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IMPACT OF GENETICS IN NEURODEVELOPMENTAL DISORDERS

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ABSTRACT: A category of illnesses known as neurodevelopmental disorders is predominantly linked to neurodevelopmental dysfunctions. The neurodevelopmental disorders. prevalent Deficit/Hyperactivity Disorders (ADHD)" as well as "Autism Spectrum Disorders (ASD)", affect both humans and lower-class species like rats, mice and zebra fish. The purpose of this review is to identify the behavioral changes brought on by certain Neurodevelopmental disorders-Risk genes, such as CHD8, SHANK3, LPHN3, SLC6A3, etc., and to summarize their genetic screening and epidemiological researches, which directed various neurodevelopmental disorders in various organisms brought on by the interaction of genetic and environmental factors, as well as their genetic screening, which can be used to identify those diseases in humans by this orthologous gene that are present in humans. The majority of genes linked to neurodevelopment disorders were shown to have an excess of de novo mutations (DNMs), but case-control mutation burden research has not been able to prove their importance. We could identify the behavioral anomalies caused by these genes in different species for the development of neuropsychotic disorders by integrating the published scientific data. We have indeed been able to include the several genetic tests available to diagnose the diseases, as well as the various newly discovered genes that cause ADHD and ASD.

INTRODUCTION: Neurodevelopmental disorders (NDD) are primarily linked to the brain's and nervous system's dysfunction ⁵⁻⁸. Changes in communication, behavior, cognition and/or motor function during development characterize this group of illnesses. These are clinically and etiologically diverse disorders that are seen in infancy, childhood and adolescence as a sign of altered brain development.



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"Attention Deficit/Hyperactivity Disorders (ADHD)", "Autism Spectrum Disorders (ASD)", learning challenges, and intellectual impairments in vision and hearing are examples of NDDs in children ¹⁻³. Children who are afflicted by these illnesses may experience difficulty with their motor abilities, behavior, memory, learning, and other brain functions.

According to survey research, it is the most common pediatric serious medical illness that typically affects children aged 3 to 17 around the world ². The vast majority of these patients have been classified as having neurodevelopmental disorders, which include ADHD, ASD, Fragile X syndromes, cerebral palsy, global developmental delays (GDD), seizures, stuttering or stammering,

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etc. in the "Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition" ². Each of these illnesses is defined by a certain set of characteristics. While ADHD patients often exhibit hyperactivity and impulsivity along with a decreased attention span, ASD is defined as impaired sociability along with communication problems in addition to repeated activities⁶. Neurological studies have shown that ASD is associated with changes in various neuronal types, including glutamatergic, GABAergic, aminergic neurons as well as reduced glycine These changes can affect sensitivity. cerebellum, temporal lobes, hippocampus, and frontal lobes, among other brain regions 6. Contrarily, it has been shown that dopamine, noradrenaline, and signaling are hampered in ADHD in the prefrontal cortex, striatum, and cerebellum ⁶. When it comes to neurological developmental issues, genes can be very essential. It has been discovered that a particular collection of genes, such as CHD8 9, Multiple Ankyrin Repeat Domain Protein 3 (SHANK3) 10-12, LPH3 38, SLC6A3 36, etc., are to blame for some specific situations, such as intellectual impairments, Autism, and ADHD. These genes are orthologous genes that may be found in various species, and

they serve the same function in the human body in addition to many lower-class organisms including zebrafish, mice, and rats, among others. This gene normally regulates neuropsychiatric processes and brain activity, but when a mutation occurs in one of its several areas, it takes on the role of an antipsychotic regulator. For instance, a mutation (CGG repeat expansion) in the fragile X mental retardation gene FMR1, which is situated on the X chromosome, causes the hereditary neuropsychiatric disorder known as fragile X syndromes ⁸. In addition, Down's syndrome, which is brought on by a trisomy of chromosome 21, is the most well-known NDDs. These genes are therefore referred to as NDDs-risk genes since they can lead to NDDs in a variety of species 8. As a result, various genetic, neurological, psychological and environmental risk factors are linked to these illnesses ⁸. Effect of different genes responsible for autism spectrum disorder and their phenotypic expression in various organisms. Our next goal is to identify the several genes involved in ASD as well as their phenotypic manifestation in various organisms. In various organisms, a certain gene exhibits phenotypic expression. A list of these genes can be found in **Table 1**.

TABLE 1: EFFECT OF AUTISM SPECTRUM DISORDER RISK GENES ON DIFFERENT ORGANISMS AND THEIR PHENOTYPIC EXPRESSION

Name of ASD-risk Genes	Effected organisms	Phenotypic expressions in various organisms
$CHD8^{9,59,60}$	Human	Sleep issues, a speech delay, distinctive facial traits, and
		macrocephaly
	Mice	Deformities of the face and skull, impairments associated with
		learning and memory, and macrocephaly
	Zebra Fish	Complications associated with gastrointestinal motivity along with
		increase in the overall head size as a result of growth of frontal or
21.22.27		midbrain
CNTNAP2 ^{21,22,27}	Zebra Fish	Deficits in GABAergic transmission, especially in the frontal region
		of the brain, and vulnerability to drug-induced convulsions
	Mouse	Abnormal neural development, diminished GABAergic neurons,
		unprovoked convulsions, restlessness, social impairments, and an
		increase in repetitive behavioral tendencies
	Human	Delays in speech and language, linguistic impairment, mood
11 10 20		changes, distress, and recklessness
SHANK ^{11,19,20}	Human	Hypotonia, general developmental retardation, significant speech and
		language impediment, and behavior related to autism.
	Zebra Fish	Rise in developmental anomalies, an increase in atypical tail
		bending, a weakened sense of social choice, an increase in swimming
		behavior, and a general drop-in fish locomotor activity.
	Mouse	Decreased scent marking, elevated anxiousness, and hampered
14 22 24		nesting
DYRK1A ^{14,23,24}	Zebra Fish	Reduction in forebrain size along with diminished midbrain activity
	Mouse	Increased hyperthermia-induced convulsions as well as significant
		cognitive difficulties, impairment of ultra - sonic vocalizations

		utilized for communication, and social interactions
		Usual facial gestalt, feeding difficulties, seizures, muscle rigidity,
	Human	gait abnormalities, foot abnormalities, and intellectual deficits such
TBR1 ^{25,26,61,62}		as delayed speech, anxiousness as well as stereotypical behavioral
		issues, and microcephaly
	Zebra Fish	More daytime activity compared to other fish used as a comparison.
	Mice	Reduced social interaction, a modest rise in anxiety-related behavior,
		and increased self-care

The various common genes responsible for ASD in several model organisms are identified and enlisted in **Table 1**. The next progressive objective of this review to comprehend and address the unresolved

queries is to find the numerous tests that are available for the detection and characterization of ASD in different model organisms.

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TABLE 2: GENETIC TESTS TO DETERMINE ASD IN MODEL ORGANISMS

Genetic test	Organism	DETERMINE ASD IN MODEL ORO Test Description	Behavior for ASD	Behavior for no ASD
Test to determine	Mouse	Comparing a mouse's preference for	Preference shown for	Preference shown for
social interactions ⁶⁷		an object or another mouse	object	Mouse
Test to determine	Mouse	Contrasting a mouse's preference	Preference shown for	Preference shown for
preference for social novelty ^{67 68}		for a familiar mouse and another new mouse	familiar mouse	new mouse
Ultrasonic	Mouse	Mice use their ultrasonic	No Ultrasonic	Ultrasonic
vocalization test ^{67 68}		vocalizations to find their young and other family members and detecting them by placing a microphone inside the cage	Vocalization detected	vocalizations detected
Self grooming ⁶⁹	Mouse	Calculating the selfgrooming time of mice.	Repetitive grooming lasting for more than two minutes	Grooming not lasting for more than ten seconds
Olfactory Senses of	Mouse	By sensing the unique urine	As evidence of the	Mice often sniff new
a mouse as a tool for socialization ⁷⁰		pheromones of other mice, mice	impaired socializing	smells as a sign of
for socialization		can mark their territory and identify their mate for mating. A cotton	abilities in ASD, mice prefer not to sniff	social interaction or emit pheromones to
		swab carrying the urine	following novel odors	find a mate or mark
		pheromones of other mice inside the mouse's cage		their territory
Assessment of	Zebra Fish	Three sections of a fish tank are	The center	The central
social interaction ⁶⁷		separated from one another, and all	compartment's zebra fish swims toward the	compartment's zebrafish makes a
		three sections are transparent. Two of the tank's compartments are	vacant compartment	move toward the
		filled with two different kinds of	and prefers to remain	compartment housing
		zebrafish, while the third is left	there rather than	the other zebrafish,
		vacant. The target fish was	moving toward the	displaying symptoms
		compared to a group of zebrafish and a single zebrafish using the	chamber containing the other fish. The fish of	of social behaviour. The fish of interest
		same setup. They were both distinct	interest swam toward	swam primarily in the
		species from the fish that was the	the individual fish or	direction of the school
		target	avoided swimming toward any of the compartments	of zebrafish.
Test for	Zebra Fish	Zebrafish were tested using the	Zebra fishes tends to	As a sign of social
Socialization ⁶⁷		Shaolin method to determine their	swim alone with	behavior, the fishes
		preference to swim alone, in small	opposite polarization or	will frequently swim
		or large groups, or alone, or polarization	in very large groups	in small groups along the same
		polarization		direction

The tests for identifying and characterizing the disorder and the disease-causing genes are identified together with the primitive genes responsible for ASD. However, as time goes on, current improvements in genome sequencing methods have also been developed, along with the identification of novel genes that are engaged in the induction of ASD. The following section of this review will focus on the recently discovered genes that cause ASD. The identification of whole genome sequencing as a next generation sequencing method for identifying gene variants

and mutations that cause ASD, has made significant improvements in autism research. It identifies inherited or spontaneous mutations in the gene's coding region, which further aided in discovering new unique genes linked to ASD. **Table 3** covers each new potential gene for ASD along with how it manifests. Consequently, the various newly discovered genes and mutations have been identified as collectively responsible for ASD. The different genes which drive the induction of ASD are enlisted in **Table 3**.

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TABLE 3: RECENTLY IDENTIFIED GENES AND THEIR MUTATION WHICH INDUCES ASD

Name of Gene	Location on chromosome	Mutation
MYO1A ⁷⁸	12:55,708,658	3'UTR
TGM3 ⁷⁸	20:2,239,665	Missense
LAMC3 ⁷⁸	9:132,904,111	Missense
FOXP1 ⁷⁸	3:71,132,860	Frameshift
TTN^{78}	2:179,145,956	Synonymous
DCTN5 ⁷⁸	16:23,585,994	3'UTR
AFF4 ⁷⁸	5:132:251,451	Synonymous
$TLK2^{78}$	17:58,033,198	Missense
EPHB2 ⁷⁸	7:142,274,902	Synonymous
XIRP1 ⁷⁸	3:39,204,494	Missense
ANK3 ⁷⁹	10q21	Missense
SLIT3 ⁷⁹	5q35	Missense
HTR3A ⁷⁹	11q23.1	Missense
UNC13B ⁷⁹	9p13.3	Missense
$RAB2A^{80}$	8:60,516,910	Nonsense
$PPM1D^{80}$	17q23.2	Nonsense
SCP2 ⁸⁰	1p32.3	Frameshift
ADAM33 ⁸⁰	20p13	Nonsense
FCRL6 ⁸⁰	1q23.2	Splice site

Therefore, with the zeal to identify and characterize ASD in model organisms, an outmost necessary point of view, many genes are discovered and genetic testing are described. This review shall further address another set of genes as well as genetic tests to determine, describe and characterize ADHD disorders in model organisms.

Effect of Different Genes Responsible for Attention Deficit/ Hyperactivity Disorder and their Phenotypic Expression in Various Organisms: The phenotypic expression of many

ASD genes in various organisms has been documented. Similar to how distinct ADHD risk genes are expressed in various organisms, the host is affected by these disorders. The identification of many ADHD risk genes in various creatures and their phenotypic manifestation in their hosts will be our next area of focus as we proceed. As a result, **Table 3** includes a list of many ADHD risk genes expressed in various organisms and information on how they express phenotypically.

TABLE 4: EFFECT OF DIFFERENT ATTENTION-DEFICIT/HYPERACTIVITY DISORDERS-RISK GENES ON DIFFERENT ORGANISMS AND THEIR PHENOTYPIC EXPRESSION

Name of ADHD-risk genes	Effected organisms	Phenotypic expressions in effected organisms
SLC6A3 ^{36,37,63}	Human	Impact on the frontal cortex, striatum, and cerebellum as well as
		functional hyperactivity, altered dopamine system, and decreased
		thickness of cortex
	Zebra Fish	Hovers close to the tank's bottom, loss of immunoactivity
		neurons, and behavioral problems have been identified

LPHN3 ^{38,47,50,52}	Mice	Delay in cortical mutagenesis, altered neuronal structure and
		function, and altered timing of brain development
	Zebrafish	Hyperactive/impulsive motor phenotype with a reduction in
		dopamine-positive neurons in the ventral diencephalon
DRD4 & DRD5 ^{39,48,57,58}	Human	Anger, irritability, and attention-seeking behaviors such as
		dopamine-regulated aggression
	Zebrafish	Interference with dopaminergic signaling pathways of the fish
5HT1B ^{40,44,49,53}	Mouse	Phenotypes brought on by the expression of gene include
		increase in impulsivity and aggression
	Human	Increase in depression among young people followed by rise in
		suicide attempts along with obesity

Several genes causing ADHD in various model species have been found and defined, much as the genes causing ASD. As we proceed, we will

examine the various genetic tests available for detecting ADHD in the various model organisms.

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TABLE 5: GENETIC TESTS TO DETERMINE ADHD IN MODEL ORGANISMS

Genetic test	Organism	Test Description	Behavior for ADHD	Behavior for no ADHD
Test to assess impulsivity and attentiveness ⁷¹	Zebrafish	"Five choice serial reaction time task": Assessing the capacity of a zebrafish to react to one among the five similar stimuli, randomly after a variable interval time.	Increased impulsivity of the zebrafish	Normal impulsivity of the Zebrafish; "noradrenergic control of impulsivity"
Test for assessing ayperactivity ⁷¹	Zebrafish	Zebrafish larvae were observed for five to ten minutes to measure their swimming abilities, such as speed, distance travelled, frequency of swimming, duration of swimming, etc	An increase in every parameter taken into account; regular, frequent swimming activities if seen	Normal parameters evaluated over time
Test to determine hyperactivity, anxiety ^{71,72}	Zebrafish	"Novel tank test": An individual fish is placed within a fish tank, and their performance is evaluated based on how much time they spend swimming in their favorite zones, how far they go between the top and bottom of the tank, and how many times they enter the top of the tank	The longer it takes to reach the top of the tank, the more anxious the fish is. If the bottom of the tank is the preferred swimming spot, anxiety levels are higher. Greater travel distance at the bottom suggests greater anxiety	Contrarily, shorter time required to reach the top, preferred swimming spot is at the top of the tank, greater travel distances at the top, all suggests lower anxiety levels and points to the absence of ADHD symptoms.
Test for behavioral symptoms relating to ADHD ^{73,74}	Mouse	Dopamine transporter knockout mice used to assess the symptoms of ADHD.	Comparison between the diseased and control mice, an excessive activity, spontaneous behavior, and very slow or impaired learning was noted.	Symptoms similar to the control mouse, hence no indication of ADHD.
Test for mpulsiveness ⁷⁷	Mouse	"Cliff Avoidance Reaction test", the mice were positioned so that their forelimbs touched the edge of a round, elevated wooden block in order to test the impulsiveness of NURR1 knockout mice. For one hour, both the number and timing of the mice falls were recorded.	Compared to the control mice, impulsive mice are more likely to fall from the wooden cliff. In the experiment performed by Montarolo et al. in 2019, the majority of the mice (-85.7%) fell from the wooden cliff in comparison to control mice, whose rate was substantially lower (11.7%).	Mice that didn't descendthe wooden cliff exhibited no evidence of impulsivity or ADHD.

According to published scientific literature, there have been far fewer novel genes found for ADHD

than for ASD. However, the many novel genes identified are mentioned in **Table 6.**

TABLE 6: NEWLY IDENTIFIED GENES RESPONSIBLE FOR INDUCING ADHD 81

Name of Gene	Location on Chromosome	Gene Function
FOXP2	7q31.1	Establishing neural connections in people that will support language and
		learning skills ⁸¹
DUSP6	12q21.33	A crucial component of ADHD that is involved in the dopamine-mediated
		neuronal activity ⁸¹
SEMA6D	15q21.1	Expression in the brain during embryogenesis is responsible for processes
		like neuronal branching ⁸¹

DISCUSSION: The heterogeneous neuro-developmental disorder known as ASD is characterized by the presence of abnormalities in brain development and is dependent on the expression of a number of mutated orthologous genes, including CHD8 ^{9, 59, 60}, SHANK3 ¹¹, CNTNAP2 ²¹, DYRK1A ¹⁴, and TBR ^{25, 26}, which are found in both humans and other model organisms like mice and zebrafish. Below is a description of several instances of these mutant genes' regulation.

"Chromodomain The helicase **DNA-binding** protein 8" or CHD8 gene mutations are associated with the typical form of ASD ⁹. Further, a protein is responsible for blocking catenin's transactivation activity and serves as a regulator of the Wnt β -catenin signaling pathway is made as a result of CDH8 gene on human chromosome 14q11.2. It may control Wntsignaling, which is crucial for the growth and morphogenesis of vertebrates ⁹. During brain development, the coexpression of additional ASD-risk genes is likewise regulated by the CHD8 gene. For instance, a patient with a CHD8 gene mutation noticed autistic behavior and other phenotypic characteristics such as macrocephaly, rapid postnatal development, distinctive facial features, and insomnia ⁹.

Additionally, mutation in the SHANK family (SHANK1, SHANK2, and SHANK3) genes are also linked with syndromic and idiopathic autisms as a result of anxiety-like behavior in humans and other organisms ^{12, 31}. In the human postsynaptic site at 22q13.3, SHANK proteins serve as the "master" scaffolding proteins ¹⁰. This protein family as a result of the expression of the gene interacts with several glutamate receptors at the Post Synaptic Density (PSD) region, including the NMDA and AMP receptors ¹³. On the other hand, deletion of both SHANK alleles reduces synaptic

basal transmissions, which showed high by up regulating ionotropic hyperactivities, glutamate receptors at synapses in certain brain regions ¹². Synaptic proteins, in particular SH3 and SHANK3, are encoded by mutant genes, which causes changes in the number, size, shape, and strength of neural synapses ^{13, 33}. Recent research in mice with the SHANK gene mutation revealed that disrupted GABA circuits in the brain may influence the social drives of these mice, leading to problems at the synaptic, circuit, behavioral, and molecular levels ^{20, 32}.

Therefore, these genes play a significant influence on cognitive and emotional health, as well as social behavior in ASD. Another gene, CNTNAP2 (Contactin-Associated Protein 2), is situated at 7q35-q36.1 on chromosome 7, designated as the master gene for ASD. The expression of this gene results in speech-language delay by altering the Epithelial Growth Factor (EGF) protein region, which is essential in the origin of aberrant behavior in autism and the downstream cascade. CAM and expressed language control are controlled by CNTNAP2, which controls neuron signaling ²⁷.

The CNTNAP2 gene mutation hinders language development by concentrating voltage-gated potassium ion channels present at the Nodes of Ranvier. It has a high level of expression in the cortico-striato-thalamic circuit, which is involved in language development defects in autism¹⁶. Further, through the deletion or duplication of regulatory miRNA, CNTNAP2 gene disruption can influence the expression of genes ²⁸⁻³⁰. It works by reducing RNA degradation caused by genes important in neurodevelopment in neuronal cells ²⁷. Additionally, on chromosome 21 at position 21q22.13 in the human body, the "tyrosine-(Y) phosphorylation-regulated kinase 1A" (DYRK1A) gene with dual specificity has also been identified

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as an ASD risk gene 12. DYRK1A protein is essential for several aspects of postnatal brain development in autistic patients ¹². This gene is crucial for the growth of the nervous system and phosphorylates a wide range of substrates, such as transcription factors, splicing factors, and synaptic factors. The tau protein and Neuronal Wiskott-Aldrich Syndrome Protein (N-WASP) DYRK1A phosphorylated proteins and affect microscopic fibers and actin outgrowth, passively regulating the development of dendritic spines and neuronal dendrites. Gain-of-function in mutant mice with overexpressed DYRK1A gene exhibit memory deficits due to cortical neurons' reduced total neurite and axon length. This mutation affects cortical development and defective brain growth in autistic patients. The TBR1 gene, another ASD-risk gene, controls the molecular, synaptic, neural, and behavioral abnormalities associated with ASD 17, 18,

It is a neuron-specific T-box transcription factor that cannot bind to target DNA and is found at 2g24.2 on chromosome 2. It controls the laminar identity of neocortical areas during development. As a result of anxiety-like behavior and aggressiveness in autistic patients, the layer 6 deletion of TBR1 gene in 6 pyramidal neurons, expression of TBR1 is increased with CASK (a synaptic PDZ protein) and CINAP (a nucleosome assembly protein), which are involved in brain development and intellectual abilities ^{15, 62}. This is how these genes regulate the disorders associated with autism. Humans and several other creatures have shown various phenotype traits due to the expression of the mutant gene, which is described in Table 1.

In addition to being a well-known critical heterogeneous neuropsychotic and behavioral condition, ADHD is also recognized to cause abnormal social behaviors and developmental inadequacies and impairing inattention and overactivity ^{34, 35}. Additionally, it may be heritable due to an orthologous gene mutation. Recent research has demonstrated the importance of many genes in the genesis of ADHD and its comorbidities, including DRD4 and DRD5 ^{39, 48, 57, 58}, SLC6A3 (DAT1) ^{36, 37, 63}, LPH3 ^{38, 51}, *etc.* Therefore, ADHD is now thought of as a genetic-environmental developmental condition. **Table 2**

enlists the description of these genes' traits in different organisms. Because changes in the dopamine system cause attention difficulties, they carry a high risk of developing ADHD. By altering the brain, a mutation in the SLC6A3 gene, a Dopamine Transporter (DAT) factor gene found in the human body's synaptic cleft on 5p15.33 chromosome 5, is directly connected to ADHD ³⁶. A variable number tandem repeat (VNTR) polymorphism in the 3' non - translated region of SLC6A3 regulates the aging factors by those risk alleles (10R, 9R, 6R) ⁶⁴⁻⁶⁶. These genes show how cocaine abuse reduces the expression of these genes 65. The DAT inhibitor changed the mRNA levels in the animal model. This gene also controls signaling pathway through polymorphic regulatory regions and cis-acting elements. These are the rules that this haplotype-dependent gene uses to govern ADHD 46.

Additionally, higher amounts of dopamine are seen in the brain's striatum of DAT knockout mice. These mice also exhibit dopamine auto receptor dysfunction and a decrease in the production of the tyrosine hydroxylase protein, which together makes them useful for studying the behaviors associated with ADHD 75, 76. The mutation in the "Adhesion G-protein coupled receptor L3 gene"(LPHN3 or ADGRL3), also known as "Latrophilin 3", acts as a reporter for latrotoxin, a component of black spider venom is also recognized as an ADHD risk factor gene ³⁸. According to a recent study, the family of leucine-rich repeat transmembrane proteins acts as a ligand for the LPH3 gene, which can lower the density of excitatory synapses in neurons and lower the strength and quantity of afferent input into dentate granule cells.

Additionally, this combination controls the growth and transmission of glutamatergic synapses as well as the transmission of nerve impulses. It controls the pathophysiology of ADHD in humans and other creatures in this way ⁴⁷. "Dopamine Receptor D4 (DRD4)" gene polymorphism, found at 11q15.5 of chromosome 11, also affects parenting and marital conflict on ADHD among humans. This gene promoter allele increases parental susceptibility and the likelihood that children would blame their parents for marital problems. Therefore, the DRD4 and DRD5 protein families were recognized as environmental risk factors. The reciprocal striatal-

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thalamo-cortical and ascending limbic-frontal circuits in the brain, which may be sensitive to changes in behavior in the environment, are regulated by dopaminergic receptor genes. The number of perceptual experiences, such as sensitivity to pain and responsiveness to acute psychosocial stressors, are moderated by DRD genes in an adult. It can reduce the impact of dopaminergic neurotransmission in the case of ADHD by making highly emotive stimuli with immediate, rapidly changing, or unexpected outcomes more salient ⁴⁸.

Another one is the "serotonin receptor gene 5HT1B (5-Hydroxytryptamine receptor 1B)", a regulatory element for ADHD found on chromosome 6 between 6q13 and 6q26. Reduced transcriptional activity is caused by polymorphisms in various transcription factor binding sites in risk alleles as a result of the 5HT1B gene mutation. By reducing transcription activity, the haplotype H5 allele affects the genetic expression of the 5HT1B gene, increasing the quantity of receptors ^{49, 54, 55}. These polymorphisms altered the gene expression of several mutant genes that are genetically associated. **Table 2** lists a few phenotypic traits of these genes in various species.

Limitations and Future Aspects: Examination of the functional effects of related genetic variations at the level of molecules, cells, neural systems, and circuits as well as their effects on brain development, more advanced research employing bioinformatics and experimental designs should be focused more.

A deeper and more critical understanding of the pathophysiology of how ADHD or ASD affects a patient's cognitive abilities and thus establishing a better diagnostic test, screening on model organism, for the same extensive research focusing on this area is the demand of the era. Funders and researchers carrying out clinical trials must that understand developmental research necessitates long-term follow-up, which is costly and time-consuming yet crucial to science. Hence, the focus should be shifted to assessment based on traits, rather than individual patients' data, making them useful for genetic investigation and providing further valuable developmental information.

Additionally, attention should be paid to gene therapy-based treatments for such NDD. No common or rare gene variants have yet been identified that are significantly associated with the effectiveness of treatment for ADHD. Extensive research will be required to identify any relevant genome-wide sites. A proper solution to unsolved problems related to what ramifications genetic discoveries have for ASD or ADHD is the demand for society. It is also important to consider medical professionals because of its two major implications.

Firstly, there is an increased risk neurodevelopmental disorders like ADHD, ASD, and learning disabilities in parents and other family members of people with ADHD, and secondly, there is also an increased risk of developing other neuropsychiatric conditions, most commonly major depression, which may impair a person's ability to be evaluated, receive treatment, or be treated effectively⁸²⁻⁸⁸. As a result, attention should be given to gene therapy-based treatment alternatives or routine patient counseling for NDD and its accompanying issues, such as depression.

CONCLUSION: It is clear to us that the neurodevelopmental disorders in the class of attention deficit hyperactivity disorders and autism spectrum disorders, are brought on by several genes. As a result, many genes linked to these illnesses need to be identified and characterized for the prevention of the disease. Thus, this may lead to the scope of opening a new horizon for genetic screening for neuro-developmental disorders and its therapeutic intervention.

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