IJPSR (2022), Volume 13, Issue 7

(Research Article)

E-ISSN: 0975-8232; P-ISSN: 2320-5148



INTERNATIONAL JOURNAL PHARMACEUTICAL SCIENCES AND RESEARCH



Received on 27 April 2022; received in revised form, 08 June 2022; accepted, 09 June 2022; published 01 July 2022

RETROSPECTIVE ANALYSIS OF CUTANEOUS ADVERSE DRUG REACTION AT TERTIARY CARE HOSPITAL

Saurabh Kumar Jain * and Amul Mishra

Bhupal Nobles' Institutes of Pharmaceutical Sciences, Bhupal Nobel's University, Udaipur - 313001, Rajasthan, India.

Keywords:

World Health Organization, Adverse drug reaction, System Organ Class, ADR Monitoring Centre

Correspondence to Author: Saurabh Kumar Jain

Research Scholar, Bhupal Nobles' Institutes of Pharmaceutical Sciences, Bhupal Nobel's University, Udaipur - 313001, Rajasthan, India.

E-mail: saurabhpharma1983@gmail.com

ABSTRACT: Introduction: Skin and subcutaneous tissue adverse drug reactions (ADR) are among the most common types of Cutaneous Reaction. The incidence rate of Cutaneous ADR is 1-3% for admitted patients in developed countries, whereas, in developing countries, it is 2-5% for admitted patients. Aims & **Objective:** To analyze the patient demographics, characteristics of the reaction, type of reaction, seriousness of the reaction, classification of the drugs involved, action is taken and outcome of reactions, causality assessment, severity assessment, and preventability of cutaneous ADRs. Material and Methods: The ADR monitoring center reported all cutaneous adverse drug reactions between September 2017 to June 2020 (34 months). All reported ADRs were clinically verified by committee members and retrospectively analyzed using various parameters such as type of reaction, causality assessment, drug preventability, and severity. Results: Out of 990 ADRs reported during the study period, 232 (23.43%) were cutaneous ADRs concerning 204 patients, including indoor and outdoor patients. A maximum number (48.7%) of ADRs were reported in the adult age group between 20-44 years. The majority of ADRs were considered probable (79.74%), moderate (50.0%), and Definitely preventable (70.68%) in nature. Most suspected categories included antimicrobial agents, NSAIDs, and antiretroviral drugs in our study. In this study (9.05%) serious ADRs were reported, including toxic epidermal necrolysis, Stevens-Johnson syndrome, and DRES's syndrome. The most common ADRs were reported, including fixed drug eruption (21.55%), followed by a generalized rash (19.40%). Conclusion: Cutaneous ADRs are common and develop in a short duration of time after the treatment starts as per prescription order. Physicians are advised patients to carry a drug allergy card and history of drug allergy information when visiting in a hospital for physician consultation.

INTRODUCTION: Cutaneous adverse drug reactions are classified under the system organ classification (SOC) category of skin and subcutaneous tissue disorders and are the most common adverse drug reactions reported due to different categories of medicines. Cutaneous adverse drug reactions are the most common type



DOI:

10.13040/IJPSR.0975-8232.13(7).2899-06

This article can be accessed online on www.ijpsr.com

DOI link: http://dx.doi.org/10.13040/IJPSR.0975-8232.13(7).2899-06

of allergy reaction and may be all over the body (generalized) or a localized area of the body affected, including eyelids, lips, face and genital region. A cutaneous drug reaction is an undesirable variation in the structure and function of the skin or mucous membranes. The most common cutaneous reactions include skin itching, drug eruptions, urticarial rash, *etc*.

These types of reactions are not dependent on pharmacological actions. They are a response to the single dose or only in some people, depending on qualitative factors ¹. The incidence rate of cutaneous adverse drug reactions is 1–3% for hospitalized patients in developed countries ²⁻³.

E-ISSN: 0975-8232; P-ISSN: 2320-5148

Whereas in developing countries it is 2-5% for hospitalized patients ⁴⁻⁵. The incidence rate in the outpatient's department was found to be 2.6% ⁶. Approximately 1 in 1,000 indoor patients has a severe cutaneous adverse drug reaction ⁷. The initial level of detection, assessment, understanding and prevention of cutaneous adverse drug reactions is essential for drug safety and patient safety.

MATERIALS AND METHODS:

Study Design: A retrospective analysis was carried out at the Department of Pharmacology, pharmacovigilance unit of the Adverse Drug Monitoring Centre at Jawaharlal Nehru Medical College and Associated Hospital, Ajmer, Rajasthan (India).

This retrospective study was conducted after approval from the Institutional Ethical Committee, Jawaharlal Nehru Medical College and Associated Hospital, Ajmer, Rajasthan (No.1533Acad-III/MCA/2020 dated 30.07.2020).

Methodology: We utilized the spontaneously reported voluntary ADR data of outpatients and inpatients from September 2017 to June 2020. The Suspected ADR Reporting form was recorded for adverse reactions related to drugs with all the relevant data's such as patient details including Patients initials, age at the time of event or date of birth, sex, weight, date of reaction started and recovery date, description of reaction details, suspected medications including dose, route, frequency, date of therapy started and stopped and indication, outcomes of event and reporter information ⁸.

Evaluation of ADR Data: The collected suspected ADR forms were verified by the expert committee members on a clinical basis, analyzed, and evaluated to understand the pattern of the ADRs concerning patient demographics, characteristics of the reaction, type of reaction, characteristics or classification of the drugs involved, management and outcome of reactions, causality assessment, severity assessment and Preventability were analyzed, for inpatients and outpatients in the

different clinical departments in a tertiary care hospital. Patient characteristics ADRs by age and sex were included for evaluation. Patients were divided into different age groups: 0–4 years, 5–19 years, 20–44 years, 45-65 years, 66–74 years > 75 years.

We utilized the classification of drug reactions given by Rawlins and Thompson ⁹. System organ Class, classified as per medical Dictionary for Regulatory Activities (MedDRA) ¹⁰. The seriousness of ADRs was classified according to ICH E2A guideline criteria ¹¹.

According to the Anatomical Therapeutic Chemical [ATC], drugs were classified according to WHO-ATC Index ¹². Management actions taken in response to ADRs were classified as follows: drug was withdrawn; dose reduced; dose not changed; additional treatment for ADR.

The outcome was finalized after confirmation of dechallenge and rechallenge information. Causality assessment was conducted using the WHO-UMC assessment scale ¹³. The severity of ADRs was classified according to the modified Hartwig Siegel Scale ¹⁴. Preventability of ADRs was classified using the preventability assessment criteria modified by the Schumock and Thornton Scale ¹⁵-

RESULTS: A total of 990 ADRs were reported between September 2017 to June 2020, Out of which 232(23.43%) cutaneous ADRs were reported in suspected ADR reporting forms of 204 patients, including OPD and IPD, during 34 months periods.

The majority of the reports were from admitted patients (58.82%) and(41.18%) were found from outpatients at the Adverse Drug Monitoring Centre at Jawaharlal Nehru Medical College and Associated Hospital Ajmer **Table 1.** The male to female ratio was 53.92% and 46.08%, respectively, according to the demographic analysis of the patient's **Table 2.**

TABLE 1: HOSPITAL ADMISSION TYPE

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Admission Type	Number of patients associated with ADRs	% of patients associated with ADRs	
IPD	120	58.82	
OPD	84	41.18	
Grand Total	204	100	

E-ISSN: 0975-8232; P-ISSN: 2320-5148

TABLE 2: GENDER WISE DISTRIBUTION OF ADRs REPORTS

Gender	Number of patients associated with ADRs	% of patients associated with ADRs
Female	94	46.08
Male	110	53.92
Grand Total	204	100

The adult age group between 20 and 44 years had the highest number of ADRs, 113 (48.7%), followed by 22.84% in the age group 5 to 19 years, 21.98% in the age group 45-65, and only 0.86% in the age group 66 to 74 years **Table 3.**

TABLE 3: AGE WISE DISTRIBUTION OF PATIENTS WITH ADRs (i.e. ADRs 232)

WITH ADRS (i.e. ADRS 232)			
Age	Number of ADR	% of ADR	
Group	reports	reports	
(0-4)	13	5.6	
(20-44)	113	48.7	
(45-65)	51	21.98	
(5-19)	53	22.84	
(66-74)	2	0.86	
Grand	232	100	
Total			

In the present study, most ADRs were type B reactions 222 (95.69%), followed by type A 10 (4.31%) reactions. According to the WHO causality assessment scale, the majority of reports were classified as probable (79.74%), certain (9.92%), possible (9.05%) and unlikely (1.29%). As per the modified Hartwigsiegel scale, Reaction severity accounted for moderate 50.0%, followed by mild 43.53% and severe 6.47%.

On the evaluation of the preventability of ADRs it was evident that most of them were definitely preventable (70.68%), followed by non-preventable (24.15%) and probably preventable (5.17%) **Table**

TABLE 4: ANALYSIS OF ADRS (REACTION TYPE, CAUSALITY ASSESSMENT, **SEVERITY** AND **PREVENTABILITY**)

Reaction type	Number of ADRs	(%) of ADRs
Type-A (Augmented)	10	4.31
Type-B(Bizarre)	222	95.69
Grand Total	232	100
Causality Assessment		
Certain	23	9.92
Possible	21	9.05
Probable	185	79.74
Unlikely	3	1.29
Grand Total	232	100
Severity		
Mild	101	43.53
Moderate	116	50.00
Severe	15	6.47
Grand Total	232	100
Preventability		
Definitely preventable	164	70.68
Probably preventable	12	5.17
Non-preventable	56	24.15
Grand Total	232	100

The majority of the reports of ADRs were reported from the department of medicine (25.98%), followed by the department of skin (23.04), paediatric (15.69%), ART center (10.29%), and respiratory medicine (9.31%) **Table 5.**

TABLE 5: DISTRIBUTION OF ADRS ACCORDING TO DEPARTMENT WISE ADRS Reports

Department	Number of ADRs Reports	Number of ADRs Reports (%)
ART centre	21	10.29
Blood bank	11	5.39
Gastroenterology	10	4.90
Medicine	53	25.98
Oncology	1	0.49
Pediatric	32	15.69
Psychiatry	4	1.96
Skin	47	23.04
Surgery	6	2.94
Respiratory Medicine	19	9.31
Grand Total	204	100

In the present study, 32 types of adverse events with different frequencies were reported due to 79 types of drugs and a combination of drugs. The majority of ADRs were reported due to the category of an antimicrobial class of drugs, including ceftriaxone sodium (8.62%), followed by antiretroviral drug combinations including Efavirenz + Lamivudine + Tenofovir disoproxil fumarate (6.90%), nonsteroidal anti-inflammatory drug combinations including Diclofenac sodium + Paracetamol (5.60%), glycopeptide antibiotics including Vancomycin (5.60%) and (Ofloxacin + Ornidazole) (4.74%) **Table 6.** The majority of ADRs were reported, including fixed drug eruption

(21.55%), followed by a generalized rash (19.40%), generalized itching (11.64%), generalized urticarial rash (9.48%), itching generalized (6.03%), itchy rash (3.88%), erythematous skin rash (2.59%), Stevens-Johnson syndrome (2.59%) and toxic epidermal necrolysis (2.59%) **Table 6.**

E-ISSN: 0975-8232; P-ISSN: 2320-5148

TABLE 6: DESCRIPTION OF SUSPECTED DRUGS, INDIVIDUAL REACTION WITH FREQUENCY, AND TOTAL NUMBER IF ADRs ASSOCIATED WITH DRUGS

Suspected drug/Active ingredients	ADR (Frequency of Occurrence)	Number
D. (F. d C1' 1	of ADRs
Dextrose and electrolyte	Erythematous Skin rash	1
Ethionamide	Pruritus	1
Ibuprofen + Paracetamol	Fixed drug eruption	1
Itraconazole	Generalized rash	1
Levocetirizine	Generalized rash	1
Levofloxacin	Pruritus	1
Abacavir sulfate+ Lamivudine	Rash on leg	1
Aceclofenac + Paracetamol	Generalized urticarial rash Skin peeling Stevens Johnson	4
	syndrome Toxic epidermal necrolysis	
Acetylsalicylic acid	Drug-induced hypersensitivity syndrome	1
Amikacin sulfate	Erythematous Skin rash	2
	Generalized urticarial rash	
Amitriptyline hydrochloride	DRESS syndrome	1
Amoxicillin trihydrate +Clavulanate	Fixed drug eruption(2) Itching – generalized	5
potassium	Stevens-Johnson syndrome Vesiculobullous rash	
Atropine sulfate	Allergic rash	1
Azithromycin	Generalized rash Stevens-Johnson syndrome	2
Blood, whole	Generalized rash(4) Generalized urticarial rash(4) Itching – generalized(3) Itchy rash(2)	13
Calcium chloride dehydrate + Potassium	Skin peeling	1
chloride+ Sodium chloride+ Sodium lactate		
Carbamazepine	DRESS syndrome Generalized rash(2) Toxic epidermal necrolysis	4
Cefalexin	Stevens Johnson syndrome	1
Cefixime	Fixed drug eruption Maculopapular rash	2
Cefixime trihydrate + Ofloxacin	Skin peeling	1
Cefotaxime sodium	Generalized itching(3) Generalized rash Generalized urticarial rash Urticaria localized	6
Ceftriaxone sodium	Erythematous skin rash Generalized itching(7) Generalized rash(5) Generalized urticarial rash(4) Itching – generalized Itchy rash Localized itching	20
Ceftriaxone sodium + Sulbactam sodium	Generalized urticarial rash	1
Cefuroxime	Localized itching	1
Chlorphenamine maleate	Generalized rash	1
Chlorphenamine maleate+ Dextromethorphan hydrobromide	Toxic epidermal necrolysis	1
Ciprofloxacin	Erythema Fixed drug eruption Generalized itching Hand rash	6
•	Itching – generalized Localized itching	
Ciprofloxacin hydrochloride + Tinidazole	Fixed drug eruption	1
Clofazimine	Skin discoloration	1
Cyanocobalamin+ Ferrous fumarate+ Folic acid	Itchy rash	1
Cycloserine	Pruritus	1
Diclofenac sodium	Fixed drug eruption(4) Generalized rash Rash on leg Stevens- Johnson syndrome	7
Diclofenac sodium+ Paracetamol	Fixed drug eruption(8) Generalized rash Generalized urticarial rash (2) Itching – generalized Toxic epidermal necrolysis	13
Dicycloverine hydrochloride	Generalized urticarial rash (2) Itching – generalized	3

Domperidone+ Naproxen sodium	Fixed drug eruption	1
Domperidone+ Pantoprazole	Pruritus	1
Doxorubicin hydrochloride	Alopecia	1
Doxycycline	Generalized urticarial rash	1
Efavirenz+ Lamivudine+	Drug rash Erythematous Skin rash Generalized rash (14)	16
Tenofovirdisoproxil fumarate		
Ethambutol	Generalized itching Hair loss Vitiligo	3
Ethambutol + Isoniazid+ Pyrazinamide+	Itchy rash Maculopapular rash	2
Rifampicin		
Etoricoxib	Erythema multiforme	1
Fluconazole	Fixed drug eruption	3
Folic acid + Iron	Generalized urticarial rash	1
Folic acid+ Nicotinamide + Vitamin B12	Erythema Generalized itching Localized itching	3
Gentamicin	Generalized itching	1
Glucose + Sodium chloride	Itching – generalized	1
Haloperidol	Generalized itching	1
Ibuprofen	Fixed drug eruption Generalized rash Itching – generalized	3
Ibuprofen+ Paracetamol	Fixed drug eruption (4) Generalized rash (2) Generalized	7
•	urticarial rash	
Immunoglobulin anti-corynebacteri. dipht.	Erythematous Skin rash	2
Isoniazid	Generalized pruritus Generalized rash	2
Isoniazid+ Pyrazinamide+ Rifampicin	Generalized itching	1
Ketoconazole	Generalized rash	1
Lamivudine+ Nevirapine+ Zidovudine	Generalized rash	1
Mecobalamin	Localized itching	1
Metronidazole	Fixed drug eruption(2) Generalized itching(3) Itching –	8
1/10/10/10/10/10	generalized Rash trunk Small papule	Ü
Nevirapine	Generalized rash	1
The vinapine	Rash on leg	1
Nimesulide	Fixed drug eruption	1
Nimesulide + Paracetamol	Fixed drug eruption	1
Norfloxacin+ Tinidazole	Fixed drug eruption	1
Ofloxacin	Fixed drug eruption(2) Toxic epidermal necrolysis	3
Ofloxacin + Ornidazole	Fixed drug eruption(9) Generalized rash Stevens Johnson	11
Offoxaciii + Offiidazoic	syndrome	11
Ondansetron	Generalized urticarial rash	1
Ornithine aspartate	Generalized itching	1 8
Paracetamol	Fixed drug eruption(6) Generalized itching Maculopapular rash	
Phenytoin	Allergic rash Generalized rash Toxic epidermal necrolysis	3
Platelets	Itchy rash	1
Propofol	Erythema	1
Pyrazinamide	Generalized pruritus Generalized itching(4)	5
Pyridoxine	Itchy rash	1
Rabies antiserum	Generalized rash	1
Ranitidine hydrochloride +Domperidone	Fixed drug eruption	1
Rifampicin	Generalized itching	1
Snake venom antiserum	Generalized urticarial rash(2) Itching – generalized	3
Sulfamethoxazole +Trimethoprim	Generalized rash	1
Tramadol	Allergic rash	1
Vancomycin	Erythema Generalized itching Generalized rash Itching –	13
	generalized(2) Itchy rash(2) Rash on face(3) Red man	
	syndrome(3)	
Vitamin B complex	Generalized rash	1
Grand Total		232

ADRs were described in **Tables 7 (A) & 7(B)** based on seriousness criteria. A total of 211 (90.95%) ADRs were nonserious and 21(9.05%) ADRs were found to be serious. Out of these

serious ADRs, prolonged hospitalization was reported in 20 (95.24%) cases, only one life-threatening case was reported and no case was

E-ISSN: 0975-8232; P-ISSN: 2320-5148

E-ISSN: 0975-8232; P-ISSN: 2320-5148

found to have died, disabling and congenital anomaly due to serious ADRs in the present study.

TABLE 7(A): DISTRIBUTION OF ADRs ACCORDING TO SERIOUSNESS

TO DERTOCOTTEDO		
Seriousness of	Number of	% of ADRs
Reaction	ADRs	
Non Serious	211	90.95
Serious	21	9.05
Grand Total	232	100

TABLE 7(B): DISTRIBUTION OF ADRs BASED ON SERIOUSNESS CRITERIA AS PER ICH GUIDELINE

Seriousness Criteria	Number of	% of
	ADRs	ADRs
Caused / Prolonged	20	95.24
hospitalisation		
Life-threatening	1	4.76
Disabling / incapacitating	0	0
Other medically	0	0
important condition		
Death	0	0
Congenital anomaly	0	0
Grand Total	21	100

In the majority of 190 (93.14%) of the reports, the suspected drug was withdrawn for the management of ADR, followed by does not change 11 (5.39%), and not applicable 3(1.47%) **Table 8.**

TABLE 8: MANAGEMENT OF ADRS REPORTS

Action taken	Number of ADRs	(%) of ADRs
Drug Withdrawn	190	93.14
Dose not Changed	11	5.39
Not Applicable	3	1.47
Grand Total	204	100

A total of 107(46.12%) ADRs were recovered, 92(39.66%) ADRs were recovering, followed by not recovered 29 (12.5%) and 3 (1.29%) recovered with sequelae Table 9.

TABLE 9: FINAL OUTCOME OF ADRS

Final Outcome	Number of	% of ADRs
	ADRs	
Recovered	107	46.12
Recovering	92	39.66
Not Recovered	29	12.5
Recovered with Sequelae	3	1.29
Unknown	1	0.43
Fatal /Death	0	0
Grand Total	232	100

In the present study, the majority of ADRs were reported by physicians 185(90.69%) as compared with nursing professionals 14(6.86%) pharmacists 4(1.96%) and consumers 1(0.49%) Table 10.

TABLE 10: DISTRIBUTION OF ADRS REPORTS ACCORDING TO REPORTER TYPE

Reporter type	Number of ADRs	% of ADRs
Physician	185	90.69
Nursing Professional	14	6.86
Pharmacist	4	1.96
Consumer	1	0.49
Grand Total	204	100

In the present study, 129 (55.60%), of ADRs were reported due to the oral route of administration, followed by 84 (36.21%) intravenous route, 13 (5.60%) intradermal route, 3 (1.29%) intramuscular and 3 (1.29%) topical route **Table 11.**

TABLE 11: DISTRIBUTION OF ADRSS ACCORDING TO ROUTE OF ADMINISTRATION

Route of administration type	Number of ADRs	% of
		ADRs
Oral	129	55.60
Intravenous	84	36.21
Intradermal	13	5.60
Intramuscular	3	1.29
Topical	3	1.29
Grand Total	232	100

DISCUSSION: This study examined the pattern of cutaneous adverse drug reactions at a tertiary care hospital. Adverse drug reactions were analyzed on the basis of baseline parameters, including past history of patients, initial clinical impression including morphology of the cutaneous reaction and extracutaneous signs, analysis of drug exposure, literature survey, evaluation laboratory results and diagnostic tests. All parameters were monitored by a healthcare professional before the final diagnosis. The reporting rate of cutaneous ADRs was 23.43% in the present study, similar to the study conducted by Ghosh et al. (25.8%) ¹⁷.

In our study, a greater number of ADRs were reported from indoor patients (IPD) than the outpatients (OPD) because IPD patients were monitored closely by physicians compared to the outpatients. Another reason was the busy schedule of physicians during OPD, so ADR cases were missed during OPD due to the high patient load. Another factor contributing to the increased number of ADRs during IPD is polypharmacy; because more medicines are prescribed in IPD patients than in OPD patients, the probability of ADR occurring in IPD patients due to drug-drug interaction is higher. In our study males were more affected due to adverse drug reactions compared to

E-ISSN: 0975-8232; P-ISSN: 2320-5148

females, which was similar to the other study by Sharma *et al* ¹⁸. Out of 232 ADRs reported, 48.7% and 22.84% belonged to age groups (20 to 44 years) and (5 to 19 years) in the current study. Our results were akin to the study done by Sharma V. K. *et al*. ¹⁸. In our study, most ADRs were type B reactions. Similar to the study done by Ghosh S *et al*. ¹⁷. Most of the cutaneous ADRs are type B reactions, immunological abnormalities, and not related to pharmacological actions. In this study, the most common causality assessment was probably followed by certain and possible in nature according to WHO-UMC criteria, similar to the study done by Padmavathi S *et al*. ¹⁹ and Krishna J *et al*. ²⁰.

According to the modified Hartwig and Seigel scale in the present study, most of the cutaneous ADRs were moderate in nature, followed by mild and severe. Similar results were also reported by Padmavathi S et al. 19 and Krishna J et al. 20. In most cases, suspected drugs were withdrawn to prevent harm and overall patient safety. According to the modified Schumock and Thorton scale, most of the cutaneous ADRs were definitely preventable, followed bv non-preventable, and probably preventable. But in another study, most of the ADRs were not preventable as per Ghosh S et al. 17 & Modi et al.²¹. Most of the ADRs were clinical diagnoses in the present study and patients were medically treated. Finally, most of the adverse drug reactions are prevented.

In the present study, most ADRs were reported from the department of medicine because, in our study duration, the maximum number of patients were visited in the medicine department in both the OPD & IPD sections. In our study majority of ADRs were reported due to suspected category of drugs and combination of drugs including antimicrobials class of drug including ceftriaxone sodium, vancomycin, ciprofloxacin & cefotaxime sodium. followed by **NSAIDs** including (Diclofenac sodium + Paracetamol), (Ibuprofen + paracetamol) & (Acelofenac + Paracetamol), antiretroviral and antitubercular drugs, Similar results were found by Ghosh S et al. 17. The physicians most Commonly prescribe these classes of drugs for most common indications including fever, cold, different types of pain & infections. In the present study, the most common cutaneous

ADR was fixed drug eruption (21.55%), followed by a generalized rash (19.40%) and generalized urticarial rash (9.48%). But in other studies maculopapular rash (34.6%) and fixed drug eruption (30%) followed by urticaria (14%) were common cutaneous ADRs as per Sharma V.K. *et al.*¹⁸. In total, 21 (9.05%) serious ADRs were reported in this study, including toxic epidermal necrolysis (28.57%), Stevens-Johnson syndrome (23.81%), DRESS syndrome (9.52%), fixed drug eruption (9.52%), generalized urticarial rash (9.52%)and skin peeling (9.52%) cases. This study was similar to the study done by Saha A *et al.* ²² but another study's results were dissimilar from the present study. Ghosh S *et al.*¹⁷.

In the present study, most of the suspected drugs were withdrawn, similar to a study done by Ghosh S et al. 17. In our study, the majority of patients recovered from the cutaneous reaction, which is similar to a study done by Ghosh S et al. 17 and no death case was reported in our study, but in another study one death case was reported due to Stevens-Johnson syndrome done by Modi A et al. 21. The reporting frequency of ADRs with respect to the healthcare professional's majority of reports through physicians was 90.69%, as compared with nursing staffs' 6.86% and pharmacists' 1.96%. Under-reporting through nursing and pharmacist staff because of lack of awareness, but physicians are more aware of the ADR reporting system because more than a thousand physicians attended training programmes about ADR monitoring and reporting system in India during our study period. In the present study, the maximum number of ADRs were reported from the oral route of drug administration. Most physicians prescribed oral medicine for the treatment of patients because oral medicines were easy to take by patients, including children.

CONCLUSION: The clinical pattern of cutaneous ADRs is remarkably similar to those observed in other studies, except for a few variations. In this study, most ADRs were nonserious in nature and recovered after medical treatment. Only a small number of serious ADRs were reported, including toxic epidermal necrolysis (28.57%), Stevens-Johnson syndrome (23.81%), DRESS syndrome (9.52%) with prolonged hospitalization and under

recovering at the time of reporting of the adverse event.

Most cutaneous adverse drug reactions were reported due to antimicrobial agents & NSAIDs class of suspected drug. Physicians reported the highest number of ADRs, and they closely monitored patients during treatment to detect and prevent cutaneous ADRs.

ACKNOWLEDGMENTS: The authors are gratefully indebted to Healthcare Professionals, JLN Medical College & Associated Hospitals, Ajmer, Rajasthan for their continuous support in the Research work. And Indebted to IPC, National Coordination Centre-Pharmacovigilance Programme of India.

Financial Support: Nil

CONFLICTS OF INTEREST: None

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How to cite this article:

Jain SK and Mishra A: Retrospective analysis of cutaneous adverse drug reaction at tertiary care Hospital. Int J Pharm Sci & Res 2022; 13(7): 2899-06. doi: 10.13040/IJPSR.0975-8232.13(7).2899-06.

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