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# MEDICINAL PLANTS AND PHYTOCHEMICALS AGAINST *PSEUDOMONAS AERUGINOSA* QUORUM SENSING

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**ABSTRACT:** Medicinal plants are significantly used in the cure of various ailments from ancient times. Literature suggests that traditional medicinal plants from Fabaceae, Lamiaceae, Myrtaceae, and Anacardiaceae, Combretaceae family are widely studied, and they potentially inhibit quorum sensing, a bacterial communication mechanism that leads to the pathogenesis. Plants such as Anogeissus leiocarpus, Brassia oleraceae, Camellia nitidissima, Cassia alata, Laserpitium ochridanum, Neppenthes alata, Parkia javanica, Pistacia atlantica, Plantago asiatica, Psidium guajava, Quercus infectoria, Terminallia bellerica, Terminallia catappa, are reported to be effective in quorum sensing inhibition. Plant extracts containing phytochemicals such as quercetin, kaempferol, myricetin, baicalin, cassipourol, 6-gingerol and eugenol were reported to be potential inhibitors of Pseudomonas aeruginosa quorum sensing. Bioactive principles from medicinal plants with anti-quorum sensing properties are remarkable substitutes for synthetic antibacterial drugs, especially in the era of multi-drug resistant (MDR) pathogens. The anti-quorum sensing activity of medicinal plants against the Pseudomonas aeruginosa, a gram-negative MDR bacterium, is reviewed for the period from 1997 to 2019.

**INTRODUCTION:** Quorum sensing (QS) is a cell-to-cell communication process in bacteria to stimulate and respond based on population density through small signaling molecules <sup>1</sup>. Bacteria use QS systems to coordinate certain behaviors such as biofilm formation, virulence, and antibiotic production. Recently, quorum sensing has been shown to be involved in the development of resistance to various antimicrobial treatments and immune modulation.

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A drug that is capable of blocking QS is likely to increase the susceptibility of the infecting organism to host defenses and its clearance from the host. Since pathogenicity in many bacteria is regulated by QS, inhibition of this mechanism may lead to the suppression of virulence <sup>2</sup>.

The use of quorum sensing inhibitors (QSI) to attenuate bacterial pathogenicity, is highly particularly with respect to the attractive. emergence of the multi-antibiotic resistant bacteria P. aeruginosa. Interference with quorum sensing could be a novel approach to control bacterial infections as many bacteria rely on quorum sensing <sup>3</sup>. The World Health Organization (WHO) reported that 80% of the world's population use herbal medicines for their primary healthcare <sup>4</sup>. Natural products play a vital role in treating and preventing infectious diseases, and many approved drugs that we are using nowadays are derived from medicinal plants. To date, several studies have been focused on herbs that play a major role in the prevention, management, and treatment of various diseases due to their efficacy, less side effects, and relatively cost-effectiveness <sup>5</sup>. Contribution of medicinal plants towards ayurvedic medicine increased the potentiality of plant-derived novel drugs that enhance human health *via* their medicinal properties <sup>6</sup>. Here, we present an up-to-date review on medicinal plants with potential quorum sensing inhibitory effect with special emphasis on plant family, extraction methods, solvents used, and efficacy.

**Multi-Drug Resistance:** According to WHO, resistant microorganisms such as bacteria, fungi, viruses, and parasites can combat antimicrobial drugs, which leads to ineffective treatment resulting in the persistence of infections. Although the development of multidrug resistance is a natural phenomenon, its huge rise in recent years has become a major threat to mankind, especially among the immunocompromised individuals <sup>7</sup>. The process of drug discovery of new antimicrobial drugs takes a long time.

Hence, only very few new agents have recently been approved by the FDA and are available for use. The Infectious Diseases Society of America (IDSA) recognizes anti-microbial resistance as "one of the greatest threats to human health worldwide"<sup>8</sup>. Hence, the identification and evaluation of new antimicrobials with alternate strategy is much warranted.

**Pseudomonas aeruginosa** – A superbug: *Pseudomonas aeruginosa* is a life-threatening gram-negative bacterium in immunocompromised patients. It is a common cause of pneumonia, urinary tract and surgical-site infections, burn infections, and plays a vital role in cystic fibrosis infections. It can even lead to lethal conditions, especially due to its intrinsic resistance to antibiotics<sup>9</sup>. It is one of the uropathogens that resist the action of several antibiotics due to biofilm formation <sup>10</sup>. A range of mechanisms for adaptation, survival, and resistance against multiple classes of antibiotics makes *P. aeruginosa* the most emerging public health threat. This bacterium is resistant to nearly against almost all antibiotics, including aminoglycosides, cephalosporins, fluoroquinolones and carbapenems<sup>11</sup>.

**Quorum Sensing – A Promising Target:** Quorum sensing is a promising target for the development of new anti-infectives <sup>12</sup>. Bacterial pathogens rely heavily on QS systems to control the expression of genes vital for virulence. Bacterial quorum sensing is regulated via small signaling molecules called autoinducers (AIs). In Gram-negative bacteria, QS systems are mainly based on LuxI/LuxR homologues. The LuxI homologs encode an AHL synthase involved in the synthesis of signal molecules, and the LuxR homologs encode the transcription regulatory protein, which, upon binding of the cognate signal molecules, activates the transcription to the QS target genes <sup>13</sup>. At low cell density, the concentration of AHL is low, and unliganded LuxR receptors are intrinsically unstable and rapidly degradable. As cell density increases, the AHL concentration equally increases, and the accumulated AHLs interact with LuxR receptor, leading to stabilization of the proteinligand complex. The LuxR: AHL complex binds DNA at promoters activating the genes under the control of quorum sensing <sup>14</sup>. Many gram-negative organisms, including Pseudomonas aeruginosa, use AHL-type QS signals.

Quorum Sensing in *P. aeruginosa*: Pseudomonas spp., specifically P. aeruginosa, uses a complex network of quorum sensing receptors and AIs. The major P. aeruginosa receptors are LuxR-type receptors that, following autoinducer binding in the cytoplasm and function as DNA-binding transcriptional activators. There are currently four wellknown quorum sensing pathways in *P. aeruginosa*: two LuxR and LuxI-type systems called LasI/R and Rhll/R/the PqsR-controlled quinolone system and the IQS system that functions under phosphatelimiting conditions. However, the bacterium uses predominantly use LasI/LasR and RhII/RhIR systems as two main pathways for quorum sensing <sup>13, 15</sup>. The systems are organized in a hierarchy with LasR at the top of the cascade. LasR, in complex with 3-  $\infty$ -C<sub>12</sub>-HSL and activates a large regulon of downstream genes that includes the LasI synthase gene, which leads to the production of 3 $oxo-C_{12}$ -HSL.

The LasR–3-oxo- $C_{12}$ -HSL complex also activates the expression of RhIR and RhII, which encode the second quorum sensing system <sup>15</sup> and the PqsR and PqsABCDH genes, which encode the PQS system. RhIR operates similarly to LasR and, when bound to C<sub>4</sub>-HSL, activates its own regulon that includes RhII and thereby establishes the second autoinduction feed-forward loop. Thus, it is revealed that the quorum sensing mechanism is directly or indirectly regulating the biofilm and virulence trait, in turn, executing the pathogenesis.

**Inhibition of Quorum Sensing:** Quorum sensing inhibitors (QSIs) are the molecules responsible for inhibition of quorum sensing systems, which leads to suppression of biofilm and virulence factors. It includes furanones and their related structural analogs <sup>16</sup>, heavy metals <sup>17</sup> bismuth porphyrin complexes <sup>18</sup>, glycosylated flavonoids <sup>19</sup>, glycol-monoterpenols <sup>20</sup> and nanomaterials <sup>21</sup>. QS inhibitory activity is due to the structural similarity of furanones with AHLs, but some studies also showed that furanones might function through degrading of the LuxR-type protein <sup>22</sup> or lowering the DNA-binding activity of LuxR, the transcriptional regulator protein <sup>23</sup>. Biofilm formation and QS-controlled virulence factors was reduced by furvina, sulphoraphane, and erucin <sup>24, 25</sup>.

Anti-quorum Sensing in Medicinal Plant Formulations: In Indian traditional medicine a formulation called Panchvalkal extract (Pentaphyte P5-capsule form) prepared with mixtures of bark extracts of Ficus racemosa, Albizzia lebbec, Ficus bengalensis, Ficus lacor and Ficus religiosa exerts anti-virulence effects by disrupting the QS mechanism<sup>26</sup>. Ethanol extract of traditional Thai herbal formulation "Ya-Samarn-Phlae" containing equal proportions of Oryza sativa L. (seed), Curcuma longa L. (rhizome), Areca catechu L. (seed) and *Garcinia mangostana* L. (pericarp) shows significant anti- Pseudomonas biofilm activity <sup>27</sup>. Notably, flavonoids and certain terpenoids containing plant extracts were found to show remarkable quorum sensing inhibition against P. aeruginosa. Aqueous extract of the Chinese medicine Yunnan Baiyao showed inhibitory activity against the virulence of *P. aeruginosa*  $^{28}$ .

Medicinal Plant Extracts against Quorum Sensing: Various plants have been identified with

the potential to disrupt bacterial quorum sensing (QS), which plays a key role in the regulation of virulence in many gram-positive and gram-negative bacteria <sup>29</sup>. Pyocyanin was remarkably reduced by *Aegle marmelos*. Enhanced cell adhesion inhibition was shown by *Cynodon dactylon* <sup>30</sup>. Rosina Khan has been reported that ethanol fraction of root of *Zingiber officianalis* showed high antiquorum activity <sup>31</sup>. Ethanol extracts of leaves of *Mangifera indica, Cassia alata,* plant parts of *Centilla asiatica,* inhibited QS regulated phenotypes, a significant reduction in swarming <sup>32, 33</sup>.

Ethyl acetate fraction of *Parkia javanica* fruit extract (PJE) and Onion peel (ONE) inhibited the QS-mediated biofilm formation, EPS (Extracellular polymeric substances) production and swarming motility, elastase, pyocyanin production  $^{34, 35}$ . Chloroform and petroleum extract of *O. hadiense*  $^{36}$ and the extract of *T. bellerica* has reduced the production of pyocyanin, exopolysaccharide, and biofilm formation in *P. aeruginosa* strains  $^{37}$ . Dichloromethane extract of fig leaf inhibited QS regulated phenotypes  $^{38}$ .

Gallic acid, catechin, ellagic acid, chlorogenic acid, quercetin, and kaempferol were identified in the Dichloromethane fraction of *Camellia nitidissima* flowers <sup>39</sup>. The aqueous leaf extract of *Psidium guajava* (GLE), *Centella asiatica* inhibits swarming motility of *Pseudomonas aeruginosa* <sup>40,</sup> <sup>32</sup>. Reverse phase-solid phase extraction of aqueous leaf extract of *Cassia alata* inhibited biofilm formation of *Pseudomonas aeruginosa* <sup>41</sup>. Plants from 61 distinct families were assessed for quorum sensing especially plants belonging to the families Fabaceae, Lamiaceae, Combretaceae, Myrtaceae, Zingiberaceae are widely studied, and they potentially inhibit quorum sensing **Table 1**.

**Phytochemicals as Quorum Sensing Inhibitors:** Major flavonoids, namely, quercetin, quercetrin, kaempferol, myricitin <sup>42, 43</sup>, flavanones like naringenin, eriodictyol and taxifolin <sup>44</sup>, baicalin <sup>45, 34</sup>, eugenol <sup>46</sup>, cassipoural <sup>47</sup>, flavonoids <sup>48</sup> shows quorum sensing inhibitory activity. Coumarin, a natural plant phenolic compound, Cinnamon <sup>49, 50</sup>, Oleanolic aldehyde coumarate (OALC), a novel bioactive compound obtained from extracts of *Dalbergia trichocarpa* bark <sup>51</sup>, 6-gingerol, a pungent oil of fresh ginger and Rosmarinic acid shows inhibition against *Pseudomonas aeruginosa* <sup>52, 53</sup>. Virulence factor production was suppressed by administration of flavonoids to *P. aeroginosa*. Especially structure activity relationship reveals that to inhibit LasR / RhlR, two hydroxyl moieties present in the flavone-A ring backbone is important <sup>54</sup>. Extracts of cauliflower, celery salt, chervil, garden cress, lemongrass, radish, thyme, water cress shows positive result QSI screening <sup>55</sup>. Mortality of *C. elegans* was inhibited by aqueous

extracts of *Conocarpus erectus*, *Callistemon viminalis*, *Bucida buceras* <sup>56</sup>. Essential oils of cinnamon, lavender, and peppermint showed anti-QS activity <sup>31</sup>.

**Table 1** lists various plant extracts tested for anti-<br/>quorum sensing efficacy. Natural products from<br/>plant sources specifically tested for anti-quorum<br/>sensing efficacy against *P. aeruginosa* are listed in<br/>Table 2.

S.	Name of the	Family	Active components /	Part(s)	Solvent(s)	MIC mg/ml	Effects	Reference
1	Aarmoracia	Brassicaceae	Iberin		Ethyl acetate		Inhibited expression	55
1	rusticana	Drussiedeede	ionii	-	methanol, water		of the lasB-GFp and RHLA-GFP genes in the <i>P. aeruginosa</i>	55
2	Acer palmatum	Sapindaceae	ND	Leaves	Methanol (99%)	-	Anti-infection activity in <i>C. elegans</i> model, attenuate the virulence of <i>P.</i> <i>aeruginosa</i> PAO1	57
3	Acer pseudosieboldianum	Sapindaceae	ND	Leaves	Methanol (99%)	-	Anti-infection activity in <i>C. elegans</i> model, attenuate the virulence of <i>P.aeruginosa</i> PAO1	57
4	Aegle marmelos	Rutaceae	Pentadecanoic acid, 14- methyl-, methyl ester, Hexadecenoic acid, ethyl ester, 1-(+) Ascorbic acid 2,6- dihexadecanoate, oleic acid, 9-Octadecanoic, (E), Hexadecenoic acid,2,3- dihydroxypropyl ester(n)- 9-Octadecanoic, (Z)-,2- hydroxy- 1(hydroxymethyl)ethyl ester	Leaves	Ethanol	-	Maximum reduction of pyocyanin production	30
5	Ageratina adenophora	Asteraceae	Sesquiterpenes, alkaloids, Coumarins	Leaves	95% Ethanol	-	QSI only on the swarming motility but not in pyocyanin production	48
6	Allium cepa	Amaryllidaceae	7-keto-(5,6-di-hydro)-β - Sistosterol	Husk	Hydro acetone (70%)	ND	Significant reduction on pyocyanin and biofilm induction, inhibited swimming motilities	58
7	Allium cepa	Amaryllidaceae	Quercetin 4-O- β-D glucopyranoside	Peel	Ethyl acetate	0.500 (cv) 0.800 (p.a)	Inhibition of QS controlled virulence Factors (violacein, elastase, pyocyanin, biofi lm), bind at active sites of Vfr, LasR	35
8	Allium sativum	Amaryllidaceae	-	Cloves	Normal Saline	-	Lowered renal bacterial counts and protected mouse kidney from tissue destruction. <i>In-vitro</i> data showed decreased elaboration of virulence factors and reduced production of quorum-sensing signals	59
9	Aloe barbadensis	Liliaceae	-	Leaves	1:1 acetone,	-	Inhibition of	60

#### TABLE 1: MEDICINAL PLANTS AGAINST PSEUDOMONAS AERUGINOSA

10	Alstonia scholaris (L.) R. Br.	Apocynaceae	3,5,7-trihydroxy flavone	Leaves	Methanol	-	Isolated TF reduced biofilm, pyocyanin, proteolytic,	61
11	Alstonia scholaris (L.) R. Br. (Palay)	Apocynaceae	Alkaloids, Tannins, Triterpenoids, Flavonoids, Phenolic acid	Leaves	95% Ethanol	-	swimming, EPS QSI only on the swarming motility but not in pyocyanin	48
12	Amomum tsao-ko crevost et lemaire	Zingiberaceae	tsaokoaryline	Fruits	Ethanol: Water (80:20)	2.0	production Inhibition of biofilm, violacein, swarming	62
13	Amphypterygium adstringens	Anacardiaceae	Anacardic acids mixture	Stem bark	Hexane	-	Inhibition of pyocyanin, rhamnolipid, elastase,	63
14	Anadenanthera colubrina	Fabaceae	Tannins	Stem bark	Water	2.5	violacein production Inhibit biofilm formation via bacteriostatic	64
15	Ananas cosmosus	Bromeliaceae	-	Fruits	Water	-	reduced biofilm, LasB activity, violacein formation,	65
16	Andrographis paniculata	Acanthaceae	-	All	*Chloroform, Methanol, Water	5.0	Significant reduction of QS-controlled virulence factors by chloroform, methanol extracts	66
17	Andrographis	Acanthaeceae	-	Leaves	70% ethanol	1.0	Inhibition of QS	67
18	Andrographis paniculata	Acanthaceae	-	Herbs	Water	0.5	Reduction in pyocyanin pigment, protease, elastase production, and	68
19	Anogeissus accuminata	Combretaceae	N Hexadecenoic acid, squalene, phytol, betulin, oleyl alcohol, α -tocopherol	Plant material	Methanol	1.0	biofilm formation Significantly reduce violacein, elastolytic activity, EPS,	69
20	Anogeissus leiocarpus	Combretaceae	-	Stem	Methanol	0.1	virulence factors Down streaming RHLR gene, reduction of	9
21	Areca catechu	Palmae		Seed	1:1 acetone	-	Interfere with QS, reduced the	70
22	Artocarpus altilis	Moraceae	-	Flower	70% ethanol	0.5	development Reduced swimming pyocyanin, LasA	67
23	Aster bakeranus	Asteraceae	-	Root	Ethyl acetate	2.0	staphylolytic Activity in cell attachment Assay, inhibition of	71
24	Ayapana triplinervis (Vahl)	Asteraceae	Coumarins, Tannins, Phenols, Flavonoids,	Leaves	95% Ethanol	-	QSI on swarming motility and	48
25	Azadirachta indica	Meliaceae	Pentadecanoic acid, 14- methyl-methyl ester. 8, 11- Octadecadienoic acid, methyl ester. 10- Octadecadienoic acid, methyl ester. Ethanol, 2-(9- octadecenyloxy)z- Oleic acid. [60] Hexadecanoic acid, 1- (hydroxymethyl)1- 2-ethannediyl ester. 9- Octadecenoic acid(z)-,2- hydroxy-1 (hydroxymethyl) ethyl ester.	Leaves	95% ethanol	-	Reduced biofilm formation	30
26	Bidens pilosa	Asteraceae	Flavonoids, Terpenoids	Leaves	95% Ethanol	-	QSI on swarming, pyocyanin	48
27	Brassica oleracea	Brassicaceae	-	Herb	Distilled Water	-	Significantly inhibited OS	72
28	Brassica oleracea	Brassicaceae	Sulforaphane, Erucin	-	Water	-	Sulforaphane and erucin effectively	25

							in inhibition of QS	
29	Brassica oleracea	Brassicaceae	Sulphoraphane	Flower	Ethyl acetate	0.008	Inhibit biofilm,	73
30	Bucida buceras	Combretaceae		NM	Water	-	Inhibition of LasA	56
			-				protease, LasB elastase, pyoyerdin	
							biofilm formation, QS	
							genes ,QS controlled	
31	Callistemon	Myrtaceae	-	Leaves	95% Ethanol	-	Inhibition of	65
	lanceolatus						violacein, increase in	
32	Callistemon	Myrtaceae				-	Inhibition of LasA	56
	viminalis		-	NM	Water		protease, LasB	
							biofilm formation, QS	
							gene expression, QS	
33	Camellia	Theaceae	Gallic acid. Catechin.		(ethanol (95%))	0.067	Controlled factors	39
	nitidissima		Ellagic acid, Chlorogenic	Flowers	Dichloro	0.024	expressions of LASR,	
			acid, Quercetin, Kaempferol		Methane	0.020	RHLR, inhibited	
			imenipieror				pyocyanin	
34	Camellia sinensis L.	Theaceae	Tea polyphenols, Catechins	Leaves	Water	0.781	Total proteolytic,	74
							biofilm formation eas	
							reduced, reduction of	
							pathogenecity in C.	
							elegans, colony	
							wound area decreased	
35	Capparis spinosa	Capparaceae		Fruit	Methanol	2.0	Inhibited violacein,	75
			-				rhamnolip ids,	
26	Cassia alata I	Eshaasaa	Overestin Overestrin and		Ethonol	0.4	biofilm	41
30	Cussia aiaia L.	Fabaceae	Kaempferol		Methanol And	0.4	production, biofilm	41
			-	Leaves	Ethyl acetate		formation	
					(bloassay guided fractionation)			
37	Cenchrus ciliaris	Poaceae	-	Leaves	Methanol	2.0	Activity in cell	71
					water	4.0	assay, inhibition of	
20		<b>.</b> .				0.4	biofilm growth	22
38	Centella asiatica	Apiaceae	-	NA	(Ethyl acetate	0.4	pyocyanin,	32
					Fraction)		elastolytic,	
							proteolytic, swarming, biofilm	
39	Centella asiatica	Apiaceae	-	Leaves	70% ethanol	0.5	Reduced swimming,	67
40	Centratherum	Asteraceae	1-Oxo-3, 10-epoxy-5			-	Inhibited elastase.	76
	punctatum		hydroxy-8-metacryloyloxy-				biofilm formation	
			germacra- 2,4(15),11(13)- trien-6,12-olide, 1-Oxo-	Aerial				
			3,10-epoxy-8-	Parts	-			
			methacryloyloxy- 15- hydroxygermacra 2 4 1					
			1(13)-trien-6,12-olide. 1-					
			Oxo-3,10-epoxy-8- epoxymethacryloyloxy-15-					
			hydroxygermacra-					
			2,4,11(13)-trien-6,12-olide.					
			hydroxy-8- angeloyloxy-					
			germacra-2, 4(15),11(13)-					
			1-Oxo-3, 10-epoxy-8-					
			angeloyloxy-15- hydroxyl-					
			6, 12-olide; 1-Oxo-3, 10-					
			epoxy-5-hydroxy-8-					
			tigloyloxy-germacra-2, $4(15)$ , $11(13)$ - trien-6.12-					

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			olide.					
41	Cersis chinensis	Fabaceae	ND	Leaves	Methanol	ND	Anti-infection activity in <i>C. elegans</i> model, attenuate the	57
							aeruginosa PAO1	
42	Cestrum nocturnum	Solanaceae	Alkaloids, flavonol	Leaves	95% Ethanol	-	QSI on pyocyanin,	48
43	Chamaesyce	Euphorbiaceae	-	NM	Water	-	Inhibition of QS	56
	hypercifolia						genes and QS-	
							factors	
44	<i>Citrus paradisi</i> Macfadyen Rio red	Rutaceae	Dihydroxy -bergamottin and bergamottin	Fruit (juice)	Ethyl acetate	9.5	Inhibition of AI-1,AI- 2, significantly	77
45	Citrus paradisi Marsh white	Rutaceae	Dihydroxy -bergamottin and bergamottin	Fruit (juice)	Ethyl acetate	9.5	Inhibition of AI-1,AI- 2, significantly	77
46	Citrus sinensis	Rutaceae	-	Seeds	95% Methanol	-	Significant	78
							elimination of pyocyanin formation and biofilm	
47	Cnidium monnieri	Apiaceae	-	Seeds	1:1 acetone	-	Inhibition of	60
18	Coffee grabics	Pubiacaaa	Seculternenes Amides	Աոշե	Hudro		swarming Inhibited biofilm	70
40	Cojjee arabica	Kublaceae	Sterols	HUSK	distillation	-	swarming, extracellular	19
49	Combretum	Combretaceae	[(2R.3S)- 2-(3.4-			-	polymeric substances Negative effect on	43
	albiflorum		dihydroxyphenyl)- 3, 4dihydro-1(2H)- hongopurap 3, 5, 7, trioll	Bark	Water		pyocyanin, elastase, biofilm, QS-regulated	
50	Commiphora	Burseraceae	Tannins	Bark	Water	1.0	Inhibit biofilm	64
	leptophloeos						formation via bacteriostatic	
51	Conocarpus erectus	Combretaceae		NM	Water	-	Inhibition of LasA	56
			-				protease, LasB elastase, pyoverdin, biofilm formation, QS genes, QS controlled factors	
52	Coptis chinensis	Ranunculaceae	-	Plant material	Water	2.0	Inhibition of QS regulated virulence	80
53	Cordia gilletii de	Boraginaceae		Root	Dichloromethane	-	Quench the	81
	wild		-	barks,leav es	Methanol		production of pyocyanin, a QS- dependent virulence factor, reduce gene expression lasB, rhlA,	
							lasI, lasR,	
54	Coriandrum	Apiaceae	-	Fruits	95% Methanol	-	Significant	78
	sativum						elimination of pyocyanin formation and biofilm	
55	Cornus controversa	Cornaceae	_		80% ethanol	_	development Strongest anti-biofilm	82
55	Comus controversu	Cornactae			50% chianoi		activity, suppressed soft rot of cabbage	02
56	Cortex phillodendri	Rutaceae		Hauba	Water	0.5	Reduction in	68
	chinensis		-	Herbs	water		protease, elastase production and	
57	Cryptocarya	Lauraceae	-	Bark	Ethyl acetate	2.0	Activity in cell	71
	lattifolia				Hexane	4.0	attachment assay, inhibition of biofilm growth	
58	Cuminum cyminum	Apiaceae	Methyl eugenol	Seeds	Methanol	-	Reduce AHL	83
59	Curcuma longa	Zingiberaceae	-	Spice	Distilled Water	-	biofilm, violacein, Significantly	72
		6					inhibited QS,decreased	

							PAO1 swarming	
60	Curcuma longa	Zingiberaceae	Heptadecanoic acid, 16- methyl-methyl ester. 10- Octadecadienoic acid, methyl ester. 6-(p.Toly)-2- methyl-2-heptenol. 7-Oxabicyclo (4.1.0) heptane,1-(1,3- dimethyl- 1,3-butadienyl)-2, 2, 6- trimethyl-(E). Acetic acid,3-hydroxy-6- isopropenyl- 4,8a-dimethyl- 1,2,3,5,6,7,8,8a- octahydronaphthalen-2-yl ester. 7-(1,3-dimethylbuta-1,3- dienyl)-1, 6, 6- trimethyl-3, 8-dioxatricyclo [5.1.0.0(2,4)]) loctane	Leaves	95% ethanol	_	Reduced biofilm formation	30
61	Cymbopogon citratus	Poaceae	-	-	Ethyl acetate, methanol, water	-	Inhibited expression of the lasB-GFP and RHLA-GFP genes in the <i>P. aerueinosa</i>	55
62	Cynodon dactylon	Poaceae	2-penta,6,10,14-trimethyl, 1-Dodecanol,3,7,1 1- trimethyl, Hexadecenoic acid-ethyl ester, 3,7,11,15-Tetramethyl-2- hexadecen-1-ol, Ethyl oleate, Heptadecanoic acid 15- methyl-ethyl ester, Eichosanoic acid-ethyl ester	Leaves	95% Methanol	-	Enhance cell adhesion inhibition	30
63	Dalbergia trichocarpa	Fabaceae	3β-hydroxyolean-12-en-28- al 3-p- coumarate (Oleanolic aldehyde coumarate)	Bark	n-hexane	-	Inhibition of gacA by OLAC, reduction of <i>C. elegans</i> paralysis	84
64	Dalbergia trichocarpa	Fabaceae	3β-hydroxyolean-12-en-28- al 3-p- coumarate (Oleanolic aldehyde coumarate)	Bark	n-hexane	-	Significant reduction of Caenorhabditis elegansparalysis, reduction in fQS- controlled virulence factors including, rhamnolipids, p yocyanin, elastase And extra cellular polysaccharides as well as twitching and swarming motilities	51
65	Decaspermum fruticosum	Myrtaceae	-	Leaves	95% Ethanol	-	Inhibition of violacein No effect on virulence factors	85
66	Derris elliptica Benth.(Opay)	Fabaceae	Tannins, Alkaloids, Terpenoids	Leaves	95% Ethanol	-	Inhibited swarming motility	48
67	Elettaria cardamomum	Zingeberaceae	-	Seeds	95% Methanol	-	Significant elimination of pyocyanin formation and biofilm development	78
68	Eucalyptus globules	Myrtaceae	-	-	Ethyl acetate, methanol, water	-	QSI activity, positive in LASB-GFP and RHLA-GFP genes	55
69	Eucalyptus globulus	Myrtaceae	Patchoulene Globulol a- phellandrene pentadecanoic acid,14- methyl-methyl ester. 1, 2- benzene dicarboxylic acid, butyl octy ester. 8, 11- Octadecadienoic acid, methyl ester. Ethanol, 2-(9- octadecenyloxy_z- Oleic acid. 2, 3-Dihydroxypropyl elidate. Hexadecanoic acid, 1- (hydroxymethyl)1, 2-	Leaves	95% ethanol	-	Maximum inhibition of QS-mediated virulence factors	30

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			ethannediyl ester. 9- Octadecenoic acid (z)-,2- hydroxy-1- (bydroxymethyl)ethyl ester					
70	Eucomis autumnalis	Hyacinthaceae	(nyuloxymethy)/ethyl estet. -	Bulb	Hexane	2.0	Activity in cell attachment Assay, inhibition of biofilm growth	71
71	Ficus carica	Moraceae	-	Leaves	Dichloro methane MeOH	-	Inhibition of QS activity	38
72	Fragaria sp	Rosaceae	-	Fruits	Distilled Water	-	Decreased pigment formation, swarming	72
73	Fructus gardenia	Rubiaceae	-	Herbs	Water	0.5	Reduction inpyocyanin pigment, protease, elastase production, and biofilm formation	68
74	Galla chinensis	Anacardiaceae	-	Plant material	Water	2.0	Inhibition of QS regulated virulence factors	80
75	Ginkgo biloba	Ginkgogaceae	-	-	Ethyl acetate, methanol, water	-	QSI activity, positive in LASB-GFP and RHLA-GFP genes	55
76	Gnetum gnemon	Gnetaceae	-	NA	Hexane, Chloroform Methanol	-	Inhibition of pyocyanin	86
77	Guiera senegalensis	Combretaceae	Methyl gallate (Isolated)(3,4,5-tri hydroxy benzoate)	Galls	Methanol	2.5 (Cv) 5.0 (Pa)	Inhibiting violacein, pyocyanin	87
78	Hemidesmus	Apocynaceae	-	Root	70% ethanol	-	Inhibiting violacein,	33
79	thatcus Holarrhena antidysentrica	Apocynaceae	-	Bark	70% ethanol	-	Inhibiting violacein, reduction in swarms	33
80	Hydnoaa africana	Hydronaceae	-	Bark	Methanol	4.0	Activity in cell attachment assay, inhibition of biofilm growth	71
81	Hypericum connatum	Guttiferae	Rutin and Apigen, caffeic acid, epicatechin Epicatechin, and p- coumaric acid, ferulic acid, luteolin, quercetin, hyperoside, chlorogenic	NA	Ethanol, Ethyl acetate	-	Inhibited production of violacein	88
82	Hypericum perforatum	Hypericaceae	-	Aerial parts	Methanol, ethanol,	-	Inhibited LASIR signalling pathways	89
83	Jasminum sambac	Oleaceae	-	Flower	95% ethanol	3.0	Weak anti-quorum	90
84	Lagerstroemia Speciosa	Lythraceae	-	Fruit	80% ethanol	-	Downregulation of quorum sensing (QS)- related genes (las and rhl), AHL, LasA protease, LasB elastase and pyoverdine	91
85	Laserpitium ochridanum	Apiaceae	Sabinene, Viridiflorol, α- Pinene, Terpinen-4-ol	Plant material	Methanol, Ethanol Distilled water	0.5	Significant reduction of biofilm, pyocyanin, slight reduction in swimming and twitching motility	92
86	Laurus nobilis	Lauraceae	-	Leaves	95% methanol	-	Significant elimination of pyocyanin formation and biofilm development	78
87	Laurus nobilis	Lauraceae	-	Fruit Leaves Bark	95% ethanol	2.0 0.5 3.0	Weak to good activity	90
88	Lepidium sativum	Brassicaceae	-	Flower -	Ethyl acetate, methanol, water	-	Inhibited expression of the lasB-gfp and rhlA-gfp genes in the P aerusinosa	55
89	Lessertia	Fabaceae	-	Leaves	Ethyl acetate,	4.0	Activity in cell	71

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	fruitescens				Hexane	4.0	attachment Assay, inhibition of biofilm growth	
90	Lilium brownie	Liliaceae	-	Bulb	1:1 acetone Water	-	Inhibition of	60
91	<i>Mallotus</i> roxburghianus Muell. Arg	Euphorbiaceae	Sulphurous acid,2-propyl tridecyl ester, betulin ,dihydrotochysterol, α - toconherol	Plant material	Ethanol	0.75	violacein, swarning Significantly reduce violacein, elastolytic activity, EPS, virulence factors	69
92	Mangifera indica	Anacardiaceae	-	Leaves	70% ethanol	-	Inhibiting violacein,reduction in	33
93	Mangifera indica	Anacardiaceae	-	Leaves	70% ethanol	1.0	Inhibition of bacterial motility	67
94	Mangifera indica	Anacardiaceae	Pyrogallol, Benzoic acid,4- hydroxy, n- hexadecanoic acid,4H-pyran-4-one,2,3- dihydro-3,5-dihydroxy-6 methyl	Leaves	benzene, ethyl acetate, acetone, methanol and ethanol	2.0	Inhibition of biofilm, reduction in QS virulence factors	93
95	Manilkara zapota	Sapotaceae	-	Fruits	Water	-	Reduced biofilm formation, violacein, LasA Staphylolytic, increased pyocyanin	65
96	Medicago truncatula	Fabaceae	-	Seedlings	Ethyl acetate Methanol	-	Inhibit AHLQS substances	94
97	Melaleuca cajuputi	Myrtaceae	-	Leaves	95% Ethanol	-	Inhibition of violacein, increased pyoverdin	84
98	Melicope lunu- ankenda (Gaertn.)	Rutaceae	-	NA	Hexane, Chloroform and Methanol	-	Disrupted pyocyanin synthesis, swarming motility and expression of lecA::lux	95
99	Muntingia calabura	Muntingiaceae	-	Leaves	70% ethanol	1.0	Reduced bacterial motility	67
100	Musa paradiciaca	Musaceae	-	Pseudo Stem	Water	-	Reduced biofilm formation,no significant	65
101	Myracrodruon urundeuva	Anacardiaceae	Tannins	Bark	Water	4.0	effect on biofilm Inhibit biofilm formation via bacteriostatic	64
102	Myristica cinnamomea	Myrtaceae	Malabaricone	Bark	Methanol	-	Inhibited the quorum sensing- regulated pyocyanin production and biofilm formation	96
103	Ocimum hadiense	Lamiaceae	ND	NA	Aq.ethanol Pet.ether	6.25 3.125	Highest reduction in LasA activity,	36
104	Ocimum sanctum	Lamiaceae	-	Leaves	Water	-	No significant effect on biofilm, reduced violacein, LasB, increased pyocyanin	65
105	Ocimum tenuiflorum	Lamiaceae	9-Octadecene, 1, 1-(1,2- ethanediylbis(oxy))bis- ,(ZZ). Ethyl 9,9- diformInona-2,4,6,8- tetraenoate	Leaves	95%ethanol	-	Reduced biofilm formation	30
106	Oreganum vulgare	Lamiaceae	-	Herb	Distilled Water	-	Decreased swarming, violacein	72
107	Oreocnide trinervis (Wedd ) Mig	Urticaceae	Flavonoids	Leaves	95% Ethanol	-	Inhibited swarming,	48
108	Oscimum bascilicum	Lamiaceae	-	Herb	Distilled Water	-	Decreased swarming, violacein	72
109	Ostostegia fruticosa	Lamiaceae	ND	NA	Aq.ethanol, Pet. ether Chloroform	6.25 6.25 3.125	Highest reduction in pyocyanin by chloroform extract, best anti swarming activity	36
110	Panax notoginseng	Araliaceae		flower,root	1:1 acetone	-	Interfere with QS, reduced the development	70
111	Panax pseudoginseng	Araliaceae	-	Root	1:1 acetone Water	-	Inhibition of	60
112	Panax	Araliaceae			water	-	Not inhibited the	97

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	pseudoginseng		-	Root	-		growth of bacteria, enhance extracellular protein production gurraged	
113	Parkia javanica	Fabaceae	Baicalein, Quercetin, Chrysin	Fruits	Methanol Ethyl Acetate (fraction)	0.03	production, supressed LasA, LasB, AHL Attenuation in swarming, proteases, pyoverdine, pyocyanin, PJE as a whole shows good	34
							individual compounds	
114	Perilla frutescens	Lamiaceae	-	Leaves	Dichloro methane MeOH	-	Inhibition of QS activity	38
115	Phyllanthus amarus	Phyllanthaeceae	-	NA	Hexane, Chloroform * Methanol	-	Incerasing concentrations reduced pyocyanin, swarming, lecA:lux	98
116	Piper betle	Piperaceae	-	NA	Hexane. Chloroform Methanol	-	Inhibition of pyocyanin, potent anti quorum sensing activity	86
117	Piper nigrum	Piperaceae	-	NA	Hexane, Chloroform Methanol	-	Inhibition of swarming, good anti quorum sensing activity	86
118	Pistacia atlantica	Anacardiaceae	Rutin, Myricetin, Kaemferol-3-O- rutinoside, 3-O-rutinoside, isoquercetrin	Leaves	Methanol	0.5	Active components had high affinity for LASR protein, high anti-QS activities	99
119	Pisum sativum	Fabaceae	-	Seedling	Methanol, Ethanol	-	Inhibition of violacein, reduced swarming	100
120	Plantago asiatica	Plantaginaceae	ND	Whole herb	95% ethanol	0.016	Inhibition of virulence factors (pyocyanin, rhamnolipids, protease alginate)	101
121	Platostoma Rotundifolium (Briq.) A.J.Pato	Lamiaceae	Cassipourol β-sitosterol α- amyrin	Aerial parts	n-hexane, Dichloro methane, Ethyl acetate,	4.0	Terpenoids reduce production of total EPS, promote flagella-dependent motilities	47
122	Plectranthus tenuiflorus	Lamiaceae	phytol, mosloflavone, N- hexadecanoic acid, Beta-D- glucopyranose, 1,6- anhydro and gamma sitosterol	Leaves	Methanol	0.75	Inhibit quorum sensing regulatory genes expression in LAS and RHL systems, reduce the production of total exopolysaccharides and promote flagella- dependent motilities	102
123	Prunus armeniaca	Rosaceae	-	kernel of seed	1:1 acetone	-	Interfere with QS, reduced the development	70
124	Psidium guajava	Myrtaceae	Quercetin-3-O-arabinoside, Quercetin	Leaves	Methanol	0.2	Inhibited pyocyanin production, proteolytic and elastolytic activities, swarming motility and biofilm formation	103
125	Psoralea corylifolia	Fabaceae	-	Seeds	70% ethanol	-	Inhibiting violacein, reduction in swarms	33
126	Punica granatum	Lythraceae	-	Pericarp	70% ethanol	-	Inhibiting violacein, reduction in swarms	33
127	Quercus infectoria	Fagaceae	-	Gall	Absolute Methanol	-	Decreased expression of LasA, LasB, Swarming, twitching motility	104
128	Quercus infectoria	Fagaceae	-	Gall	Acetone	0.312	Highest anti quorum sensing activity, reduced the pyocyanin, protease, elastase, biofilm	105

129	Quercus virginiana	Fagaceae	-	NM	Water	-	formation Inhibition of QS genes and QS-	56
130	Ranunculus multifidus	Ranunculaceae	-	Root	Methanol	4.0	controlled virulence factors Activity in cell attachment	71
131	Rhizome coptidis	Ranunculaceae				0.5	assay,inhibition of biofilm growth Reduction in	68
	- 1		-	Herbs	Water		pyocyanin pigment, protease, elastase production, and biofilm formation	
132	Rhizophora Murcunata	Rhizophoraceae	-	Leaves	Methanol	1.0	Inhibition of LasA protease, LasB elastase, total protease, pyocyanin ngment production	106
133	Rhizophora apiculate	Rhizophoraceae	-	Leaves	Methanol	1.0	and biofilm formation Inhibition of LasA protease, LasB elastase, total	106
							protease, pyocyanin pigment production and biofilm	
134	Rhoicissus tridentate	Vitaceae	-	Root	Methanol	2.0	Activity in cell attachment assay, inhibition of	71
135	Ricinus communis	Euphorbiaceae	(4-methoxy-1-methyl-2- oxo-1,2- dihydropyridine- 3-carboxamide), Acetyl ricininic acid derivative	Seeds	-	-	biofilm growth Good anti-quorum sensing activity	107
136	Rosa ruguosa	Rosaceae	Gallic acid (8.32%), Catechin (8.08%), Tannin (3.44%), Epicatechin (18.08%), Quercetin (3.66%), Kaempferol (0.81%), Benzoic acid (6.88%), quercetin glycoside (0.38%), enicallocatechin (13.01%)	Buds	Deionized water	1.8	Inhibited QS controlled virulence production, swarming, biofilm.	108
137	Rosemaroinus Officinalis	Lamiaceae	-	Herb	Distilled Water	-	Decreased violacein,	72
138	Rosmarinus officinalis	Lamiaceae	-	Flower Leaf	95% Ethanol	ND 2.0	Weak AQS activity	90
139	Rrhenum Rhabarbarum	Polygonaceae	-	Herbs	Water	3.9	Reduction inpyocyanin pigment, protease, elastase production and biofilm formation	68
140	Rubus eubatus	Rosaceae	-	Fruits	Distilled Water	-	Inhibited violacein, swarming	72
141	Rubus ideaus	Rosaceae	-	Fruits	Distilled Water	-	Inhibited violacein, swarming	72
142	Sarcandra glabra (Thunb.)	Chloranthaceae	Coumarins, Flavonoids, Rosmarinic acid, Sesquiterpenoids	Leaves	95% Ethanol	-	QSI on swarming motility	48
143	Sclerocarya birrea	Anacardiaceae	-	Stembark	Methanol	-	Anti biofilm activity at sublethal concentration, significantly reduced swarming, virulence Factors (protease, pyoverdin)	109
144	Smilax china L.	Smilacaceae	Resveratrol	-	DMSO	-	Relieving oxidative stress, disturbing the TCA cycle, supress virulence	110
145 146	Sonchus oleraceus Syzygium	Asteraceae Myrtaceae	- Phytol, Ethyl linoleate and	Aerial Fresh	95% Ethanol	1.5	AQS activity Phytochemicals	90 85

	antisepticum		Methyl linolenate	Leaves	95% Ethanol		reduced rhamnolipid production, inhibition activity over	
147	Syzygium Aromatica	Myrtaceae	-	Oil	-	-	Virulence factors Reduced biofilm,enhance C. elegans survival, reduction in las and rhl regulated virulence factors	111
148	Syzygium aromaticum	Myrtaceae	Eugenol b-Caryophyllene, Iso- caryophyllene, Napthalene, 1,2,3,5,6,8a-hexahydro-4, 7-dimethyl-1-(1-methyl ethyl), 1,6-Octadiene-ol-,3,7- dimethyl acetate, a-Caryophyllene,	Oil	-	-	No activity on pure eugenol,	31
149	Syzygium aromaticum	Myrtaceae	Caryophyllene oxide	Clove Buds	Hexane, methanol Chloroform, DMSO	-	Inhibited QS - regulated phenotypes, lec::Alux, pyocyanin (hexane extract), swarming (methanol	112
150	Syzygium aromaticum (L.)	Myrtaceae	Eugenol	Flower Buds	NM n-hexane	0.8 (cv) 6.4	extract) Inhibited the production of virulence factors (elastase, pyocyanin, violacein biofi lm)	113
151	Syzygium cumini L.	Myrtaceae	3-N-Hexylthiane s-s- dioxide, Heptacosanoic acid, 3N-Hexylthiolane s-s- dioxide, 3-Methyl 2-(2-Oxopropyl) Europ	Leaves	Methanol	-	Reduction in biofilm formation, virulence factor inhibition	114
152	Syzygium jambos	Myrtaceae	Phytol, Ethyl linoleate Methyl linoleate	Leaves	95% Ethanol	-	Phytochemicals reduced rhamnolipid production, inhibition activity over vizulence factors	85
153	Syzygium jambos	Myrtaceae	-	Leaves	Ethanol	1.0	Strong binding affinity of the	115
154	Tecoma capensis	Bignoniaceae	-	Flower	95% Ethanol	3.0	AQS activity	90
155	Terminalia bellerica	Combretaceae	1,2-di benzyloxy benzene, pentanoic acid 2,5- furandione, dioxolano[b]tricycle[4.1.0.0 (1.3)]heptan-2-thione	Leaves	Methanol	0.5	Reduced the production of EPS, pyocyanin, biofilm formation	37
156	Terminalia catappa L.	Combretaceae	Tannins, polyphenols, flavonoids	Leaves Bark	Methanol	-	Inhibited violacein,maturation of biofilms	116
157	Terminalia cattappa	Combretaceae	-	Leaves	70% ethanol	0.5	Inhibition of pyocyanin, bacterial motility, biofilm, LasA protease	67
158	Terminalia chebula	Combretaceae	Elagic acid, Methyl S-flavogallonic acid, S-flavogallonic acid, 3, 4, 8, 9, 10- pentahydroxylbenzo (b.d) Pyran-6-one	Fruit	Water Methanol	-	Reduction in Extracellular virulence factors, alginate, biofilm, AHLs	117
159	Tetrazygia bicolor	Melastomataceae	-	NM	Water	-	Inhibition of QS genes and QS- controlled virulence factors	56
160	Thymus sp Thyme	Lamiaceae	-	Herb	Distilled Water	-	Inhibited violacein, swarming	72
161	Tinospora cordifolia	Menispermaceae	-	Stem	Ethyl acetate	-	Inhibited short as well as long acyl-HSLs	118
162	Trachyspermum copticum	Apiaceae	_	Plant material	Methanol	2.5	Reduced the pyocyanin, protease,	105

							elastase, biofilm formation	
163	Tribulus terristris	Zygophyllaceae	β -1,5-O-dibenzonyl ribo furanose	Root	Methanol (80%)	2.5	Downregulating pigment production, biofilm formation	119
164	Trigonella foenum - graceum	Leguminosae	Caffeine(40.82%),methyl 14-methyl penta decanoate(8.22%), palmitic acid(6.41%), 1,2,3,benzenetriol(6.13%), linoleic acid methyl ester(5.58%),capric acid(4.2%), 9,12,15- Octadecatrienoic acid, methyl ester(9.17%)	Seed	Methanol	1.2	Decreased biofilm forming abilities, downregulate lasB gene, enhanced survival of <i>C. elegans</i>	120
165	Trigonella foenum - graceum	Leguminosae	-	Seedling	Methanol, Ethanol	-	Enhance d pigment production, swarming	100
166	Vaccinium macrocarpon	Ericaceae	-	Fruits	Distilled Water	-	Decreased violacein, swarming	72
167	Vaccinum angustifolium	Ericaceae	-	Fruits	Distilled Water	-	Decreased violacein, swarming	72
168	Verbascum sinaiticum	Scrophulariaceae	ND	NA	aqueous ethanol (70%), Petroleum ether	6.25 6.25	Highest reduction in LasA activity, decrease in pyocyanin	36
169	Vernonia adoensis	Asteraceae	-	Bark	Chloroform Water	3.125 4.0	Activity in cell attachment assay, inhibition of	71
170	Vitis sp	Vitaceae	-	Fruits	Distilled Water	-	Decreased violacein,	72
171	Zataria multiflora	Lamiaceae	-	Plant material	Methanol	5.0	Reduced the pyocyanin, protease, elastase, biofilm formation	105
172	Zingiber officinale	Zingiberaceae	-	Spice	Distilled Water	-	Decreased violacein,	72
173	Zingiber officinale	Zingiberaceae	-	Spice	Toluene	-	Decreased production of extracellular polymeric substances, surface biofilm cells formed with ginger extract detached more easily with surfactant	121

# TABLE 2: NATURAL PRODUCTS FROM PLANT SOURCES SPECIFICALLY TESTED FOR ANTI-QUORUMSENSING EFFICACY AGAINST P. AERUGINOSA

S. no.	Compound name	MIC	Effects	Reference
1	Rosmarinic Acid	-	RA bound to QS regulator RhlR of P. aeruginosa	53
2	Coumarin	-	Active against short, medium and long-chain N-acyl-	49
			homoserine lactones, suppressed biofilm, phenazine,	
			motility, expression of the RHLI and PQSA	
3	Caffeine Coffea arabica	-	Inhibit N-acyl homoserine lactone production and swarming	122
4	Hyperoside (modified	-	Inhibited twitching in addition to adhesion, expression of	123
	flavonoid)		LASI, LASR, RHLI, RHLR, Biofilm formation	
5	Vanillic acid Caffeic	-	Reduced biofilm, pyocyanin	124
	acid Cinnamic acid			
	Ferulic acid			
6	Phillyrin Forsythia	0.5	Decrease in the production of virulence factors-rhamnolipid,	125
	suspense Oleaceae		pyocyanin, elastase, biofilm formation	
7	Methyl gallate	0.512	MG supressed both the synthesis and activituy of AHL,	126
	Pyrogallol		restricted biofilm, motility, elastase, proteolytic, pyocyanin,	
	Pyrocatechol	0.064	supressed the expression of LASI/R, RHLI/R, PQSA	
	Resorcinol	0.256		
	Phloroglucinol	2.048		
	Norfloxacin	2.048		
		0.00025		
8	Diallyl disulphide	-	Decreased elastase, pyocyanin, biofilm, swarming, DADS	127

	(garlic oil)		down-regulated QS genes (LASI, LASR, RHLI, RHLR, POSA, POSR)	
9	Mosloflavone	0.25	Inhibited pyocyanin, las B, elastase, chitnase, biofilm	128
	Mosla soochouensis mastuda		formation, downregulated gene expression levels of lasl, lasR, rhlL, rhlA, rhlR, chiC, lasB, phzM, toxA, aprA, exoS,	
			algD, pela	
10	Parthenolide	- 0.075	Reduced EPS, biofilm, repressed lasI, rhII, lasR, rhIR	129 34
11	Quercetin,	0.100	PJE as a whole shows good activity than the individual	54
	Chrysin	0.025	compounds	
12	Phytol, Ethyl linoleate	-	Phytochemicals reduced rhamnolipid production, inhibition	86
13	Raicalin	1.024	Enhanced clearance of infection in <i>C</i> elegans, a significant	45
13	Duicuin	1.024	decrease in OS signalling molecules	45
14	Resveratrol	-	Relieving oxidative stress, disturbing the TCA cycle, suppress virulence	111
15	*D-(+)raffinose	1.0	Efficient biofilm inhibition of <i>P. aeruginosa</i> , reduced the	52
	pentahydrate 6-gingerol		concentration of the second messenger, cyclic diguanylate	
	Myricetin			
16	Eugenol Clove bud oil	-	Decrease in transcription of pqsA but not in las I,rhll levels	46
17	Proanthocyanidins	-	Reduced AHL level of bacteria, cerPAC effectively reduced the level of AHLs.	130
18	Phloretin Chrysin	-	Prevented LasR-3 OC <sub>12</sub> HSL DNA binding by 50%	54
	Baicalein Quercetin			
	7, 8-dihydroxy flavone			
19	Resveratrol	-	Stronger AQS activity, significant reduction of pyocyanin,	131
	Piceatannol		supressed the expression of QS induced genes (lasi, lask, rhll_rhlR) No OSI effect	
	Pterostilbenoids			
	Chrysotobienzyl Erianin			
	Chrysotoxine Gigantol			
	Chrysotoxene			
•	Confusarin			
20	6-gingerol	-	Reduced biofilm, several virulence factors, mice mortality repressed QS induced genes	52
21	Cinnamon oil	0.0001	Inhibition of virulence factors	50
22	Eugenol	0.8(cv)	pyocyanin, violacein, biofilm)	114
22	Theories	6.4	Inhibited evenession of the losD of and shift of a series in	55
23	Iberin	-	the <i>P. aeruginosa</i>	55
24	Andrographolide	-	Lowers mexB mRNA expression, reduced expression of MexAB-OprM efflux pump	132
25	Apigenin Eriodictyol	-	Inhibited pyocyanin production (except naringin),	44
	Kaempferol Luteolin		flavanones reduced pyocyanin and elastase	
	Myricetin Naringenin			
	Taxifolin Chalcone			
26	Curcumin	0.030	Downregulation of 31 quorum sensing (OS) genes, reduce	133
			pathogenicity, biofilm	
27	Dihydroxy	-	Inhibition of AI-1, AI-2, significantly affected biofilm	77
	Bergamottin (isolated)			
	Bergamottin (isolated)			







**POLYPHENOLS / PHENOLICS** 



OTHERS

#### CHART 3: STRUCTURE OF PHYTOCHEMICALS TESTED AGAINST PSEUDOMONAS AERUGINOSA



FIG. 4: VARIOUS SOLVENTS USED FOR PLANT EXTRACTION FOR ANTI-QUORUM STUDIES AGAINST PSEUDOMONAS AERUGINOSA



FIG. 5: DIFFERENT EXTRACTION METHODS USED FOR ANTI-QUORUM STUDIES AGAINST PSEUDOMONAS AERUGINOSA

Fig. 1 shows the comparison of anti-quorum sensing activity of various plant families against *Pseudomonas aeruginosa*. Fig. 2 gives details of various plant parts used for anti-quorum sensing. Chart 3 represents the structures of phytochemical compounds tested against *P. aeruginosa*. Though various solvents are used for plant extraction for

anti-quorum studies against *Pseudomonas aeruginosa* polar solvents are mostly used, and the polar extracts show good inhibitory activity **Fig. 4**. Plant materials tested for quorum sensing have been extracted by soaking and soxhlet extraction methods predominantly **Fig. 5**.



In the last one decade the number of reports on quorum sensing with medicinal plants has increased **Fig. 6**.

**CONCLUSION:** Traditional medicinal plants have been proved for their potential anti-quorum sensing activities against *Pseudomonas aeruginosa*. Polar extracts of plants are found to have significant activity when compared to other solvents.

Various types of phytochemicals extracted from these medicinal plants, especially flavonoids compounds are proved to be effective in down regulating quorum sensing in *Pseudomonas* aeruginosa. Plant extracts showing potential antiquorum sensing activity with low MIC values are Psidium guajava, Cassia alata. Camellia leiocarpus, nitidissima, Anogeissus Parkia javanica, Terminallia catappa, Neppenthes alata, Brassia oleraceae, Plantago asiatica, Terminallia bellerica, Quercus infectoria, Pistacia atlantica and Laserpitium ochridanum. Since many of the modern-day medicines are of plant origin, these plant extracts may be further explored to develop as a potential alternative to reduce the misuse and overuse of antibiotics on human and animal health.

From among the tested compounds cinnamon oil showed the lowest MIC value (0.0001 mg/ml) followed by norfloxacin (0.00025 mg/ml), chrysin (0.025 mg/ml) and curcumin (0.030 mg/ml). Phytochemistry, through the simultaneous use of inhibitors for different targets / QS schemes, could also be of tremendous benefit in the fight against multiantibiotic bacterial diseases.

**FUTURE PERSPECTIVES:** With the remarkable technical advances in medicinal chemistry, molecular entities, especially of plant origin, which

have not been investigated till date can be analyzed for anti-quorum sensing activity. Based on the potency of such compounds and their derivatives, future assessment can be performed through preclinical and clinical trials. In order to mitigate misuse and overuse of antibiotics on human health and the environment, this active area will require a great deal of focus. It is important to note, that QS inhibitors especially from plant sources are most likely to be beneficial when co-administered with conventional antibiotics as adjuvants rather than as standalone therapeutic agents.

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#### **CONFLICTS OF INTEREST:** Nil

#### **REFERENCES:**

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