenz, different chromatographic conditions were tried. The symmetry C18 column, mobile phases containing mixture of Water (pH adjusted to 2.5), methanol (32:68% v/v) and 0.1 % TEA and the flow rate of 1.2 mL/min found to resolve all three components with good peak symmetry and theoretical plates.

The retention times for Lamivudine, Tenofovir and Efavirenz were found to be 1.801 min, 2.506 min and 6.549 min respectively. The specificity of the method was assessed by comparing the retention time of standard Lamivudine, Tenofovir, Efavirenz and sample, good correlation was obtained between the retention time of standard and sample. Placebo and blank were injected and there were no peaks.

There are no interferences hence method is specific. The linearity range for Lamivudine, Tenofovir and Efavirenz were found to be as 10-50 ppm, 10-50 ppm and 20-100 ppm respectively. The regression equation for Lamivudine, Tenofovir and Efavirenz were found to be as $y = 30493X + 17236$, $y = 23639X + 7866$ and $y = 24132X + 7854$ respectively and correlation coefficient (R²) for all three drugs found to be 0.999. Percentage relative standard deviation (%RSD) was found to be less than 2% for sample analysis that proves method is precise.

The recovery studies shown recovery of the sample is between 99-102% that proves methods accuracy. The analysis of sample by second analyst did not

shown any effect on its performance. The small deliberate changes in mobile phase composition, pH of the buffer and flow rate did not show any impact on retention time, peak symmetry, resolution and theoretical plate count. The limit of detection for Lamivudine, Tenofovir and Efavirenz found to be 0.04µg/ml, 0.08µg/ml, and 0.25µg/ml. The limit of quantification for Lamivudine, Tenofovir and Efavirenz found to be 0.16µg/ml, 0.27µg/ml, and 0.84µg/ml.

The proposed spectrophotometric method allowed a rapid and accessible quantitation of Lamivudine, Tenofovir and Efavirenz in tablets without any time-consuming sample preparation. The absorption spectra was wavelength of 272 nm for Lamivudine, 260 nm for Tenofovir and 247 nm for Efavirenz used. The calibration curves were constructed in the range of and 2-10 mcg / ml of Lamivudine, Tenofovir disoproxil fumarate and 4-20mcg/ml of Efavirenz. The representative equation analysis for Lamivudine, Tenofovir and Efavirenz were found to be as $y = 0.054X + 0.0086$, $y = 0.029X + 0.0015$ and $y = 0.024X + 0.0423$ respectively and correlation coefficient (R²) for all three drugs found to be 0.999.

The limit of detection for Lamivudine, Tenofovir and Efavirenz found to be 0.97µg/ml, 0.1.65 µg/ml, and 2.5µg/ml. The limit of quantification for Lamivudine, Tenofovir and Efavirenz found to be 2.9µg/ml, 5.0µg/ml, and 7.6µg/ml. respectively, a good accuracy of the method was verified with a mean recovery of 99-101% within day and inter-day. Finally, the method showed to be specific for the determination of Lamivudine, Tenofovir and Efavirenz in tablets

CONCLUSIONS: The proposed method's are simple, specific, accurate and precise and hence can be used in routine for estimation of Lamivudine, Tenofovir and Efavirenz in tablet dosage. Statistical analysis of the results has been carried out revealing high accuracy and good precision. The percentage RSD for all parameters was found to be less than two, which indicates the validity of the method's and assay results obtained by this method are in fair agreement.

ACKNOWLEDGEMENTS: The authors are very much thankful to Principal and Management,

Trinity College Of Pharmaceutical sciences, Peddapally for providing fulfillment of all facilities and also I especially thanks to my guide for his valuable guidance and I am thankful to Pharmatrain research labs, Hyderabad, A.P, for providing me bulk drugs. Thanks are also extended to my lecturers and friends who helped me throughout my project work.

REFERENCES:

1. Merck Research Laboratoires : The Merck Index, 14th edition 2006.
2. Government of India, ministry of health and welfare: Indian pharmacopoeia. Published by The Indian pharmacopoeia commission, Ghaziabad, 2007.
3. British Pharmacopoeia Commission, UK: British Pharmacopoeia. The Stationary Office, 2009.
4. United States Pharmacopoeial Convention, Rockville, MD: United States of Pharmacopoeia, 2009.
5. Sweetman SC, Martindale: The complete drug reference. The Pharmaceutical Press, 2009.
6. Goodman & Gilman: The Pharmacological Basis of therapeutics (CDROM). Hardman, J.G., Limbird, L.E., Eds.; McGraw- Hill Companies: Hightstown, NJ, 11th Edition 2006.
7. R. Sharma and K. Mehta: Simultaneous Spectrophotometric Estimation of Tenofovir Disoproxil Fumarate and Lamivudine in Three Component Tablet Formulation Containing Efavirenz. Indian J Pharm Sci 2010; 4:527-530.
8. Ramesh.J, A rul Prakasam. K.C, Sowjanya Chavva, Chintham Reddy and Poojitha, Morampudi: Simultaneous Estimation of Lamivudine and Tenofovir Disoproxil IJPI's Journal of Analytical Chemistry Fumerate in Pure and in Tablet Formulation by First Derivative Spectrophotometric Method. Journal of Analytical Chemistry 2011;3: 17-20
9. Bojja Soumya, Thimmaraju Manish Kumar and Nerella Raghunandhan: Simultaneous Determination of Tenofovir disoproxil fumarate and Lamivudine by UV Spectrophotometric Method. International Journal of Pharmacy and Pharmaceutical Science Research 2012; 2: 9-15.
10. Anandakumar Karunakaran, Kannan Kamarajan and Vetrichelvan Thangarasu: Development and Validation of First-Derivative Spectrophotometric Method or the Simultaneous Estimation of Lamivudine and Tenofovir disoproxil fumarate in Pure and in Tablet Formulation. Scholars Research Library Der 2010; 3:221-228
11. G deepali and M Elvis: UV spectrophotometric method for assay of the anti-retroviral agent lamivudine in active pharmaceutical ingredient and in its tablet formulation. Journal young pharm 2010; 3:417-419.
12. A. Biksham babu, G. Ramu, ch. Murali krishna, S. Brahma reddy, and C. Rambabu: Spectrophotometric determination of Lamivudine in pure and tablet forms.e-journal of chemistry 2012; 569-575.
13. Joshi M, Nikalje AP, Shahed M, Dehghan: HPTLC Method for the Simultaneous Estimation of Emtricitabine and Tenofovir in Tablet Dosage Form. Indian Journal of Pharmaceutical Sciences 2009; 1: 95-97.
14. P. Chandra, A. S. Rathore, L. Sathiyarayanan and K. R. Mahadik: Application of Hig-performance Thin-layer Chromatographic Method for the Simultaneous Determination of Lamivudine and Tenofovir Disoproxil Fumarate in Pharmaceutical Dosage Form. J. Chil. Chem. Soc 2011; 2:702- 705.
15. Mardia R. B., Suhagia B. N., Pasha T. Y., Chauhan S. P. And Solanki S: Development and Validation of Hptlc Method for Estimation of Tenofovir Disoproxil Fumarate in Tablet Dosage Form. Journal of pharmaceutical science and bioscientific research 2012; 3:73-76.
16. Shweta havele and sunil R. Dhaneshwar: Stress studies of tenofovir disoproxil Fumarate by hptlc in bulk drug and pharmaceutical formulation. The scientific world Journal 2012; 2:5-13.
17. Laxman V. Potale, Amol S. Khodke, Shangires M. Patole, M.C Damle: Development and Validation of Stability Indicating HPTLC Method for Determination of Efavirenz as Bulk Drug and in Pharmaceutical Formulation. Journal of Advanced Pharmaceutical Research 2010; 3:115-122.
18. G. Bhargavi, Karnaker Reddy. T, Mohammad Younus, Ravindra Reddy. Y: Method Development and Validation of Lamivudine, Tenofovir and Efavirenz in a Combined Dosage Form by RP-HPLC. Journal of Pharmacy Research 2012; 2:711-714.
19. N Appala Raju and Shabana Begum: Simultaneous RP-HPLC Method for the Estimation of the Emtricitabine, Tenofovir Disoproxil Fumerate and Efavirenz in Tablet Dosage Forms Research .Journal of Pharmacy and Technology 2008;5:27-43.
20. K Anand Babu, B Jaykar: Analytical Method Development and Validation for Simultaneous Estimation of Zidovudine, Lamivudine and Nevirapine Tablet by RP-HPLC. International Journal of Pharmaceutical Research and Development 2011; 4:9-14.
21. Anandakumar Karunakaran, Kannan Kamarajan, Vetrichelvan Thangarasu: A Validated Rp - Hplc Method for Simultaneous Estimation of Lamivudine and Tenofovir Disoproxil Fumarate in Pure and In Tablet Dosage Form. Eurasian Journal of Analytical Chemistry 2012; 2:23-41.
22. V.R. Ravikumar P.V. Hemalatha: RP-HPLC Method for the Simultaneous Estimation of Lamivudine and Abacavir Sulphate in Tablet Dosage Form. International Journal on Pharmaceutical and Biomedical Research 2013; 4:34-52.
23. Rajesh Sharma and Pooja Gupta: A Validated RP - HPLC Method for Simultaneous Estimation of Emtricitabine and Tenofovir Disoproxil Fumarate in a Tablet Dosage Form. Eurasian Journal of Analytical Chemistry 2009; 4: 276-284.
24. Naser L. Rezk, rustin D. Crutchley, angela D.M. Kashuba: Simultaneous Quantification Of Emtricitabine And Tenofovir In Human Plasma Using High-performance Liquid Chromatography After Solid Phase Extraction. Journal of Chromatography B Volume 2005; 201-208.
25. Jayaraman Anbu, C. Roosewelt, Ashwini Anjana, G. Srinivasa Rao and R. Sathish: Simultaneous Estimation of Lamivudine and Stavudine in Tablet Dosage Form by RP-HPLC. International Journal Of Life Science And Pharmacy Research 2012;5: 51-55
26. Jayaseelan S , Ganesh S , Rajasekar M , Sekar V, Perumal P: A New Analytical Method Development And Validation For The Simultaneous Estimation Of Lamivudine And Stavudine In Tablet Dosage Form By RP-HPLC Method. Pharm Tech Res 2010; 2:1539-42.
27. Richa. A. Dayaramani, Paresh U Patel: Simple, Rapid and Cost Effective Method for Routine Analysis of Stavudine and Lamivudine in Tablet Dosage Form by RP - HPLC. Pharma Science Monitor an International Journal of Pharmaceutical Sciences 2011; 4:25-36.

28. Malipatil.S and nandedkar .M: A determination of isocratic RP-HPLC method. *Journal of Indian council chemistry* 2009; 26:67-9.
29. Sagar SP, Pratik D, and Annapurna MM: Developed a stability indicating ion-pair RP- HPLC method for estimation of tenofovir disoproxil *International journal of analytical sciences* 2013; 1:478-81.
30. NV. Krishnareddy, Phani R.S.Ch and R. Ramesh Raju: New RP - HPLC Method Development for Analysis and Assay of Lamivudine in Formulation. *International Journal of Research in Pharmaceutical and Biomedical Sciences* 2011; 4: 2229-3701.

How to cite this article:

Srinath A, Sneha B, Alladi A, Ahmed R and Kulkarni RG: Method Development and Validation for Simultaneous Estimation of Lamivudine, Tenofovir and Efavirenz in Combined Tablet Dosage Form by RP-HPLC and UV-Spectroscopic Method. *Int J Pharm Sci Res* 2014; 5(12): 5491-97. doi: 10.13040/IJPSR.0975-8232.5 (12).5491-97.

All © 2014 are reserved by International Journal of Pharmaceutical Sciences and Research. This Journal licensed under a Creative Commons Attribution-NonCommercial-ShareAlike 3.0 Unported License.

This Article can be downloaded to **ANDROID OS** based mobile. Scan QR Code using Code/Bar Scanner from your mobile. (Scanners are available on Google Playstore)