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FORMULATION DEVELOPMENT AND IN-VITRO EVALUATION OF DOUBLE LAYER TABLET OF SUSTAINED RELEASE (S.R.) FLURBIPROFEN AND IMMEDIATE RELEASE DOXYCYCLINE

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> AND SEARCH

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ABSTRACT: Purpose: To formulate and characterize the bi-layer tablet of doxycycline immediate release and flurbiprofen sustained release. Method: Bi-layer tablets were formulated by wet granulation method. Ethyl cellulose and HPMC K 100 were used as polymer for sustained release layer. Five immediate release formulations were developed with varying excipients. Bi-layer tablets were evaluated by pre formulation and post formulation parameters as stated by USP. Dissolution was conducted in 0.1 N HCl and 6.8 phosphate buffer and resulting data were analyzed statistically by one way ANOVA and drug release kinetics was studied using various pharmacokinetic models. Results: Data from pre formulation confirmed the purity of doxycycline hyclate and flurbiprofen. FTIR confirmed the absence of incompatibility between drugs and excipients. Dissolution profile in 0.1 N HCl and 6.8 phosphate buffer was according to USP guidelines. Regression coefficient (R2) values from kinetic analysis showed that release followed Higuchi model indicating release mechanism followed diffusion transport. Results of one way ANOVA confirmed that there is no statistically significant difference (p > p)0.05) between drug dissolution of all formulations. Conclusion: Bi-layer tablet was successfully formulated and it is a suitable approach to increase patient compliance and decrease cost of therapy.

INTRODUCTION: Bilayer tablets are tablets having two different drugs in single formulation, which may be pharmaceutically incompatible but have synergistic effects. So that patient compliance can be increased by decreasing the number of doses and reducing the cost of the therapy.



Bilayer tablets have been widely used for modified release action, in which we can manipulate the total surface area by sandwiching with one or two actives or by some excipients in order to attain erodible or swellable barriers of modified release. Most wide application and reason to develop bilayer tablet is the instance when we want to give pharmaceutical incompatible APIs in combination¹. Flurbiprofen (2-(2-flurobiphenyl-4yl) is propionic acid derivative, non-steroidal anti inflammatory drug having good analgesic, anti-inflammatory and antipyretic activities. Clinically it is used for osteoarthritis, rheumatoid arthritis, periodontic pain, degenerative joint disease, acute musculoskeletal

disorders, lower back pain and other conditions alike. They impart their action by inhibiting the synthesis of prostaglandins involved in pain and inflammation 2 .

Doxycycline hyclate ((4S, 4aR, 5S, 5aR, 6R, 12aS)-4-(dimethylamino) - 3, 5, 10, 11, 12a - penta hydroxyl-6-methyl-1,12-dioxo - 4a, 5, 5a, 6 - tetra hydro-4H - tetracene - 2 carboxamide; etanol; dihydrochloride) is a broad spectrum antibiotic belonging to the class of tetracyclines. It is clinically used in bacterial infections, especially in urinary tract infections, respiratory tract infections, gastrointestinal infections, acne, particularly in periodontics (gum disease) and in other bacterial infections. Doxycycline is also used in rheumatoid arthritis in combination with some other drugs. Doxycycline hyclate is a synthetic antibiotic derived from oxytetracycline, inhibits the bacterial protein synthesis by binding to 30s ribosomal unit ³. Both of these drugs have synergistic effect, and especially in destructive diseases like rheumatoid arthritis, chronic periodontics, and refractory periodontal disease.

It is assumed that sub antimicrobial dose of doxycycline and flurbiprofen reduces the mammalian collagenase and other metalloproteinase. It is also assumed that combination of these two drugs helps to uptake doxycycline based matrix metalloprotein inhibitors in the inflammatory lesion so efficacy of both of the drugs is enhanced ^{3, 4}.

The present work was aimed to study the development and *in-vitro* evaluation of Bi-layer tablet of sustained release flurbiprofen and immediate release doxycycline hyclate by wet granulation method using different excipients and varying excipients ratio. Which will increases the patient compliance and decrease the cost of therapy especially in destructive diseases like rheumatoid arthritis, chronic periodontics, and refractory periodontal disease.

MATERIALS:

Chemicals: Flurbiprofen and Doxycycline hyclate were gift from Caraway Pharmaceuticals Pvt. Ltd. Islamabad, Pakistan. Ethyl cellulose, HPMC k 100M (Research grade were purchased from local market in Rawalpindi), Primogel, Starch, Pvp-k-30, Microcrystalline Cellulose, Aerosil, Lactose, Talcum and Magnesium Stearate (commercial grade, from local market Rawalpindi, Pakistan) Sodium Hydroxide (NaOH), Hydrochloric Acid (HCl), Sulphuric acid (H₂SO₄), Acetone, Potassium dihydrogen phosphate, Disodium hydrogen phosphate, Sodium acetate, Glacial acetic acid (were available in research lab of Riphah Institute of Pharmaceutical Sciences Islamabad, Pakistan).

Formulations of Bi-Layer Tablets: Five different formulations with varying excipients were prepared as stated in Table 1 and Table 2. For this purpose weighed amount of drugs and excipients were sieved through mesh#20 separately. Active pharmaceutical ingredients were mixed with lactose separately. Then PVP K30 dissolved in IPA was added in mixtures. Wet masses were sieved through mesh # 20 and then dried at 60 °C for 2-3 hours. Then dried granules were sieved again and rest of excipients were added except magnesium stearate and talcum. Mixing was done until uniform mixing was achieved. At the end lubrication was added and final mixing was done. Most critical step was compression in bilayer tablets. For research purpose bilayer tablets can be compressed on a single punch machine.

TABLE 1: COMPOSITION (OF SUSTAINED RELEASE
FLURBIPROFEN LAYER	
Ingredient	Amount, (%)

Ingredient	Amount, (%)
Flurbiprofen	200mg (66.60%)
Ethyl cellulose	20.0mg (6.66%)
HPMC-K-100	23.7mg (7.90%)
PVP-K30	12.0mg (4.00%)
Primogel	8.0mg (2.60%)
Lactose	28.0mg (9.30%)
Mg. Stearate	6.0mg (2.00%)
Talc	2.3mg (0.76%)

In this project we preferred single punch machine in which weighed amount of granules of first layer tablets that was of flurbiprofen was initially filled in dye and was pre compressed, then granules of second layer which were of immediate layer of doxycycline were added in dye and final compression was done. Bilayer tablets were prepared successfully. To relate it with industrial scale and check flow properties of our granules, these were also compressed on a bilayer tablet machine at Caraway Pharmaceuticals Pvt. Ltd., and bilaver tablets were also manufactured successfully.

Ingredients	D1	D2	D3	D4	D5
	(mg)	(mg)	(mg)	(mg)	(mg)
Doxycycline	100	100	100	100	100
	(40%)	(40%)	(40%)	(40%)	(40%)
Primogel	5 (2%)	5 (2%)	5 (2%)	5 (2%)	5 (2%)
Starch	50	40	30	35	45
	(20%)	(16%)	(12%)	(14%)	(18%)
Talcum	-	-	2	3	2.5 (1%)
			(0.8%)	(1.2%)	
PVP K30	10	20	10	12	14
	(4%)	(8%)	(4%)	(4.8%)	(5.6%)
Aerosil	8	8	8	8	8 (3.2%)
	(3.2%)	(3.2%)	(3.2%)	(3.2%)	
Microcrystalline	70	55	50	50	50
Cellulose	(28%)	(22%)	(20%)	(20%)	(20%)
Magnesium	5 (2%)	5 (2%)	5 (2%)	5 (2%)	5 (2%)
stearate					
Lactose	2	17	35	22	5.5
	(0.8%)	(6.8%)	(14%)	(8.8%)	(2.2%)
CMC	-	-	5 (2%)	10(4%)	15 (6%)
Total	250	250	250	250	250

TABLE 2: COMPOSITION OF IMMEDIATE RELEASEDOXYCYCLINE HYCLATE LAYER

In-vitro characterization: All physical and chemical parameters were measured. Complete pre formulation and post formulation parameters were measured as stated by USP-NF.

Fourier transformed infrared (FTIR) spectroscopy: The compatibility of flurbiprofen, doxycycline hyclate and excipients were studied through FTIR analysis. The FTIR study was performed using BRUKUR-FT-IR spectrophotometer. For analysis, very small quantity of sample was placed on the lens of equipment directly and pressure was applied upto the specified mark. Spectrum was recorded between 4000 to 400 cm^{-1}

UV Spectroscopy: For assay UV spectroscopy was used. Solutions of drugs were prepared in 0.1 N NaOH and absorption at respective lambda max of each drug was calculated. Method was calibrated and validated.

In-vitro Release Studies: USP apparatus II was used for *In-vitro* release studies of dissolution test. First apparatus was filled with 900 ml of 0.1 N HCl, single tablet was put in each basket of the dissolution apparatus. Paddle of the apparatus was rotated at 50 RPM for the first 2 hour. After that 0.1N HCl was replaced by phosphate buffer 6.8 pH. Paddle was continuously rotated at 50 RPM for for 12 hours. Samples for immediate release layer were collected at the interval of 5, 10, 15, 20, 30, 45, 60 and 90 min and for sustained release layer at

the interval of 2, 4, 6, 8, 10 and 12 hours. Samples were analyzed at 247 nm for flurbiprofen and 375 nm for doxycycline hyclate by using UV spectrophotometer ^{5, 6}.

Release Kinetics: Different methods including model dependent and model independent approaches were used to analyze dissolution data and to study release pattern of drug from dosage form as well as to check variation among the data of five formulations formulated as well as to compare with the dissolution of brand leader.

Three different approaches are common to analyze dissolution data and check the parameters mentioned above 7 .

Statistical Approach: First approach is statistical in which we used analysis of variance ANOVA technique which was applied by using Microsoft excel 2010. One way ANOVA was applied and results were interpreted. The level of significance was set at $p < 0.05^{-8, 9}$.

Determination of Difference (f1) and Similarity (f2) factor: Difference factor (f1) and similarity factor (f2) was applied by using equation of difference and similarity factor. Doxycycline dissolution results were compared with brand leader vibramycin results in three different dissolution mediums. Sustained released tablet of flurbiprofen is not available in market so all formulations were compared with the formulation having most suitable results *i.e.* F3. Best formulations were pointed out which were closer to the standard. Difference factor of 0-15 ensures minor difference between two products. Similarity factor of 50-100 ensure sameness of two products¹⁰.

Model Dependent Approach: Dissolution data was analyzed using various kinetic models: zero order, first order, Higuchi model and Hixon-Crowell to determine the release kinetics of the formulations¹¹.

RESULTS:

Pre formulation and Post formulation Results: All pre formulation parameters were applied. Bulk density and tapped density are two of the most important studies to be done before the development of formulation. Bulk density, angle of repose, compressibility index, hausner's ratio, moisture content and tapped density were checked by adopting the standard methods as described in USP. Results are shown in **Table 3**. These values were in acceptable rang.

Code	Bulk	Tapped density	Angle of	Compressibility	Hausner's	Moisture
	density(g/cm ³)	(g/cm ³)	Repose (0)	Index (%)	ratio	Content (%)
D1	0.351	0.344	26.00	11.32	1.032	0.55
D2	0.381	0.320	29.00	13.67	1.045	0.59
D3	0.360	0.391	26.00	11.99	1.075	0.47
D4	0.340	0.300	27.00	12.98	1.056	0.61
D5	0.362	0.349	28.00	13.49	1.067	0.66
F1	0.383	0.650	31.42	16.03	1.224	0.38

TABLE 3: PRE FORMULATION RESULTS OF GRANULES OF DOXYCYCLINE HYCLATE AND FLURBIPROFEN

In this project, extensive post formulation studies were done and we tried to cover each and every aspect of *in-vitro* evaluation of tablets. Physical test and assay results are mentioned in **Table 4**.

Code	Thickness	Hardness	Friability	Avg. Weight	Assay (%)± S.D	
	(mm) ± S.D	$(kg/cm^2) \pm S.D$	(%)± S.D	$(mg) \pm S.D$	Doxycycline	Flurbiprofen
F1	3.190±0.010	7.16 ± 0.28	0.690 ± 0.010	549.5±2.32	98.5±0.51	100.8±0.76
F2	3.173 ± 0.005	5.50 ± 0.50	0.077 ± 0.020	551.4±2.31	98.2±0.46	99.1±0.26
F3	3.170 ± 0.010	8.34 ± 0.57	0.540 ± 0.005	550.0±2.90	98.9 ± 0.85	99.5±0.50
F4	3.200 ± 0.011	5.16 ± 0.28	0.730 ± 0.020	550.4±2.01	98.4±0.53	100.8±0.28
F5	3.190±0.011	7.00 ± 0.50	0.590 ± 0.006	549.3±1.33	99.4±0.36	100.2±0.61

Infrared spectra: FTIR spectra of flurbiprofen and doxycycline hyclate showed the same absorption

pattern as the combination of drugs and excipients of formulations.



FTIR SPECTRUM OF FLURBIPROFEN



FTIR SPECTRUM OF PURE DOXYCYCLINE HYCLATE



FTIR SPECTRUM OF FORMULATION F3 FIG. 1: INFRARED SPECTRA

In vitro **Dissolution:** The cumulative release of drug in acidic and buffer media revelas that immediate layer of Doxycycline releases its content in acidic media before 120 minutes while almost 40% flurbiprofen was released in acidic medium. In

6.8 phosphate buffer almost 90% flurbiprofen was released in ten hours as it was sustained release layer. Results were desirable as stated in **Table 4**, **5** and **6**.

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Code	0 min 10min		nin	15min		30 min		60 min		90 min		
	Α	В	Α	В	Α	В	Α	В	Α	В	Α	В
F1	0	0	39.4	8.01	41	13.10	93	26.10	99	31.20	99	40.30
F2	0	0	39.6	6.20	50.01	10.00	99	22.40	99.97	34.00	99	42.10
F3	0	0	42	7.80	44.48	12.40	97.78	29.20	98	33.50	99.63	45.20
F4	0	0	48	5.90	56.2	12.10	99	21.70	98.90	37.10	99.01	43.60
F5	0	0	49.96	7.10	50.5	14.10	96.60	30.03	99.97	39.30	99.80	46.10

A: Doxycycline Hyclate, B: Flurbiprofen

TABLE 5: DISSOLUTION PROFILE OF DOXYCYCLINE HYCLATE IN 6.8 PHOSPHATE BUFFER

Code	Percentage of Drug Release (Doxycycline Hyclate)										
	0	0.5 hr	1 hr	1.5 hr	2 hr						
F1	0	52.10	91.80	95.8	97.90						
F2	0	63.20	78.20	97.9	100.02						
F3	0	80.30	92.60	98.3	99.10						
F4	0	78.20	90.10	97.8	100.10						
F5	0	73.50	84.40	94.9	100.06						

TABLE 6: DISSOLUTION PROFILE OF FLURBIPROFEN IN 6.8 PHOSPHATE BUFFER

Code		Percentage of Drug Release (Flurbiprofen)										
	0	0.5 hr	1 hr	2 hr	4 hr	6 hr	8 hr	10 hr	12 hr	24 hr		
F1	0	23.60	48.00	63.80	67.09	79.40	93.50	95.20	97.10	99.97		
F2	0	43.30	52.60	53.80	55.90	79.70	81.50	86.30	99.97	100.60		
F3	0	44.60	53.60	57.20	58.80	86.40	84.50	91.50	97.30	100.20		
F4	0	27.00	59.00	60.40	64.40	76.50	87.04	91.50	92.70	97.00		
F5	0	24.50	58.90	63.20	72.10	73.34	82.40	85.69	92.50	97.10		

Release kinetic data: When cumulative release was subjected to kinetic modeling, all the formulations followed Higuchi model. Among all these four models kinetic release profile was best explained by Higuchi model having R^2 value > 0.96

for all five formulations and release of drug from the profile was through diffusion mechanism and kinetic release profile was best explained by Higuchi model as stated in **Table 7**, **8**, **9** and **10**.

TABLE 7: KINETIC STUDY OF DRUG RELEASE PROFILE OF DOXYCYCLINE HYCLATE IN 0.1 N HCI

Code	Zero ord	Zero order kinetic		First order kinetic		Higuchi model		Hixson Crowell cube	
	mo	model		del	-		root law		
	K°	R ²	K°	R ²	K°	R ²	K°	R ²	
F1	4.016	0.977	1.19295	0.3540	51.52	0.997	-0.033	0.787	
F2	4.168	0.968	0.84280	0.2910	53.64	0.995	-0.038	0.584	
F3	4.092	0.972	1.01790	0.3240	52.58	0.996	-0.038	0.725	
F4	4.195	0.964	0.78302	0.3170	54.05	0.993	-0.330	0.602	
F5	4.150	0.970	0.88660	0.3007	53.37	0.995	-0.042	0.757	

TABLE 8: KINETIC STUDY OF DRUG RELEASE PROFILE OF FLURBIPROFEN IN 0.1 N HCI

Code	Zero order kinetic model		Zero order kinetic First order kinetic model Model		Higuch	i model	Hixson Crowell cube root law		
	K°	R ²	K°	R ²	K°	R ²	K°	R ²	
F1	1.325	0.991	7.396	0.890	16.84	0.989	-0.007	0.928	
F2	1.319	0.986	7.406	0.878	16.65	0.997	-0.008	0.969	
F3	1.447	0.990	7.111	0.881	18.37	0.990	-0.008	0.920	
F4	1.387	0.986	7.249	0.875	17.52	0.997	-0.008	0.966	
F5	1.566	0.993	6.837	0.875	19.90	0.992	-0.009	0.914	

TABLE 9: KINETIC STUDY OF DRUG RELEASE PROFILE OF DOXYCYCLINE HYCLATE IN 6.8 PHOSPHATE BUFFER

Code	Zero order kinetic		First order kinetic		Higuchi model		Hixson Crowell cube		
Doxycycline	model		Model				root	root law	
	K°	R ²	K°	R ²	K°	R ²	K°	R ²	
F1	122.3	0.970	14.244	0.753	266.1	0.993	-1.448	0.846	
F2	116.1	0.985	28.694	0.570	251.3	0.999	-2.493	0.962	
F3	123.7	0.971	11.217	0.667	268.9	0.993	-1.132	0.987	
F4	122.9	0.974	12.862	0.562	267.1	0.995	-2.234	0.979	
F5	119.7	0.980	20.429	0.568	259.5	0.997	-2.340	0.960	

TABLE 10: KINETIC STUDY OF DRUG RELEASE PROFILE OF FLURBIPROFEN IN 6.8 PHOSPHATE BUFFER

Code	Zero order kinetic		First orde	First order kinetic		Higuchi model		Hixson Crowell cube	
Flurbiprofen	mo	del	Model		-		root law		
	K°	R ²	K°	R ²	K°	R ²	K°	R ²	
F1	28.570	0.874	12.026	0.483	166.80	0.965	-0.162	0.901	
F2	26.850	0.884	15.971	0.537	156.00	0.967	-0.168	0.819	
F3	27.770	0.878	13.857	0.514	161.80	0.966	-0.153	0.944	
F4	27.490	0.872	14.550	0.573	160.80	0.966	-0.109	0.821	
F5	27.170	0.870	15.238	0.616	159.40	0.969	-0.105	0.858	

Difference and Similarity factor: Difference and similarity factor was calculated using standard equations to determine the best formulation which is closest in its dissolution profile to the standard. It was observed that F2 behaved to be the best formulation in 0.1 N HCl, while F3 formulation

was found to be the best in 6.8 pH phosphate buffer. Overall F3 formulation passed the requirements of both f1 and f2 tests in both mediums. The results are given in the **Table 11, 12, 13** and **14**.

TABLE 11: DIFFERENCE AND SIMILARITY FACTOR FOR DOXYCYCLINE IN 0.1N HCI

Doxycycline	F1 vs. S	F2 vs. S	F3 vs. S	F4 vs. S	F5 vs. S
f 1	17.56	3.36	7.16	6.06	5.16
f 2	39.63	74.95	58.10	60.20	62.83

TABLE 12: DIFFERENCI	E AND SIMILARITY F	ACTOR FOR FLURBIP	ROFEN IN 0.1N HCl	
Flurbiprofen	F1 vs. F3	F2 vs. F3	F4 vs. F3	F5 vs. F3
f 1	6.79	7.98	7.18	8.53
f 2	61.84	57.38	56.91	59.20

Doxycycline	F1 vs. S	F2 vs. S	F3 vs. S	F4 vs. S	F5 vs. S
f 1	14.32	14.45	3.76	4.89	8.59
f 2	35.17	40.33	67.97	64.18	52.71

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Flurbiprofen	F1 vs. F3	F2 vs. F3	F4 vs. F3	F5 vs. F3
f 1	10.22	3.09	8.30	11.16
f 2	49.32	78.38	54.53	48.97

Statistical evaluation: One way ANOVA was used to determine statistically significant difference between dissolution profile of different formulations of doxycycline and flurbiprofen in 0.1 N HCl and 6.8 pH phosphate buffer. There was no significant difference (P > 0.05) between drug dissolution of all formulations studied in both mediums. The data of one way ANOVA is given in the **Table 15**.

TABLE 15: ONE WAY ANOVA RESULT

Medium	Flurbiprofen		Doxycycline	
	F	P-Value	F	P-Value
0.1 N HCl	0.064	0.991	0.033	0.997
6.8 pH phosphate buffer	0.02	0.99	0.255	0.899

DISCUSSION: Bi-layer tablet of sustained release flurbiprofen and immediate release doxycycline hyclate were successfully formulated. All pre formulation and post formulation parameters were within the acceptable limits as stated by USP. FTIR spectra of drugs and formulation showed almost similar pattern of absorption predicts that there was compatibility between drugs and excipients.

Sustained release layer showed satisfactory results as it released drug in 6.8 phosphate buffer media and released less amount of drug in acidic media, while immediate layer released almost all drug in acidic medium which was desirable. Release kinetics of all formulations showed that Higuchi model best explains the release of drugs from formulation and drug release was through diffusion mechanism as explained by Higuchi model.

Difference and similarity factor test was done and results indicate that except F1 all formulations are more similar and less different to standard. F2 and F5 also deviated to some extent in 6.8 phosphate buffer.

CONCLUSION: Bilayer tablets were successfully developed and manufactured and all parameters were closely monitored and evaluated. All five formulations were within the official limits as stated by international pharmacopoeias, but the best formulation which gives better results as compared

to other formulations was F3 which is also nearer to standards. Kinetic release studies of formulation in all three media were better explained by Higuchi model and it is indicated that release of drug from formulation is through diffusion mechanism. Stability studies indicate that formulation remained stable and no significant change was observed before and after stability studies.

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