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## EVALUATION OF IRON OXIDE NANOPARTICLES (NPs) ON AGING AND AGE RELATED METABOLISM AND PHYSIOLOGICAL CHANGES IN *C. ELEGANS*

Sanjay Kumar <sup>1</sup>, Rakesh Kr. Singh <sup>1</sup>, Abhay Kr. Aman <sup>\*1</sup>, Jitendra Kumar <sup>2</sup> and Manoranjan Kar <sup>3</sup>

Aryabhatta Centre for Nanoscience and Nanotechnology <sup>1</sup>, Aryabhatta Knowledge University Patna - 800001, Bihar, India.

Department of Biotechnology <sup>2</sup>, Patna University, Patna - 800005, Bihar, India.

Department of Physics <sup>3</sup>, Indian Institute of Technology Patna, Bihta - 801103, Bihar, India.

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### Correspondence to Author:

**Abhay Kumar Aman**

Ph.D. Research Scholar,  
Aryabhatta Centre for Nanoscience  
and Nanotechnology, Aryabhatta  
Knowledge University, Patna -  
800001, Bihar, India.

**Email:** abhayaman.aku@gmail.com

**ABSTRACT:** In recent decades, advances in nanoscience have resulted the rapid development of many novel technological applications for nanoparticles (NPs) in various in Biomedical Sciences. Iron is essential for eukaryotic biochemistry and is an important element in several metabolic processes such as, carrier for oxygen transportation, cell respiration, synthesis of genetic material and protein synthesis. The nematodes *Caenorhabditis elegans* (*C.elegans*) represent an excellent organism to investigate the phenotypic effect of different type of nanomaterials on the molecular, cells and entire organism level. *C.elegans* is widely used in studies of homeostasis, neurodegenerative and metal toxicity. The size of iron oxide and other nanoparticles plays a major role in target cell uptake and elimination from the body. The excess iron damage nucleotides (DNA/RNA) and Protein due to catalyzes the generation of Reactive Oxygen Species (ROS), while cellular iron deficiency causes cell cycle arrest and cellular death of an organism. Systematic storage and trafficking is required to regulate supply of iron while preventing it from catalyzing unwanted reactions. We have used 36 nm size iron oxide nanoparticles, prepared by Ayurvedic method and investigated the effect of manipulating iron oxide nanoparticles on aging and age related phenotype. Iron oxide nanoparticles enhance the toxicity in *C.elegans*. In this present article, we report phenotypically study of iron oxide nanomaterial on age-related elevation, average life span, bending and spontaneous movement. The damaging reactive oxygen species which causes decreases the average life span of *C.elegans*.

**INTRODUCTION:** The “Nano” is the newly used word but in “*Ayurveda*” science in the form of “Ash” or *Bhasma* <sup>1</sup>. Invertebrate’s animal models such as nematodes *C.elegans* are widely used in nanotechnological applications <sup>2</sup>. Researchers look forward in this area of worm behavior by NPs-bio interaction to evolution of organismal nanomaterial safety.

Despite of the broad spectrum of investigated NP-bio interaction of nanomaterial with respect to aging process in *C.elegans* and has a number of features that make it a powerful tool for the pharmaceutical industry and laboratory <sup>3</sup>.

The *C.elegans* has developed into an important model for biomedical research, particularly in the functional characterization of novel drug targets that have been identified using genomics technologies. The cellular complexity and the conservation of disease pathways between *C.elegans* and higher organisms, together with the simplicity and cost-effectiveness of cultivation, make for an effective *in vivo* model that is amenable to whole organism high throughput

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compound screens and large-scale target validation<sup>4</sup>. *C. elegans* is a 1-mm long free-living soil nematode widely used in biomedical science as a model organism. Its key attributes as an experimental system, including its simplicity, short life cycle, small body size, transparency, and sequenced genome together with the ease of cultivation in the lab, make *C. elegans* a promising animal model to evaluate nanoparticles *in vivo*<sup>5</sup>. Our objective is to use *C. elegans* in the primary screening of nanoparticles with biomedical applications within the manufacturing lab, in order to validate their use, to optimize their design, and to study their toxicity.

We trace NPs in individual cell of adult *C.elegans* and correlate particle distribution with the worm metabolism and organ function. The nematodes *C.elegans* represent an excellent model to investigate the effect of different type of nanomaterial on aging at the molecular, cellular and whole organism level. *C.elegans* is widely used in studies of metal toxicity and metal homeostasis<sup>6</sup>. Altering the level of various metals in growth media causes developmental delays and abnormalities along with diminished fertility. Fe, Mn, Cu, and Zn have all been shown to reduce *C.elegans* life span at various concentrations. But when cells are exposed to very high dose of iron oxide nanoparticles, formation of excess ROS takes place that affects normal functioning of the cell, leading to apoptosis or cell death. Aging is characterized by progressive weakening in protein homeostasis which is altered due to metal toxicity like Fe, Zn, Mg, etc<sup>7</sup>. Certain gene involved in age related protein insolubility generally promotes longevity, suggesting that this phenomenon is a detrimental feature of the aging process<sup>8</sup>.

We have prepared nanocrystalline Ayurvedic *Lauh Bhasama* powder having average crystalline size 36nm, shows magnetic and luminescence properties, which is reported<sup>9</sup>.

In the present article, we report nanocrystalline *Lauh bhasma* (Iron oxide nanoparticles) and the effect of manipulating normal iron on aging and age related neurodegenerative phenotype and found that dietary supplement. The present study open a window to understand the application of Ayurvedic *Lauh Bhasma* nanoparticles (as nanomedicine).

## Methodology:

***C. elegans* strains maintenance and assay:** *C. elegans* wild type strains were maintained at 20°C on nematode growth media (NGM) agar plates seeded with *E. coli* strain OP50. For mean survival assay, L4 stage animals are treated with known concentration of iron nanoparticles, nano iron particles; and analyzed for dead animals till 8 days for live animals. For body bends per minute, Treated worms were counted manually using a dissecting microscope for body bends for 10 second at the age of 5 days of adult hood and then expressed as the mean number of body bends per minute. For spontaneous movements, 10 days adult animals were analyzed for its movement activity in response to touch.

**RESULT AND DISCUSSIONS:** The results of effect of iron oxide nanoparticles and iron particles on nematodes *C.elegans* are shown in **Fig. A - D**. Annette Piechulek *et al.*,<sup>2</sup> use the soil nematode *C.elegans* to investigate organismal aging processes and show that silica nanoparticles (NPs) induce premature aging phenotype on the molecular and the behavioral level. By comparative analysis of silica, polystyrene and silver NPs we introduce premature onset of protein aggregation and reduced neural behaviors.

Our aim is to screen environmentally relevant nanomaterials for their bio-interactions and effects on organismal aging processes in the nematode *C.elegans*. Research in the nematode *C. elegans* in the Lithgow lab at the Buck Institute shows that iron accumulation itself may also be a significant contributor to the aging process, causing dysfunction and misfolding of proteins already implicated in the aging process.

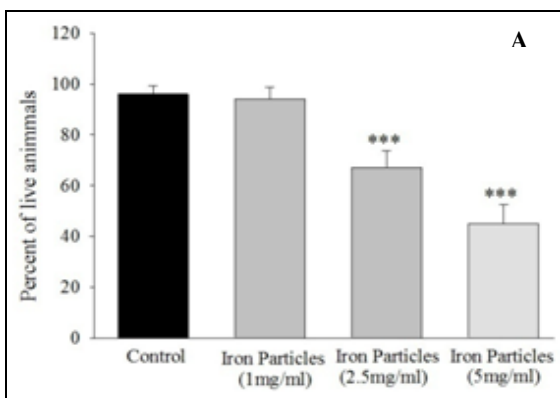
In order to verify and compare the role of *Lauh Bhasama* iron oxide nano particles with particulates iron in *C.elegans*. We cultured wild type animals in nematode growth media (NGM) plates spotted with *E.coli* OP50 at 20 °C which were treated with Iron particle. L4 stage animals are grown in presence of 0 mg/ml (control), 1mg/ml, 2.5mg/ml, and 5mg/ml concentration of iron particles. The dead animals were counted, and measured percentage of live animals after 7 days in presence of 0 mg/ml (control), 1mg/ml, 2.5mg/ml, and 5mg/ml concentration of iron particles.

The mean percent of live animals were expressed as mean  $\pm$ SD, for control animals it was  $96.08 \pm 3.2$ , whereas 1mg/ml iron treated animal had mean percent survival  $94.08 \pm 4.5$  ( $p=0.56$ , t-test); 2.5mg/ml and 5mg/ml iron nanoparticles treated animal had mean percent survival  $67.7 \pm 6.7$  ( $p<0.0001$ , t-test),  $45.3.6 \pm 7.6$  ( $p<0.0001$ , t-test) respectively (**Fig. A**).

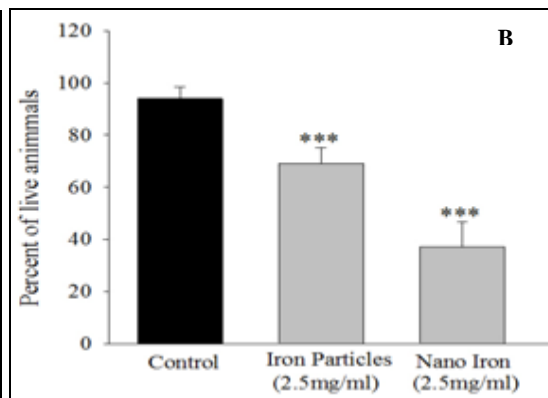
Further, we tested the mean survival animals those are treated with nanocrystalline *iron oxide* and to validate the role of iron oxide nanoparticles in comparison to particulate normal iron. We found that animals treated with nanoparticles show significantly less live animals in compared to control and particles iron treated animals (**Fig. B**). Furthermore, the nanoparticles treated animals show less body bends per minute observed for control was  $56.6 \pm 4.3$ , Iron treated(2.5mg/ml), and nanoparticles (2.5mg/ml) treated showed respective values of  $36.1 \pm 3.6$  ( $p<0.0001$ , , t-test ),  $21.1 \pm 3.9$

( $p<0.0001$ , t-test) (**Fig. C**). For spontaneous movements, 10 days adult animals were analyzed for its movement activity in response to touch. The mean value observed for spontaneous movement in control is  $25.4 \pm 3.9$ , whereas 2.5mg/ml iron nanoparticles and 2.5mg/ml nano iron particles treated worms showed respective values of  $16.1 \pm 2.4$  ( $p<0.0001$ , , t-test),  $6 \pm 2.6$  ( $p<0.0001$ , , t-test) (**Fig. D**). Altogether, this shows that Iron oxide nano particles are effectively kills live animals in comparison to control and iron particles. It might be due to these nanoparticles easily absorbed by live animals.

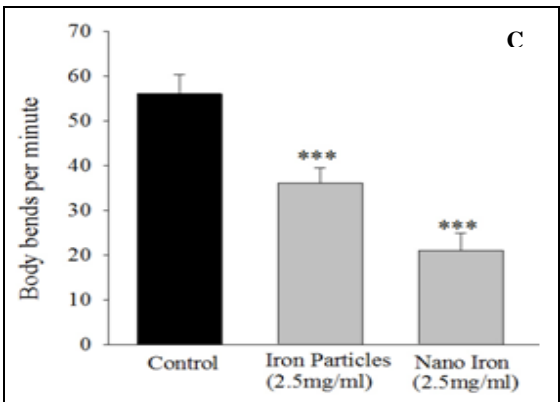
In this research, it proved that iron oxide nanoparticles enhance the ROS activity inside cells which leads cell apoptosis and death and ultimate early death of worm in compare to normal iron so that in future iron oxide nanoparticle can be used as medicine for treatment of disease causing nematodes in humans and higher animals.



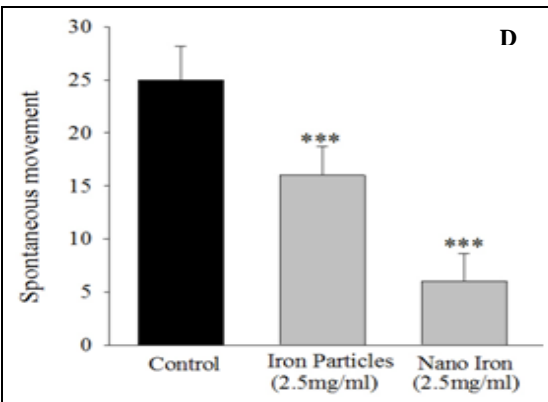
**FIG. 1(A):** Mean survival of wild type animal grown at 20°C on NGM plates containing 1mg/ml, 2.5mg/ml, 5mg/ml Iron particles or untreated plates (control).



**FIG. 1(B):** Mean survival of wild type animals at 20°C on NGM plates containing 2.5mg/ml Iron oxide nano particles or untreated plates.



**FIG. 1(C):** Effect of Iron nanoparticle (2.5mg/ml) treatment on motility of 5 day adult animal



**FIG. 1(D):** Effect of Iron nanoparticle treatment on the spontaneous movement activity

**FIG. 1: NANO IRON OR IRON NANO STANDS FOR IRON OXIDE NANOPARTICLES**

**Nanocrystalline Lauh bhasama is more effective to nematodes *C. elegans*:**

A. Mean survival of wild type animal grown at 20 °C on NGM plates containing 1mg/ml, 2.5mg/ml, 5mg/ml Iron particles or untreated plates (control). The Iron treatment was initiated at the L4 stage and counted death animals after 8 days. Animals treated with 2.5mg/ml, 5mg/ml Iron particles showed a significant death compared to control. (B) Mean survival of wild type animals at 20 °C on NGM plates containing 2.5mg/ml Iron nano particles or untreated plates (control). Animals treated with 2.5mg/ml Iron oxide nanoparticles showed a significant increase in death compared to animals treated with Iron nanoparticles. (C) Effect of Iron nanoparticle (2.5mg/ml) treatment on motility of 5 day adult animal. Body bends per minute of 5 day adult animals were analyzed for control, Iron particle (2.5mg/ml), and Iron nanoparticle (2.5mg/ml) treatment. (D) Effect of Iron oxide nanoparticle treatment on the spontaneous movement activity in response to touch for 10 day adult animal. Spontaneous movements of 10 day adult animals were analyzed for control, Iron particle (2.5mg/ml), and Iron nanoparticle (2.5 mg/ml) treated animals. Data is represented as mean  $\pm$  S.D, (\*\*p<0.001, \*\*\*p<0.0001, t-test).

**CONCLUSION:** The phenotypically study of nanocrystalline *Lauh Bhasama* on *C.elegans* reveals that life span, aging, body bending and spontaneous movement. We have used 36 nm nanocrystalline iron *bhasama* particles having the additional properties like magnetization, photoluminescence, etc. Both Iron and *Lauh Bhasma* (nanocrystalline Iron Oxide) enhances the toxicity in *C.elegans*. *Lauh Bhasma* effectively on homeostasis lost during *C. elegans* ageing, bending, spontaneous movement and its relationship to the age-related elevation which causes decreases the average life span of *C.elegans* with compare to that of iron particle. This present work gives a new insight the

effect of nanomedicine on *C.elegans* and their phenotypically.

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**CONFLICTS OF INTEREST:** Nil.

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