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EFFECTS OF GREEN TEA INFUSION AND EPICATECHIN ON DOXORUBICIN-INDUCED RENOCARDIOTOXICITY IN MALE ALBINO RATS

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ABSTRACT: This study aims to assess the preventive effects of green tea infusion and epicatechin on doxorubicin (Dox)-induced kidney and heart injuries and oxidative stress in male Wistar rats. The male Wistar rats administered Dox at an intraperitoneal dose of 4 mg/kg body weight (b.w.) / week were orally treated with green tea infusion (200 mg/kg b.w.) and epicatechin (25 mg/kg b.w.) every other day for 6 weeks. The treatments of Dox-administered rats with green tea infusion and epicatechin resulted in a significant decrease in the elevated serum creatinine, urea and uric acid levels reflecting an improvement in kidney function. Similarly, the elevated serum CK-MB, LDH and AST activities were significantly ameliorated as a result of treatments of Dox-administered rats, thereby manifesting an amendment of heart function. The treatments also led to the prevention of the elevated lipid peroxidation and amelioration of the lowered GPx and GST activities as well as GSH content in kidney and heart. However, the SOD activity was not significantly altered in kidney and heart as a result of treatment of Dox-administered rats with green tea infusion and epicatechin. Also, the treatments remarkably improved Dox-induced deleterious histological alterations and inflammatory changes in kidney and heart in association with a significant decrease in serum TNF- α and an increase in serum IL-4 level. In conclusion, the green tea infusion and epicatechin may have chemopreventive potentials against Dox-induced nephrocardio-toxicity via suppression of oxidative stress, enhancement of antioxidant defense system and attenuation of inflammatory effects.

INTRODUCTION: Doxorubicin (Dox) is a traditional chemotherapeutic agent used for the treatment of a wide variety of cancers ¹.

Despite being highly effective, the use of Dox has many limitations due to the significant toxicity and side effects that occurred during and after hepatocellular carcinoma (HCC) treatment ^{2,3}.

These toxicities usually affect heart, brain, bone marrow and the consequences of these toxicities are often very apparent and will last for many years after treatment ^{2,4}. Also, the kidney is also highly susceptible to toxicants for two reasons; a high volume of blood flowing through it and filtration of

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large amounts of toxins which can concentrate in the kidney tubules. It can result in systemic toxicity causing decreased ability to excrete body wastes, inability to maintain body fluid and electrolyte balance and decreased the synthesis of essential hormones⁵. Several studies were conducted for antioxidants screening from natural medicine aiming to minimize oxidative injury by Dox⁶. Several natural anti-oxidants have been shown to alleviate the DOX-induced cell damage without compromising its anti-tumor efficacy in the animal studies⁷.

Green tea and its constituting catechins are best known for their antioxidant properties, which have led to their evaluation in several diseases associated with reactive oxygen species (ROS), such as cardiovascular and neurodegenerative diseases and cancer^{8,9}. Several epidemiological studies, as well as studies in animal models, have shown that green tea can afford protection against various cancers such as those of the skin, breast, prostate and lung¹⁰. A role for epicatechin in the prevention of cancer was also reported; epicatechin promotes the maintenance of gap junctions between epithelial cells helping to prevent the progression of gastrointestinal lesions into malignant lesions¹¹. Therefore, this study was designed to scrutiny the preventive effects of green tea infusion and epicatechin on Dox-induced kidney and heart injuries, oxidative stress, and inflammation in albino rats.

MATERIALS AND METHODS:

Experimental Animals: Male Wistar rats weighing about 140-180 g were used as experimental animals in the present investigation. They were obtained from the animal house of Research Institute of Ophthalmology, 2 El-Ahram Street, Giza, Egypt. They were kept under observation for about 15 days before the onset of the experiment to exclude any intercurrent infection. The chosen animals were housed in polypropylene cages with well-aerated covers at normal atmospheric temperature (25 ± 5 °C) as well as 12 h daily normal light periods. Moreover, they were given access to water and supplied daily with standard pellet diet *ad libitum*.

All animal procedures are by the recommendations of the Canadian Committee for care and use of

animals¹² and follow the guidelines and instructions for animal use and care of Experimental Animal Ethics Committee of Faculty of Science, Beni-Suef University, Egypt (Ethical Approval Number: BSU/FS/2014/8).

Chemicals and Drugs: Dox hydrochloride (adricin 10 mg vials), manufactured by Pharmacia Italia Nerviano Italy, was obtained through El Gomhuria Pharmacy, Cairo, Egypt. Green tea was purchased from Harraz Medicinal Plant Company, Cairo, Egypt (www.harrazegypt.com). Epicatechin was purchased from Sigma Chemical Company, St. Louis, MO. Saline (0.9% sodium chloride) obtained from ADWIC Company and produced by El-Nasr Pharmaceutical Chemical Company, Cairo, Egypt. Carboxymethyl cellulose was obtained from The Egyptian Center for Chemicals and Laboratory Supplies, Nasr City, Cairo, Egypt. All other used chemicals are ultrapure and are of analytical grade.

Analysis of Green Tea using the Liquid Chromatography Electrospray Ionization Tandem Mass Spectrum (LC/ESI-MS/MS): Liquid Chromatography (LC) coupled with Mass Spectrometry (MS) and a source of Electrospray Ionization Tandem Mass Spectrum (ESI-MS) was used for chemical analysis of green tea extract. The separation of the green tea sample was performed according to Yoshida *et al.*,¹³ method with some modifications on ZORBAX-C18 (4.6 × 100 mm id, 3.5 μm) analytical column using LC/ DAD/MS system Agilent 1100 quaternary pump (USA), coupled with a deuterium-arc-discharge (DAD) (Agilent 6120 quadruple spectrometer, CA, USA) wavelength setting of 280 nm.

The instrument conditions are as follow: pressure was 45.5 bar at the starting point and 55.9 bar at the stopping point; the flow rate of the mobile phase was 0.4 ml/min with a column compartment temperature of 40 °C and an injection volume of 10 μl. The mobile phase was consisting of 0.2% formic acid in water (Solvent A) and 0.1% formic acid in acetonitrile (Solvent B) in a gradient elution mode. The gradient elution condition was: initial concentration of 10% B with programming to 15% B over 15 min. and to 27% B over 15 min. Then, the column was equilibrated under the initial condition for 10 min. The mass selective detector (MSD) instrument and ESI conditions were as

follows: vaporized temperature or gas temperature, 350 °C; nebulizer gas, nitrogen, at a pressure 50 psi; drying gas, also nitrogen, at a flow rate 12 L/min and capillary voltage, -3500 V of negative mode and 3500 V of positive mode and scan range 100-1000 m/z. ESI of catechins in negative mode produces the $[M-H]^-$ molecular adduct ion while ESI of the caffeine in positive mode produces the $[M+H]^+$ molecular adduct ion.

Dose Preparation of Dox: Dox at dose 4 mg /kg body weight (b.w.)/week was prepared for intraperitoneal (i.p) injection in one weekly dose (10:00-12:00 AM) for 6 weeks¹⁴. It was dissolved in sterile saline (0.9% NaCl) as a vehicle, and it was freshly prepared before injection.

Dose Preparation of Green Tea and Epicatechin: Green tea, *Camellia sinensis* (Theaceae) was authenticated by Dr. Walaa Azmy Hassan, Assistant Professor of Taxonomy and Flora, Botany Department, Faculty of Science, Beni-Suef University, Egypt). A voucher specimen was deposited in the herbarium of Botany Department, Faculty of Science, Beni-Suef University, Egypt. An electric grinder powdered the dried green tea leaves. The aqueous extract in the form of infusion was prepared according to the method of Swanston-Flatt *et al.*,¹⁵ and Ahmed¹⁶. The powder of green tea leaves was added to the already boiled distilled sterile water (2 g / 50 ml; 4% w/v) and infused for 15 min. The infusion was then filtered, and the filtrate was freshly used for oral administration to Dox-administered rats at a dose of 200 mg/kg b.w./day according to Al-Hilfy¹⁷. Epicatechin was prepared by dissolving the required dose in 1% carboxymethyl cellulose (CMC) (25 mg/5 ml 1% CMC/ kg b.w./day).

Animal Grouping: Forty adult male Albino rats were randomly divided into four groups of 10 animals each as follows:

Group 1 (Normal Control Group): The rats of this group received the equivalent volume of saline intraperitoneally (i.p.) injected/week for 6 weeks. The rats of this group were given the same volume of the vehicle (CMC 1% solution) by oral gavage every other day for 6 weeks.

Group 2 (Dox-administrated Group): Dox (dissolved in saline) was injected i.p. as a total

cumulative dose of 24 mg/kg b.w. divided into 6 equal doses, each of 4 mg/kg b.w. once weekly for 6 weeks¹⁴. The rats of this group were given the same volume of the vehicle (CMC 1% solution) by oral gavage every other day for 6 weeks.

Group 3 (Dox- administrated Rats Treated with Green Tea Infusion): This group was given Dox as group 2 plus green tea by oral gavage at a dose of 200 mg/kg b.w. every other day for 6 weeks¹⁷. The rats of this group were given the same volume of the vehicle (CMC 1% solution) as in groups 1, 2 and 4 by oral gavage every other day for 6 weeks.

Group 4 (Dox-administrated Rats Treated with Epicatechin): The rats of this group were administered Dox as group 2 plus epicatechin (dissolved in CMC 1% solution) by oral gavage at a dose of 25 mg/5 ml/kg b.w. every other day for 6 weeks¹⁸.

Preparation of Blood and Tissue Homogenates: By the end of the experimental periods (6 weeks), rats were under diethyl ether anesthesia at fasting state. Blood samples were collected from jugular veins and allowed to coagulate at room temperature. The clear non-haemolysed supernatant sera were quickly aspirated and divided into three portions for each, and stored at -20 °C for analysis of serum levels of kidney and heart function parameters, TNF- α and IL-4.

Kidney and heart were quickly excised, weighed and homogenized in a saline solution (0.9% NaCl) (10% w/v) using Teflon homogenizer (Glas-Col, Terre Haute, USA). The homogenates were centrifuged at 3000 r.p.m. for 15 min, and the supernatants were kept at -20 °C for the assay of oxidative stress and antioxidant defense system markers.

Assay of Kidney Function Parameters: Serum creatinine level was measured according to Jaffe¹⁹ by using kits purchased from Stanbio Laboratories (Texas, USA). Serum urea level was determined according to the method of Patton and Crouch 20 using reagent kits purchased from Diamond Diagnostic Chemical Company (Egypt). Serum uric acid level was determined according to the method of Fossati *et al.*,²¹ using reagent kits purchased from Spinreact Diagnostic Chemical Company (Spain).

Assay of Heart Function Parameters: CK-MB activity in serum was determined according to the method of Szasz²² using reagent kits obtained from Stanbio Laboratories (Texas, U.S.A). The activity of LDH in serum was determined according to Henderson and Moss²³ using reagent kits purchased from Seppim S.A.S. Chemical Company (France). Serum AST activity was determined according to Murray²⁴ using reagent kits purchased from Spinreact, 7 E-17176 Sant Esteve De Bas (Gi), Spain.

Statistical Analysis: Statistical analysis was performed using SPSS version 20. Results were expressed as mean \pm standard error (SE) and all statistical comparisons were made by Duncan's test post-hoc analysis. P-value at $P < 0.05$ was considered significant while values of $P > 0.05$ were considered non-significant. Percentage of changes were calculated by comparing Dox-administered group with the normal control and Dox-administered groups treated with green tea infusion and epicatechin with Dox-administered control group.

RESULTS: The chemical analysis of green tea extract by LC/ESI-MS/MS indicated the presence gallic acid, (-)-gallocatechin, (-)-gallocatechin, (-)-epigallocatechin, caffeine, (-)-epicatechin, (-)-epigallocatechin gallate, (-)-gallocatechin gallate, (-)-epicatechin gallate and (-)-catechin gallate **Table 1** and **Fig. 1**.

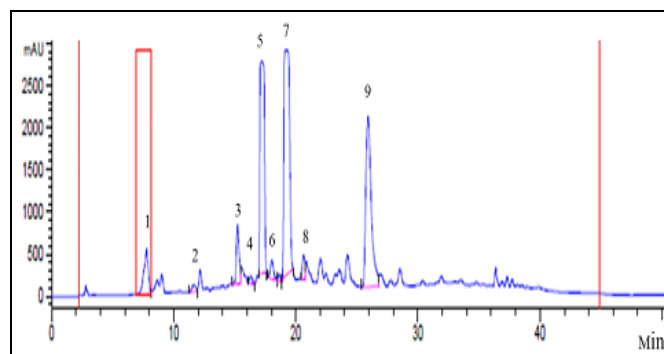


FIG. 1: LC/ESI-MS OF GREEN TEA EXTRACT. PEAKS IDENTIFICATION: 1: gallic acid; 2: (-)-gallocatechin; 3: (-)-gallocatechin; 4: (-)-epigallocatechin; 5: caffeine; 6: (-)-epicatechin; 7: (-)-epigallocatechin gallate; 8: (-)-gallocatechin gallate; 9: (-)-epicatechin gallate and (-)-catechin gallate.

TABLE 1: LC/ESI-MS DATA OF THE COMPOUNDS IDENTIFIED IN GREEN TEA AQUEOUS EXTRACT

| Peak no. | t _R (min) | Compound Identity | M-H] ⁻ (m/z) | M-H] ⁺ (m/z) |
|----------|----------------------|--|-------------------------|-------------------------|
| 1 | 7.83 | Gallic acid | 169 | |
| 2 | 11.76 | (-)-gallocatechin | 305 | |
| 3 | 15.33 | (-)-epigallocatechin | 305 | |
| 4 | 16.35 | (+)-catechin | 289 | |
| 5 | 17.27 | Caffeine | | 195 |
| 6 | 19.16 | (-)-epicatechin | 289 | |
| 7 | 19.25 | (-)-epigallocatechin gallate | 457 | |
| 8 | 20.64 | (-)-gallocatechin gallate | 457 | |
| 9 | 26.00 | (-)-epicatechin gallate and (-)-catechin gallate | 441 | |

Concerning serum parameters of kidney function, the Dox-administered rats showed a significant increase ($P < 0.05$) in serum levels of creatinine, urea, and uric acid recording percentage increases of 59.62, 54.09 and 126.23% respectively as compared to normal control group. The treatment of Dox-administered rats with green tea infusion induced a significant decrease of the elevated serum levels of creatinine, urea and uric acid ($P < 0.05$) levels; the recorded percentage changes were -30.37, -40.41 and -59.96% respectively as compared to Dox-administered rats. On the other hand, the treatment of Dox-administered rats with epicatechin induced a significant decrease ($P < 0.05$) in serum creatinine, urea and uric acid levels recording percentage changes of -36.04, -24.03 and

-57.97% respectively as compared to Dox-administered rats. The treatment with epicatechin was more effective in improving the elevated serum creatinine level while the green tea infusion was more potent in decreasing the elevated serum urea level **Table 2**.

Regarding serum parameters related to heart function, the Dox-administered rats showed a significant increase ($P < 0.05$) in serum level of CK-MB, LDH and AST activities recording percentage increases of 69.19, 76.47 and 31.35% respectively as compared to normal control group. The treatment of Dox-administered rats with green tea infusion induced a significant decrease of the elevated serum of CK-MB, LDH and AST

activities ($P < 0.05$); the recorded percentage changes were -48.74, -64.57 and -35.78% respectively as compared to Dox-administered rats. Similarly, the treatment of Dox-administered rats with epicatechin induced a significant decrease

($P < 0.05$) in serum CK-MB, LDH and AST activities recording percentage changes of -60.49, -31.94 and -24.51% respectively as compared to Dox-administered rats **Table 3**.

TABLE 2: EFFECT OF GREEN TEA INFUSION AND EPICATECHIN ON SERUM CREATININE, UREA AND URIC ACID LEVELS IN DOX-ADMINISTERED RATS

| Experimental conditions | Creatinine (mg/dl) | Urea (mg/dl) | Uric acid (mg/dl) |
|-------------------------|--------------------------|---------------------------|--------------------------|
| Control | 0.52 ± 0.01 | 25.20 ± 1.56 | 2.44 ± 0.14 |
| Dox | 0.83 ± 0.06 ^a | 38.83 ± 1.74 ^a | 5.52 ± 0.26 ^a |
| % Change ^(A) | (+60.19%) | (+54.09%) | (+126.23%) |
| Dox + GT | 0.58 ± 0.06 ^b | 23.14 ± 1.20 ^b | 2.21 ± 0.26 ^b |
| % Change ^(B) | (-30.37 %) | (-40.41 %) | (-59.96 %) |
| Dox + Epi | 0.53 ± 0.03 ^b | 29.50 ± 1.61 ^b | 2.32 ± 0.05 ^b |
| % Change ^(B) | (-36.01%) | (-24.03%) | (-57.97%) |

Data represented as a mean ± SEM. The number of animals in each group is six. a, b: Significant difference in comparison with the corresponding control and Dox-administered group respectively, at $P < 0.05$. (A), (B): Percentage of changes about the normal control and Dox-administered group respectively. Dox: doxorubicin; GT: Green tea infusion; Epi: Epicatechin

TABLE 3: EFFECT OF GREEN TEA INFUSION AND EPICATECHIN ON SERUM CK-MB, LDH AND AST ACTIVITIES IN DOX-ADMINISTERED RATS

| Experimental conditions | CK-MB (U/l) | LDH (U/dl) | AST (U/L) |
|-------------------------|----------------------------|------------------------------|----------------------------|
| Control | 99.00 ± 2.76 | 1670.01 ± 47.38 | 154.80 ± 5.70 |
| Dox | 167.50 ± 2.73 ^a | 2947.01 ± 65.26 ^a | 203.33 ± 6.35 ^a |
| % Change ^(A) | (+69.19 %) | (+76.47 %) | (+31.35%) |
| Dox + GT | 85.86 ± 1.84 ^b | 1043.90 ± 37.21 ^b | 130.57 ± 2.50 ^b |
| % Change ^(B) | (-48.74%) | (-64.58 %) | (-35.78%) |
| Dox + Epi | 66.17 ± 0.98 ^b | 2005.72 ± 20.35 ^b | 153.50 ± 4.87 ^b |
| % Change ^(B) | (-60.49 %) | (-31.94%) | (-24.51%) |

Data represented as a mean ± SEM. The number of animals in each group is six. a, b: Significant difference in comparison with the corresponding normal control and Dox-administered group respectively, at $\alpha = 0.05$, $P < 0.05$. (A), (B): Percentage of changes about the normal control, Dox-administered and Dox plus green tea group respectively. Dox: doxorubicin; GT: Green tea infusion; Epi: Epicatechin

Kidney SOD activity in Dox-administered rats was non-significantly decreased recording a percentage decrease of 0.26% as compared to normal control group. In contrast, kidney LPO was significantly increased ($P < 0.05$) in Dox-administered rats recording a percentage increase of 69.41% as compared to normal control group. The treatment of Dox-administered rats with green tea infusion induced a non-significant increase of kidney SOD activity; the recorded percentage increase was 5.94%. In contrast, kidney LPO was significantly decreased ($P < 0.05$) as a result of green tea infusion treatment recording a percentage decrease of 42.24% as compared to Dox-administered rats.

On the other hand, the treatment of Dox-administered rats with epicatechin induced a non-significant increase of kidney SOD activity; the recorded percentage increase was 3.15%. In contrast, kidney LPO was significantly decreased ($P < 0.05$) as a result of epicatechin treatment

recording a percentage decrease of 53.10% as compared to Dox-administered rats **Table 4**.

TABLE 4: EFFECT OF GREEN TEA INFUSION AND EPICATECHIN ON KIDNEY SOD ACTIVITY AND LIPID PEROXIDATION IN DOX-ADMINISTERED RATS

| Experimental conditions | SOD activity (U/g tissue) | LPO (nmole/ 100 mg tissue/h) |
|-------------------------|---------------------------|------------------------------|
| Control | 14.51 ± 0.55 | 8.86 ± 1.10 |
| Dox | 14.47 ± 1.42 | 15.01 ± 2.96 ^a |
| % Change ^(A) | (-0.26 %) | (+69.41 %) |
| Dox + GT | 15.33 ± 0.69 | 8.67 ± 0.96 ^b |
| % change ^(B) | (+5.94 %) | (-42.24%) |
| Dox + Epi | 14.92 ± 1.53 | 7.04 ± 1.52 ^b |
| % Change ^(C) | (+3.15 %) | (-53.10 %) |

Data represented as a mean ± SEM. The number of animals in each group is six. a, b: Significant difference in comparison with the corresponding normal control and Dox-administered groups respectively, at $P < 0.05$. (A), (B): Percentage of changes about the normal control and Dox-administered groups respectively.

Kidney GSH, GPx and GST stores of Dox-administered exhibited a marked depletion

($P < 0.05$) as compared to the normal control group; the recorded percentage changes were -25.69, -14.92 and -28.22% respectively. The treatment of Dox-administered rats with green tea infusion significantly ($P < 0.05$) prevented this depletion in GSH content and GPx activity recording percentage changes of 16.21 and 23.98% respectively. In contrast, GST activity was non-significantly affected as a result of green tea

infusion treatment recording a percentage change of 28.56%. On the other hand, the treatment of Dox-administered rats with epicatechin induced a significant increase ($P < 0.05$) of the serum GSH content and GPx activity recording percentage changes of 13.53 and 20.11% respectively. In contrast, GST activity was non-significantly affected as a result of epicatechin treatment recording a percentage change of 38.40% **Table 5**.

TABLE 5: EFFECTS OF GREEN TEA INFUSION AND EPICATECHIN ON KIDNEY GSH CONTENT AND GPX AND GST ACTIVITIES IN DOX-ADMINISTERED RATS

| Experimental conditions | GSH (nmole/100mg tissue) | GPx (mU/100mg tissue) | GST (U/100mg tissue) |
|-------------------------|-----------------------------|-----------------------------|---------------------------|
| Control | 125.15 ± 11.19 | 119.74 ± 4.02 | 77.38 ± 5.89 |
| Dox | 93.00 ± 6.51 ^a | 101.87 ± 10.77 ^a | 55.54 ± 6.99 ^a |
| % change ^(A) | (-25.69%) | (-14.92%) | (-28.22%) |
| Dox+GT | 108.08 ± 18.69 ^b | 126.30 ± 6.63 ^b | 71.40 ± 19.17 |
| % change ^(B) | (+16.22%) | (+23.98%) | (+28.56%) |
| Dox+Epi | 105.58 ± 6.07 ^b | 122.36 ± 2.57 ^b | 76.87 ± 16.09 |
| % change ^(C) | (+13.53%) | (+20.11%) | (+38.40%) |

Data represented as a mean ± SEM. The number of animals in each group is six. a, b: Significant difference in comparison with the corresponding normal control and Dox-administered group respectively, at $P < 0.05$. (A), (B): Percentage of changes about the normal control and Dox-administered group respectively.

TABLE 6: EFFECTS OF GREEN TEA INFUSION AND EPICATECHIN ON HEART SOD ACTIVITY AND LIPID PEROXIDATION IN DOX-ADMINISTERED RATS

| Experimental conditions | SOD activity (U/g tissue) | LPO (nmole/100 mg tissue/h) |
|-------------------------|----------------------------|-----------------------------|
| Control | 13.23 ± 0.23 | 7.23 ± 0.71 |
| Dox | 12.13 ± 0.375 ^a | 13.53 ± 0.92 ^a |
| % change ^(A) | (-8.343%) | (+87.14%) |
| Dox+GT | 12.52 ± 0.22 | 5.56 ± 0.79 ^b |
| % change ^(B) | (+3.19%) | (-58.91%) |
| Dox+Epi | 12.78 ± 0.263 | 8.43 ± 1.01 ^b |
| % change ^(C) | (+5.42%) | (-37.69%) |

Data represented as a mean ± SEM. The number of animals in each group is six. a, b: Significant difference in comparison with the corresponding normal control and Dox-administered group respectively, at $P < 0.05$. (A), (B): Percentage of changes about the normal control and Dox-administered group respectively. Dox: doxorubicin; GT: Green tea infusion; Epi: Epicatechin.

The heart SOD activity was significantly ($P < 0.05$) decreased in Dox-administered rats recording percentage change of -8.34% as compared to normal control group, In contrast, the heart LPO of Dox-administered rats exhibited a highly significant increase ($P < 0.05$); the recorded percentage change was +87.14%. The treatment of Dox-administered rats with green tea infusion and epicatechin produced a non-significant change of SOD activity **Table 6**. The heart GSH, GPx and GST stores of Dox-administered rats showed a marked depletion ($P < 0.05$) as compared to the normal control group; their recorded percentage

changes were -31.75, -11.44 and -17.49% respectively. The treatment of Dox-administered rats with green tea infusion significantly ($P < 0.05$) prevented this depletion in GSH content as well as GPx and GST activities recording percentage changes of 21.47, 10.85 and 21.19% respectively. Similarly, the treatment of Dox-administered rats with epicatechin induced a significant increase ($P < 0.05$) of the serum GSH content, as well as GPx and GST stores as compared to the normal control group their recorded percentage changes, were 37.39, 13.04 and 19.39% respectively **Table 7**.

Serum TNF- α level was significantly ($P < 0.05$) increased in Dox-administered rats recording percentage increase of 288.80% as compared with normal control. The treatment of Dox-administered rats with green tea infusion and epicatechin produced a significant decrease ($P < 0.05$) of the elevated serum TNF- α level; the recorded percentage decreases were -63.29 and -51.06% respectively as compared to Dox-administered rats. Thus, green tea infusion was more effective in improving the elevated serum TNF- α level **Fig. 2**.

Serum IL-4 level was significantly ($P < 0.05$) decreased in Dox-administered rats recording percentage decrease of -64.00% as compared with normal control. The treatment of Dox-administered

rats with green tea infusion and epicatechin produced a significant improvement of the lowered serum IL-4 level; the recorded percentage increases were 110.32 and 106.80% respectively as

compared to Dox-administered rats. Thus, green tea infusion was more potent in improving the lowered serum IL-4 level **Fig. 3**.

TABLE 7: EFFECTS OF GREEN TEA AQUEOUS EXTRACT AND EPICATECHIN ON HEART GSH CONTENT AND GPx AND GST ACTIVITIES IN DOX-ADMINISTERED RATS

| Experimental conditions | GSH (nmole/100mg tissue) | GPx (mU/100mg tissue) | GST (U/100mg tissue) |
|-------------------------|---------------------------|----------------------------|---------------------------|
| Control | 90.57 ± 4.92 | 129.28 ± 3.57 | 51.12 ± 4.72 |
| Dox | 61.81 ± 7.46 ^a | 114.49 ± 7.01 ^a | 42.18 ± 1.22 ^a |
| % change ^(A) | (-31.75%) | (-11.44%) | (-17.49%) |
| Dox+GT | 75.08 ± 6.47 ^b | 126.91 ± 2.72 ^b | 51.12 ± 1.25 ^b |
| % change ^(B) | (+21.47%) | (+10.85%) | (+21.19%) |
| Dox+Epi | 84.92 ± 7.51 ^b | 129.42 ± 9.35 ^b | 50.36 ± 4.05 ^b |
| % change ^(C) | (+37.39%) | (+13.04%) | (+19.39%) |

Data represented as a mean ± SEM. The number of animals in each group is six. a, b: Significant difference in comparison with the corresponding normal control and Dox-administered group respectively, at P<0.05. (A), (B): Percentage of changes about the normal control and Dox-administered group respectively.

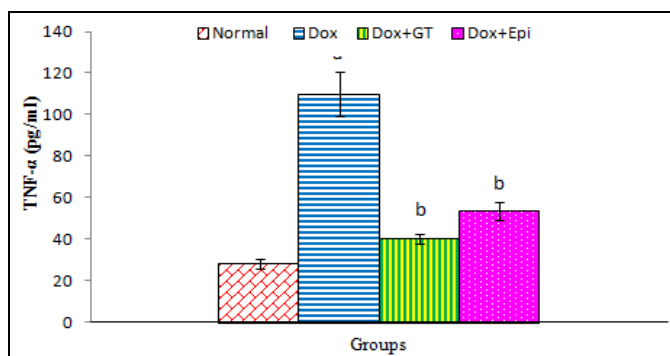


FIG. 2: EFFECT OF GREEN TEA INFUSION AND EPICATECHIN ON SERUM TNF-α LEVEL IN DOX-ADMINISTERED RATS. a, b: Significant difference in comparison with the corresponding normal control and Dox-administered group respectively, at P<0.05

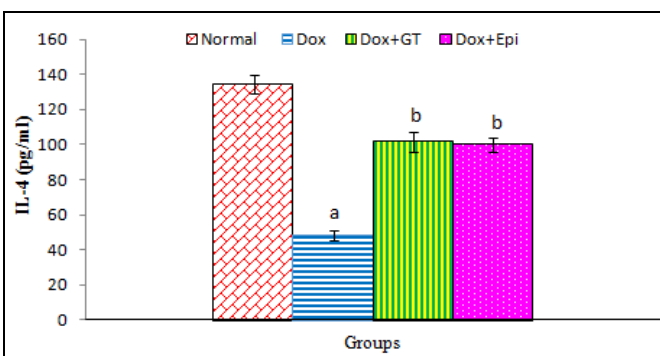


FIG. 3: EFFECT OF GREEN TEA INFUSION AND EPICATECHIN ON SERUM IL-4 LEVEL IN DOX-ADMINISTERED RATS. a, b: Significant difference in comparison with the corresponding normal control and Dox-administered group respectively, at P<0.05

The kidney sections of normal control rats depicted normal glomeruli with normal Bowman’s capsule,

proximal tubules and distal tubules (**Fig. 4**; Photomicrographs 4A and 4B).

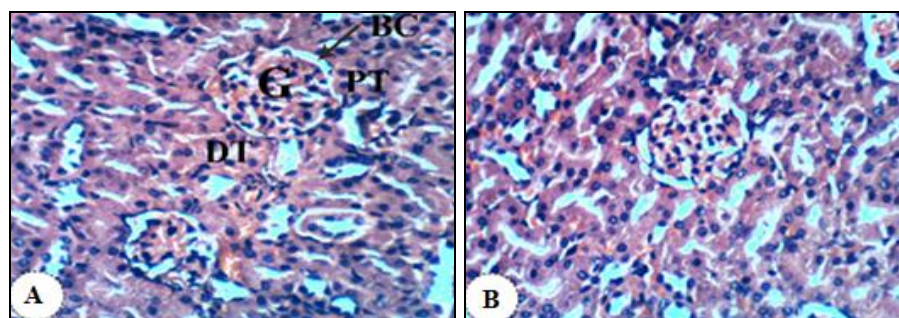


FIG. 4: PHOTOMICROGRAPHS OF KIDNEY SECTIONS OF NORMAL HISTOLOGICAL STRUCTURE OF RENAL PARENCHYMA (A & B) SHOWING NORMAL GLOMERULI (G) WITH NORMAL BOWMAN’S CAPSULE (BC), PROXIMAL TUBULES (PT) AND DISTAL TUBULES (DT). (H & E X400)

In contrast, the histopathological examination of kidney sections of Dox-administered rats showed disrupted histological architecture and integrity and several lesions represented by focal inflammatory

cells infiltration between the tubules, perivascular edema and thickening of the parietal layer of Bowman’s capsule, and atrophies of glomerular tufts (**Fig. 5**; Photomicrographs 5a, 5b and 5c).

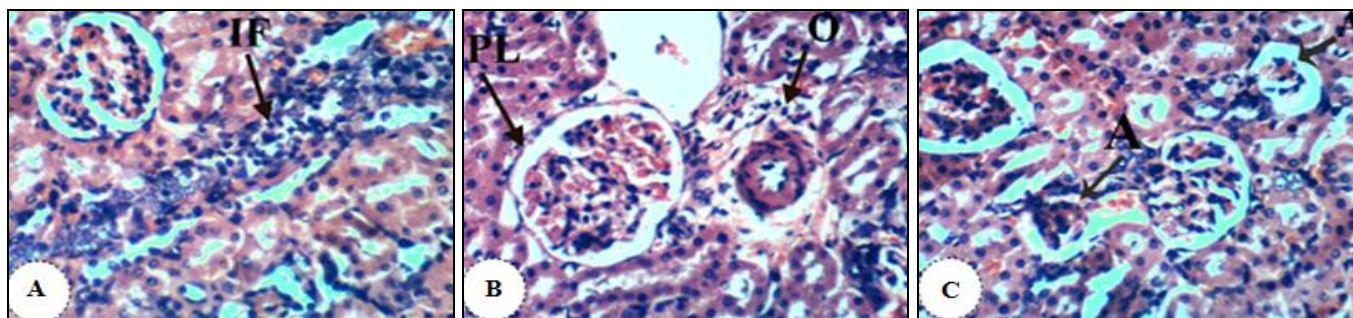


FIG. 5: PHOTOMICROGRAPHS OF KIDNEY SECTIONS OF DOX-ADMINISTERED RATS SHOWING: A) FOCAL INFLAMMATORY CELLS INFILTRATION (IF) IN BETWEEN THE TUBULES (H & E X 400). B) PERIVASCULAR OEDEMA (O) AND THICKENING OF THE PARIETAL LAYER (PL) OF BOWMAN'S CAPSULE (H & E X 400). C) ATROPHY (A) OF GLOMERULAR TUFTS. (H & E X 400)

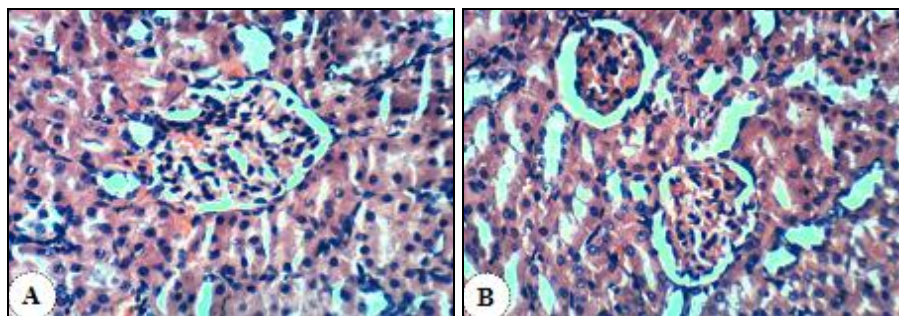


FIG. 6: PHOTOMICROGRAPHS OF KIDNEY SECTIONS OF DOX-ADMINISTERED RATS TREATED WITH GREEN TEA SHOWING NO HISTOPATHOLOGICAL CHANGES. (H & E X 400)

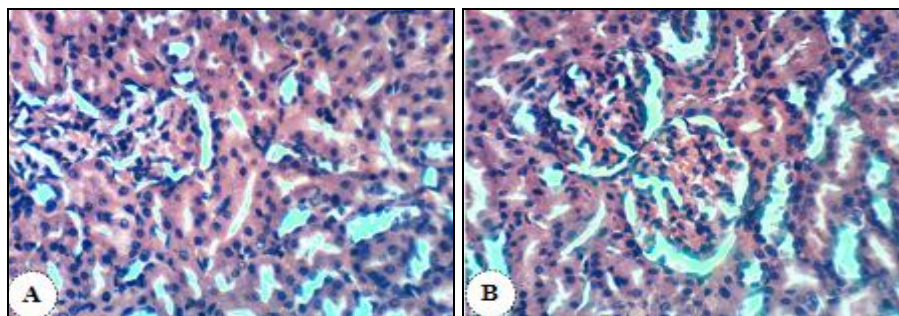


FIG. 7: PHOTOMICROGRAPH OF KIDNEY SECTIONS OF DOX-ADMINISTERED RATS TREATED WITH EPICATECHIN SHOWING NO HISTOPATHOLOGICAL CHANGES. (H & E X 400)

The treatment of Dox-administered rats with green tea infusion (**Fig. 6**; Photomicrographs 6a and 6b) and epicatechin (**Fig. 7**; Photomicrographs 7a and

7b) resulted in an amendment of Dox-induced kidney injuries and improvement of histological architecture and integrity.

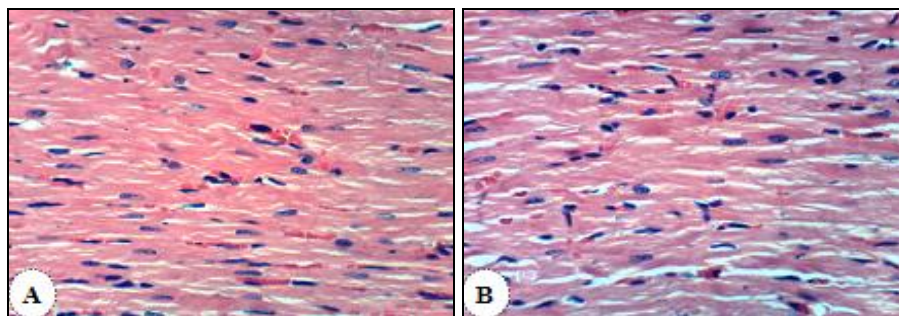


FIG. 8: PHOTOMICROGRAPHS OF HEART SECTIONS OF NORMAL HISTOLOGICAL STRUCTURE OF CARDIAC MYOCYTES. (H & E X 400)

The photomicrographs of the heart section of normal rats exhibited no histopathological alterations

and normal histological structure of the cardiac myocytes (**Fig. 8**; Photomicrographs 8a and 8b).

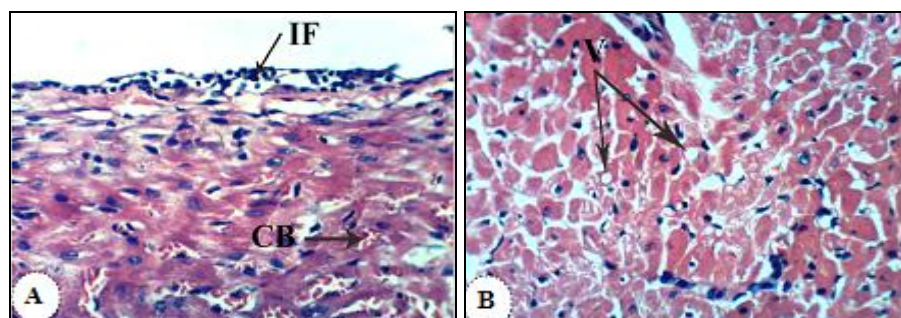


FIG. 9: A PHOTOMICROGRAPH OF DOX-ADMINISTERED RATS SHOWING: A) MONONUCLEAR CELLS INFILTRATION (IF) IN THE PERICARDIUM AND CONGESTION OF INTERMUSCULAR BLOOD CAPILLARIES (CB). (H & E X 400). B) VACUOLATION OF SARCOPLASM (V) OF CARDIAC MYOCYTES. (H & E X 400)

The photomicrographs of heart sections of Dox-administered rats exhibited disrupted architecture and integrity since many lesions represented by mononuclear cells infiltration in the pericardium, congestion of intermuscular blood capillaries, vacuolation of sarcoplasm of cardiac myocytes (**Fig. 9**; Photomicrographs 9a and 9b) were noticed. The treatment of Dox-administered rats with green tea infusion **Fig. 10** and epicatechin **Fig. 11** leads to a marked improvement of Dox-induced heart histological architecture and integrity. The deleterious histological changes observed in the heart of Dox-administered rats disappeared as a result of treatment with green tea infusion and epicatechin.

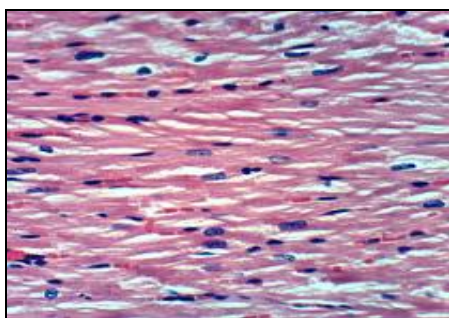


FIG. 10: A PHOTOMICROGRAPH OF HEART SECTION OF DOX-ADMINISTERED RATS TREATED WITH GREEN TEA SHOWING MARKED REGION OF NORMAL STRUCTURE. (H & E X 400)

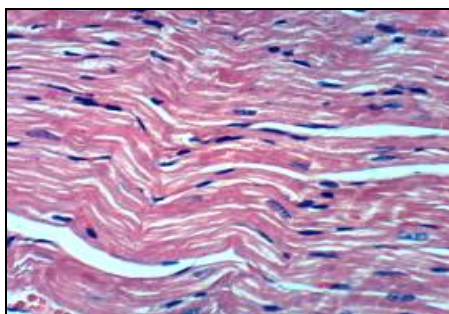


FIG. 11: A PHOTOMICROGRAPH OF HEART SECTION OF DOX-ADMINISTERED RATS TREATED WITH EPICATECHIN SHOWING MARKED REGION OF NORMAL STRUCTURE. (H & E X 400)

DISCUSSION: Kidneys are pivotal in the elimination of numerous xenobiotics, including drugs and environmental chemicals as well as endogenous metabolites. They have developed transport systems to prevent urinary loss of filtered nutrients, such as glucose, oligopeptides, and inorganic ions, as well as to facilitate the elimination of a variety of xenobiotics²⁵. Markers commonly and routinely used to test kidney function include concentrations of creatinine and urea nitrogen²⁶. Changes in these markers have been used to assess renal function for decades, but each marker has limitations²⁷.

Serum creatinine is an essential indicator of renal health since it is easily measured by the product of muscle metabolism since it produced from muscle at a constant rate. Creatinine is primarily filtered out of the blood by the kidneys (glomerular filtration and proximal tubular secretion), and it is sparsely or not reabsorbed by the renal tubules. If the filtering of the kidney is damaged, the serum creatinine level increases. Serum creatinine is probably the most widely used indirect measure of glomerular filtration rate (GFR)^{28, 29}.

Urea is a commonly used a marker for the diagnosis of renal failure. Urea is a by-product of protein metabolism and is used as a marker in acute kidney injury for retention and elimination of uremic solutes³⁰. Unlike creatinine, urea is not produced at a constant rate, and the rate can be influenced by extrarenal factors. Urea production can be increased by diet, critical illness, burns, trauma, gastrointestinal bleeding, and sepsis and can be influenced by drugs, such as corticosteroids²⁶. Kidneys completely filter an excess of urea into the urine, but due to renal dysfunction, urea is released into the bloodstream as serum urea.

Therefore, higher serum urea level is directly proportional to the severity of renal damage²⁸. Uric acid, that is another marker of kidney dysfunction, is the final oxidation product of purine metabolism and is really excreted. Therefore, elevated serum uric acid levels are seen in patients with reduced GFR³¹.

The present study revealed that i.p. Injection of 4 mg Dox/kg b.w. for 6 weeks induced nephrotoxicity manifested biochemically by a significant increase of serum creatinine, urea and uric acid levels. These results are in accordance with Venkatesan³², Chen *et al.*,³³ and Mohana *et al.*,³⁴. In addition, it was reported that Dox-induced changes in the renal tissue of rats include increased glomerular capillary permeability and tubular atrophy³⁵.

Although, the exact mechanism of Dox-induced nephrotoxicity remains unknown, it is believed to be mediated through free radical formation, iron-dependent oxidative damage of biological macromolecules and membrane lipid peroxidation³⁶. Concomitant with the altered serum biochemical changes related to liver dysfunction, the kidney sections of Dox-administered rats exhibited atrophy of glomerular tufts, thickening of the parietal layer of Bowman's capsule, focal inflammatory cells infiltration between the tubules, perivascular edema. The previous deleterious biochemical and kidney histological alterations, in the present study, were associated with a marked elevation of kidney LPO and a significant decrease of non-enzymatic antioxidant- GSH content and enzymatic antioxidants- SOD, GPx and GST activities. These results are in agreement with several authors^{34, 37, 38}. Thus, it can be suggested that the deteriorated changes in oxidative stress and antioxidant defense system in Dox-injected rats may be involved in inducing kidney lesions.

In supporting this hypothesis, Deman *et al* suggested that the reduced glutathione content in the renal cortex of Dox-injected rats supports the idea of free radical involvement in nephrotoxicity of Dox³⁷. In the same way, Kocahan *et al.*, stated that kidney toxicity during doxorubicin is mediated by oxidative stress resulting from the elevation of oxidant radicals and the decline in antioxidants such as GPx, SOD, and catalase³⁹.

The treatment of Dox-injected rats with green tea infusion and epicatechin, in the present study, significantly improved the elevated serum creatinine, urea, and uric acid levels. These results are in concurrence with those of the previous finding of Chacko *et al.*, who found that plasma creatinine and urea levels were reduced by the administration of green tea polyphenols in alloxan-induced diabetic rats⁴⁰. In the same regard, Yokozawa *et al.*, found that green tea significantly decreased serum creatinine and malondialdehyde levels, kidney excretion of glucose and proteins and oxidative stress in the kidney⁴¹.

In consistency with the improvement in the serum variables related to kidney function in the current study, the kidney histological architecture and integrity of Dox-injected rats were remarkably ameliorated and normalized as a result of treatment with green tea infusion and epicatechin. The increased oxidative stress and suppressed antioxidant defense system in Dox-injected rats were also significantly ameliorated due to treatments with green tea and epicatechin; this was manifested by a decrease in kidney LPO and increase in kidney GSH content and GPx and GST activities.

Thus, it can be suggested that the decrease in oxidative stress and enhancement of the antioxidant defense system may contribute, at least in part, to improve the kidney function and histological integrity as a result of treatment of Dox-injected rats with green tea infusion and epicatechin. This suggestion goes parallel with other previous publications which depicted the roles antioxidant effects of green tea and its constituents in preventing and curing oxidative stress-induced diseases^{40, 41, 42, 43}. Several serum or plasma biomarkers were established to detect heart function and cardiotoxicity. It has been reported that the enzymes AST, CK and LDH that leak from the tissue damage, are the best marker of cardiotoxicity due to their tissue specificity and serum catalytic activity⁴⁴.

The present study revealed that intraperitoneal injection of 4 mg Dox/ kg b.w. for 6 weeks induced cardiotoxicity that was manifested by elevation in serum CK-MP, LDH and AST activities. These results are in accordance with Pointon *et al.*,⁴⁵ and

Tikoo *et al.*,⁴⁶ who stated that the major mechanism of Dox cardiotoxicity is *via* damage or inhibition of electron transport chain (ETC) by involving alteration in the expression and translation of myocardial ETC genes, leading to ATP loss and caspase-3 activation which lead to elevation in the activities of serum CK-MP, LDH, and AST. Elevation of serum activities of CK-MP, LDH and AST enzymes are considered as important markers of early and late cardiac injury especially during clinical follow-up of Dox therapy⁴⁷. Administration of Dox may lead to the damage of the myocardial cell membrane, or it becomes permeable, that resulted in the leakage of AST, CK-MB, and LDH in the blood^{48,49}.

Dox-induced cardiotoxicity may also occur due to the formation of free reactive oxygen radicals, direct DNA damage, and interference with DNA repair and induction of immune reactions involving antigen-presenting cells in the heart^{50, 51}. The enzymatic pathway of Dox-induced free radical generation involves the mitochondria and is an important mechanism of Dox cardiotoxicity. Dox has a high affinity for cardiolipin, a phospholipid that is enriched in the inner mitochondrial membrane. Due to this, Dox concentrates inside the myocytes⁵². Further, Dox-induced mitochondrial damage might lead to respiratory chain defects, resulting in continuous production of free radicals. Also, mitochondrial damage may result in the release of cytochrome C, leading to the induction of apoptosis. Dox is also believed to reduce the activity of respiratory complexes, adenine nucleotide translocator or the voltage-dependent anion channel, which are important in the generation and transport of ATP from the mitochondria to the cytosol. Increased oxidative stress is a common factor implicated across the numerous hypotheses of the cardiotoxicity of Dox^{46, 48, 53, 54}. The implication of increased oxidative stress and production of free radicals in Dox-induced cardiotoxicity is also supported by the present study which revealed a significant increase in heart LPO and a significant decrease in kidney GSH content as well as suppression of GPx and GST activities.

Histological examination of the heart sections of Dox-administered rats, in the present study, supported the biochemical results related to heart

dysfunction. The heart showed marked interstitial edema, necrosis of some myocardial fibers associated with blood congestion and extensive hemorrhage. These results are in concurrence with Ito *et al.*,⁵⁵, Saad *et al.*,⁵⁵ and Tikoo *et al.*,⁴⁶ who noticed changes in the heart in the form of oedema, haemorrhage, necrosis and degenerative changes in Dox-treated rats and with Osman *et al.*,⁵⁶ and Saraogi *et al.*,⁵⁷ who showed swollen cardiac muscle fibers, interstitial edema and inflammatory infiltration.

The treatment of Dox-administered animals with green tea infusion and epicatechin significantly decreased the elevated heart LPO and improved the lowered heart GSH content and activities of the heart antioxidant enzymes including GPx and GST in association with the amendment of the Dox-induced deleterious histological changes. These results are in agreement with previously published reports of Khan *et al.*,⁴⁹ who found that decreased activity of the antioxidant enzymes like GPx, GST, SOD, and catalase in Dox-injected rats was significantly improved as a result of pre-treatment with green tea extract. According to Khan *et al.*,⁴⁹, green tea has been shown to neutralize reactive oxygen species, such as superoxide radical, singlet oxygen, hydroxyl radical, peroxy radical, nitric oxide, nitrogen dioxide, and peroxy nitrite, thereby reducing the damage to lipid membranes, proteins and nucleic acids in cell-free systems. In the same regard, Zheng *et al.*,⁵⁸ found that green tea protects against Dox-induced cardiomyocytes injury and protects from Dox-induced LPO.

Furthermore, Babu *et al.* found that green tea extract lowers the lipid peroxidation in heart and aorta of diabetic rats⁵⁹. In our opinion, the preventive effect of green tea infusion and epicatechin on the decrease of non-enzymatic and enzymatic antioxidants and increase in LPO could be attributed to the antioxidant and ROS scavenging properties of green tea infusion constituents and epicatechin. In the present study the green tea infusion was reported to contain many antioxidant constituents including gallic acid, (-)-gallocatechin, (-)-gallocatechin, (-)-epigallocatechin, caffeine, (-)-epicatechin, (-)-epigallocatechin gallate, (-)-gallocatechin gallate, (-)-epicatechin gallate, (-)-catechin gallate, caffeine.

In the present study, the level of the pro-inflammatory cytokine, TNF- α , in serum was significantly elevated in Dox-administered rats while the level of the anti-inflammatory cytokine, IL-4, was significantly decreased reflecting the preponderance of Th1 and the presence of elevated Th1: Th2 cell ratio. These alterations were associated with presence of inflammatory cells' infiltrations in the kidney and heart. By these changes, Shankar *et al.* found that injection of Dox augments a peripheral increase in the cytokine TNF- α , which stimulates several inflammatory pathways⁶⁰.

The treatment of Dox-injected rats with green tea infusion and epicatechin significantly improved the elevated serum TNF- α level and the lowered serum IL-4 level and the inflammatory leucocytic infiltration in renal and cardiac tissues. Thus, both green tea infusion and epicatechin have potent anti-inflammatory effects. The anti-inflammatory, as well as the antioxidant effects of green tea infusion, may be attributed to its constituting epicatechin, other catechins, gallic acid and caffeine^{61, 62, 63, 64}.

CONCLUSION: Both green tea infusion and epicatechin successfully prevented Dox-induced kidney and heart injuries manifested by improvement in the function and histological integrity of kidney and heart. These preventive effects may be mediated *via* suppression of oxidative stress and inflammation as well as enhancement of the antioxidant defense system.

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CONFLICT OF INTEREST: The authors declare that there no conflict of interest.

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